

# Emmitsburg NEWS-JOURNAL

EXULTING THE IMPORTANCE OF IDEAS AND INFORMATION —EDWARD R. MURROW

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## The Doughboy returns!

As a small crowd of onlookers watched, Emmitsburg's iconic Doughboy statue was placed back upon its pedestal on March 16, nearly nine months to the day after it was knocked down as a result of a freak automobile accident. As the slings that had lifted the statue were removed, the crowd broke out in applause and passing cars honked their horns in a show of approval.

Due to the nature of the statue and its location in the historic district, the town was forced to navigate a myriad of procedural issues before work could actually begin on repairs. Once approval was given, the repairs proceeded speedily.

Gary Casteel, a noted sculptor/monument maker from Gettysburg, was selected to do the restoration of the Doughboy. Casteel noted that the damage to the statue was worse than it had appeared. Due to the fragile nature of the construction of the statue, buckling had occurred that resulted in the statue having a decided left lean. Casteel strengthened as much of the buckling as he could, but correcting 100% of the buckling would have required the complete dismantlement of the statue. Veterans, how-

ever, agreed that the left lean that remains is more accurate of the lean a real soldier would have in throwing a hand grenade with his right hand.

Casteel closed the seams that had opened and soldered and refinished them. Some of the figure's forms had to be returned to the original shapes. A base plate was attached to the statue so it could be better secured to the new pedestal thereby replacing the pipe that had been embedded in the original pedestal that had served to keep the statue upright.

Casteel said the exterior of the statue needed a lot of attention. Sap dripping from the overhanging limbs of the tree that shades the statue and general pollution had accumulated to such a degree that the original luster of the bronze had long since disappeared. Casteel polished the statue until the original bronze luster was restored, and then applied a special wax to ensure the luster and shine would remain for years to come.

While the damage to the old pedestal was light, the pedestal had so many fractures and fissions due to age that it crumbled when work was done on it. This meant that not replacing it was not an option. A new limestone

pedestal was quarried from the same quarry in Indiana as the original pedestal. The new pedestal comprised the bulk of the \$40,000 cost of the repairs.

Work on the plaque, which lists the names of the soldiers who had fought in the 'Great War,' went quickly, said Casteel. The letters in the names damaged as a result of the accident were fixed, and like the statue, the plaque was given a good cleaning and waxing. Casteel noted that he was happy that the town had opted to keep the original plaque, "it's a part of history," Casteel said, "and when we can, we should always strive to preserve original history." Had the town opted to replace the plaque, the cost of the repairs would have increased by \$10,000 said Casteel.

One interesting historical side note



Nearly nine months to the day after being damaged in an auto accident, the Doughboy statue and plaque were restored to their rightful place with little fanfare.

on the plaque was noted as it was being re-installed. The heads of small screws could be seen on the back of the plaque. The screws were used to attach stars next to the names of the nine soldiers that were killed during the war, indicating that the inclusion of stars was an afterthought after the plaque had been finished.

## Strawberry Hill considers land transfer

Financial crisis looms over Strawberry Hill Nature Preserve as the Preserve's Board of Directors are currently in the process of investigating a partnership with the Pennsylvania Department of Conservation and Natural Resources (DCNR) and The Conservation Fund to transfer 574 acres into the public trust. This land transfer would ultimately become part of the Michaux State Forest and could provide Strawberry Hill with the financial resources it needs to increase its assets and provide the funds necessary for the continuation of the educational programs and corresponding facilities that have been enriching the lives of people all over the area.

Strawberry Hill's Board of Directors has enlisted the help of The Conservation Fund, which is a national non-profit organization that aims to pursue environmental preservation and economic development. The organization focuses on creating as many pathways possible for people and organizations to protect their natural resources and save properties with ecological, historic, and/or cultural significance.

In 2008, Strawberry Hill's ability to subsidize the educational programs and maintain the Preserve was reduced with the onset of the "Great Recession." Significant losses to the Foundation's assets occurred. Since

then the Foundation's assets have never been recovered. Increased operational and facility management costs, coupled with financial pressures, have put a strain on the resources the Foundation possesses to provide affordable quality education and protect the watershed. Without additional direct funding support, the Foundation, the Preserve, and educational programs may soon cease to exist.

Located in Hamiltonban Township, Strawberry Hill Nature Preserve was founded in the 1960's by Hans and Frances Froelicher, who initially began efforts to clean up and protect the Swamp Creek Watershed. In 1986, The Strawberry Hill Foundation, Inc. was created as a charitable non-profit with the primary mission to provide environmental education to the surrounding area and protect the Swamp Creek Watershed. The Nature Preserve and Environmental Education Center lie at the heart of this mission, as the mission has always been to *provide environmental education for the community, as originally wished by co-founder Frances.*

The Preserve is housed on 609-acres, consisting of streams, ponds, forested areas and a quarry, and is surrounded by the 85,000+ acre Michaux State Forest and private landowners. If the partnership were to occur, Strawber-

ry Hill would retain and maintain 35 acres around the primary facility, which includes the educational center and other various facilities and buildings on the property.

After decades of work, Swamp Creek, located within the Preserve, has recently scored high enough in water quality testing to receive an existing use classification of exceptional value streams. Less than 2% of the streams in the state have earned this protection. If the PA Department of Environmental Protection authorizes the designation, this stream will receive the highest protection the Commonwealth provides, legally restricting any activity that will degrade the ecological value of the stream, as well as Carbaugh Run stream, also located on the prop-



574 acres, approximately 90% of Strawberry Hill, will be transferred to become part of the Michaux State Forest.

erty and valued as exceptional.

Executive Director, Chuck Reid stated that the Preserve is not locked into this decision yet, they are still exploring their options. In order to continue Frances Froelicher's mission for Strawberry Hill, something must be done to assist with the financial crisis. Community support has always been a vital part of Strawberry Hill, and is needed now more than ever.

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# EMMITSBURG NEWS

## 7th His Place car show ready to roll

The His Place car show will hold its 7th annual event on May 7, on the grounds of the Mother Seton School to raise funds for Catholic primary school and the Emmitsburg Osteopathic Primary Care Center

Bill Kuhn, III, owner of His Place, said last year that attendance was great thanks to a sunny weekend. Kuhn was elated at the numbers of vehicles that turned out, noting that the participants were several times that which had attended the 2014 event. Around noon he said, "We're pushing toward a hundred (vehicles). They just keep on rolling in."

Last year's event raised over \$2,600 for the two charities. As far as his goal for this year's event, Billy said he would like to see the event raise "as much as we can possibly get."

Dozens of vehicles will be on display, including cars, trucks and a vintage Vigilant Hose Company fire engine, covered a period of time from the antique to 50s and 60s hotrods.

Rows of vehicles will be lined-up with their hoods open looking like hungry alligators awaiting their feeding at a reptile sanctuary. The pampered automobiles and trucks will present a dazzling array

of colors from the solemn blacks and grays of the Depression Era to the gaudy bright colors of the Age of Hot Rods.

Also featured again this year will be 1950s and 1960s music permeating the air, as well as a flea market offering an array of collectibles and wares

Dating back to the '60s itself, His Place was founded in 1969 by Bill Kuhn, Sr. After having been established a repair shop, the business soon began to also become involved in the restoration of classic cars, especially Corvettes. Founder Kuhn, Sr. continues to serve as the His Place business advisor.

## \$1,000 scholarships offered

The Emmitsburg High School Association is accepting scholarship applications. Four one thousand dollar scholarships will be awarded in May to deserving students. Any Catocin High School senior or graduate who is enrolled in an institution of higher learning including trade schools is eligible if he/she resides in the Emmitsburg School District. This

includes Emmitsburg 21727, Rocky Ridge 21778, and Taneytown 21787 (Taneytown boundary is determined by Bridgeport on route 140). Applicants may apply each year as long as they are enrolled in an institution.

Selection is based on having a 3.0 or higher grade point average, being a full time student, presenting two letters of recommendation,

their community and school activities, and pursuing higher education (technical school, four-year college, or community college).

Applications may be obtained by contacting the guidance department at Catocin High School (240-236-8082 Ryan Zimmerman) or calling Phyllis Kelly (717) 642-6963. All applications must be received by May 10, 2016.

## Vigilant Hose holds recruitment "Open House"

The Vigilant Hose Company will be participating in "Maryland Volunteer Day" on Sunday, April 10th, from Noon until 4 p.m. at the Fire Station. The Open House event is being held in conjunction with a state-wide recruitment initiative of the

Maryland State Firemen's Association ([www.mdvolunteer.org](http://www.mdvolunteer.org)).

The men and women of the Vigilant Hose Company look forward to showcasing our personnel, facilities and equipment plus opportunities for all interested in learning more about the organization.

Fire Station Tours and Orientations on apparatus and equipment will be conducted throughout the day. Information will include materials from the highly successful Frederick County "Gear-Up" Campaign that seeks to engage men and women of

all ages in helping to support the work of their local Fire, Rescue and Emergency Medical Services departments.

These opportunities embrace all aspects of community safety to include the variety of roles where all can help ranging from emergen-

cy services operations, to auxiliary, administrative and youth programs activities. Free materials include: Fire / Injury Prevention Literature, General information on the VHC, 'Gear-Up' literature, VHC Membership Applications and more.

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## Sidewalk repairs begin

Almost two years after it was first proposed, work on the redesign the town's square has finally got under way. Phase one of the revitalization, the replacement of the sidewalks on South Seton Avenue began in late March.

In February of 2013 the town approved the redesign the town's square. The plan included improving pedestrian safety, traffic congestion, and the overall aesthetics of the town's central intersection. In 2013 the town contracted the design firm Seth Harry and Associates to refine the plans

of the redesign.

The revitalization of the square is estimated to cost \$1.5 million dollars; this cost includes relocating crosswalks, planters, decorative brick piers, a new clock, and an optional fountain. Replacement of the sidewalks is being funded by the State Highway Administration and is estimated to cost \$500,000.

Once work on South Seton Avenue is complete the workers will shift to repairing the sidewalks on North Seton Avenue. In addition, sidewalks will be installed



on the South side of East Lincoln Avenue from Chesapeake Street to Creamery Road. According to Mayor Briggs the new sidewalk will tie in with the 2015 acquired sidewalk easement from Seton Avenue to Chesapeake Street.

Actual work on the Square is set to begin in the Fall of this year.

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Eric Glass, Taney Corporation  
Dan Reaver, Emmitsburg Glass  
Bo and Jean Cadle, Former Publishers of the Emmitsburg Dispatch  
Kathryn Franke, MSM Class of 2013, MBA Class of 2015

Executive Editor: Michael Hillman, editor@emmitsburg.com

Managing Editor: Angela Smith, MSM Class of 2015, MBA Class of 2017

Assistant Editor: Lydia Olsen, MSM Class of 2016

English Editor: Julianna Mastromatteo, MSM Class of 2016

News Reporters: Danielle Ryan, Sarah Harrington, MSM Class of 2014

Advertising: Sharon Graham, advertising@emmitsburg.com

Graphic Design and layout: Brian Barth, timebombstudios.com

Photographer: John Zuke

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# FAIRFIELD/CARROLL VALLEY NEWS

## Adams County Extension Office avoids shutdown

The Adams County Penn State Cooperative Extension office avoided an impending closure due to lack of funding when the General Assembly passed a supplemental funding package, which restored funding for schools, Penn State Extension, Animal Health Commission and agricultural diagnostic laboratories, which the Governor line-item vetoed in December.

While the Governor continued his refusal to support funding these institutions, he nevertheless allowed the funding to become law. The effort to restore funding was championed by Senator Alloway and Representatives Dan Moul and Will Talman. Adams County Com-

missioners Randy Phiel, Jim Martin and Marty Qually actively supported their efforts. All expressed concern with the potential economic impact on Adams County if funding was not restored.

Within Penn State Extension there are a variety of agricultural related programs that serve the community such as the Master Gardeners, 4H Youth Development, Community and Economic Development, Nutrition and Health, tree fruit and vegetable education and research. These programs and their corresponding research have provided farmers with the most advanced variety of scientific and technological knowledge and farming techniques, and con-

tinued to be a major contributor in improvement of both production efficiency and environmental quality on farms. Research stations, such as the Fruit Research and Extension Center in upper Adams County, which are responsible for invaluable research to the fruit industry, also faced the danger of being shut down.

Within Adams County, the Master Gardener Program is instrumental in providing horticulture related education to Adams County. Completely volunteer based, Master Gardeners have a horticulture hot line and answer public questions via phone calls, emails, and walk-ins. Each year, the Master Gardeners present several ed-

ucational series related to gardening, environmental issues, pollinators etc. They maintain and use the demonstration gardens, pollinator gardens, native plant and rain gardens located at the Extension office to educate the public about gardening and horticulture. Master Gardeners don't exclusively work to teach adults, they also educate children about the importance of agriculture, sustainability, pollinators and horticulture.

Critical research issues such as Avian Influenza, Food Safety Modernization Act Implementation and assessing agricultural BMPs in the Chesapeake Bay Watershed were all threatened with being shutdown as a result of Extension programs be-

ing shut down.

If the supplemental budget had not passed and funding not been restored to the universities' agricultural programs Pennsylvania would have become known as the first state in the nation to abandon its land grant mission which has been 150 years in the making. In addition, 1,100 Extension jobs will have been lost, 90,000 children would have lost access to leadership development, 92,340 members and 9,556 volunteers for 4H and the Master Gardener programs would have been eliminated, and 67 Extension offices would have closed, eliminating vital programs and services for consumers and farmers.

## Hamiltonban Community Park revisited

At the March 1 Hamiltonban Township Board of Supervisor's meeting Board members discussed applying for a DCNR Grant for the proposed Township Park.

Supervisor LuAnn Dille began by motioning to suspend all applications for a park until further notice. This motion was discussed extensively by the entire Board as well as chairman Teresa Scripture and Vice-chairman Maggie Travis from the Parks and Recreation Commission who were both present.

Concerns regarding park maintenance and safety were once again brought up by both communi-

ty members and Board members. Vice Chairman Doug Woernor voiced his concerns about potential safety of the location of the proposed park which would be located at the current Township office. He proposed that the park be located closer to town or within town, which would make transportation easier for community members since the sidewalks are already present in town. LuAnn Dille also voiced concerns about potential safety issues and mentioned the necessity of a chain link fence to surround the park.

Chairman Scripture and Vice-chairman Travis spoke about the application. The application

that was submitted last year was not selected for grant funding, but DCNR designated the Hamiltonban Township Park as a High Value Project. The Commission was urged to reapply for a 2016 DCNR grant. The same grants submitted last year consisted of a \$53,000 grant from the Department of Conservation and Natural Resources and a \$90,000 grant from the Department of Community and Economic Development.

The construction and installation of the park would come at no cost to the community as it is intended to be constructed on the Township's land. Supervisor Coleen Reamer stated that it is the

intention of the Board to bring the tax dollars back to the community in the best ways possible. What better way to do that than bring a community park to Hamiltonban Township, where there is not already an existing community park.

The park would be 3 acres and would house a walking trail along the perimeter of the park as well as exercise stations, horseshoe pits, a multipurpose area possibly for a soccer field or other sports field and a playground area. Parks and Recreation chairmen voiced their concerns and beliefs that there is certainly the potential for further development in Hamilton-

ban and there will be a future need for a community park to be enjoyed by community members. Vice-Chairman Maggie Travis reported to the Board that there are currently 22 committed project partners for the park, and surveys have been showing that there is 75% optimism in favor of the proposed park.

Dille's motion to suspend all applications until further notice was defeated and the board voted in favor of applying for a DCNR Grant for the Township Park, including the addition of a chain link fence to separate maintenance facilities and the park being included in the application. The vote was made 3 to 1 with one Board member choosing to abstain.

## Hamiltonban Township News Briefs...

### Road Safety Audit

At the March 1 Hamiltonban Township Board of Supervisors meeting, a motion was made to pursue a Road Safety Audit for Route 116 from Bullfrog Road to Route 16. There have been numerous discussions within the local governing bodies of Hamiltonban Township, the Boroughs of Carroll Valley and Fairfield, and the Fairfield Area School District for the need to increase safety and alleviate traffic on Route 116. As a result of these discussions Andrew Merkel and Chris Caba of the Adams County Office of Planning and Development were invited to the Board of Supervisors Workshop on January 28 to discuss Road Safety Audits and available funding options.

A Road Safety Audit begins with auditors looking at data that include traffic volumes and crash data. The main area of concern is on Route 116 from Bullfrog Road to Route 16. There is a need for sidewalks by the post office, school and Towne Center as well as turning lanes by the school and

Liberty Mountain Resort. There is also an overall need to increase the safety at various intersections along this route.

The Board voted unanimously in favor of a Road Safety Audit being conducted by PennDOT. The Fairfield Area School District Board also voted during their March 14 meeting in favor of the Road Safety Audit.

A representative from Shiloh Paving and Excavating Inc. had intended to be present at the March Board of Supervisors meeting but was unable to make it for reasons unknown. The Reeds Bridge Project was up for discussion, but was unable to be further discussed due to the repre-

sentative's absence. Further news about the Reeds Bridge Project will be discussed during the April meeting.

In other news, LED lights were installed in the Hamiltonban Township Municipal building Monday March 7. These cost saving lights have been discussed and were voted upon at last February's meeting. The street lights in Hamiltonban Township will also be replaced with LED lights hopefully in full by the end of the summer.

Former Hamiltonban Township Auditor Gene Starbuck officially resigned from his position as Township Auditor in order to fill a vacancy on the Planning

and Zoning Commission. This currently leaves two elected auditor vacancies within the township. Starbuck has been interested in joining the Planning Commis-

sion, but was concerned about the other vacancy, which would leave one auditor. Board of Supervisors Chairman, Robert Gordon assured Starbuck that the vacancies would be filled and his time was needed serving the Planning and Zoning Commission.

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## THURMONT NEWS

# Zoning ordinance discussed

During the March 8th Thurmont town council meeting, the Mayor and Commissioners reviewed proposed changes to the comprehensive zoning ordinance.

Town Planner, Chris Jukubiak, stated that the Planning and Zoning Commission has been working on making updates to the Zoning Ordinance over the past year. These changes include incorporating many additions and amendments that have been made over the years, to modernize certain sections of the ordinance, to improve the site plan review and improve the ordinance. The work on the ordi-

nance was completed in January and it was recommended that the document be reviewed and adopted by the Mayor and Commissioners.

Jukubiak assured the Mayor and Commissioners in the beginning of the workshop that the changes in the draft revision to the ordinance would not affect the zoning of any of the properties in the town. He went on to say that there were about 12 to 14 changes of any subtenant nature to the ordinance, the rest of the improvements centered on the organization of the ordinance.

A change that struck up conversa-

tion pertained to annexation. In the proposed updated ordinance, it requires the Planning and Zoning Commission to evaluate the cost impact of any proposed annexation on the town's fiscal condition and budget.

Commissioner Martin Burns questioned whether the impact of annexations to the town's fiscal condition and budget fell under the Committee's jurisdiction. Mayor John Kinnaird however stated that he believes that it is within the means of the Commission to discuss the annexations. He noted that having this information would allow town leaders to make decisions re-

garding the permission of annexations.

Mayor Kinnaird noted for example, that if the town accepted an annexation with a 400-unit development, the town would be required to hire additional workers to maintain the streets and additional usage at the water treatment plant.

Randy Cubbedge, Chairman of Thurmont's Planning and Zoning Commission opposed the idea of requiring the Commission to consider the financial impact of a development on a proposed annexation. Cubbedge argued that this was outside the purview of the body.

Town planner Chris Jukubiak, however, disagreed. According to Jukubiak, it is not unusual for a Planning and Zoning Committee to consider fiscal impact studies on the major development.

The commissioners reviewed the changes and listened as Burns proposed a few changes to the updates. The Board of Commissioners agreed that the changes proposed by Burns would be passed onto Jukubiak and applied to the final update of the ordinance. The draft Zoning Ordinance is scheduled to be discussed again at the March 29 Town meeting. If adopted by the Mayor and Commissioners that evening, the new Zoning Ordinance would go into effect on April 5.

# Budget development schedule set

The Thurmont Town Council announced that they will be holding a series of workshops to solicit input for the town's 2017 budget. Mayor Kinnaird reported that some of the town leaders have already met with Department heads to discuss budget requests before making their formal requests to the Mayor and town commissioners at workshops scheduled in April.

The first workshop, scheduled for April 12, will discuss the budget for

the Streets and Parks Department and the Electric Company. On April 19th, the town will hold a budget workshop for the Thurmont Police Department and the Water Company. On April 26th, a workshop will be held to discuss the town's Wastewater Department budget.

The purpose of the workshops is to allow for the Town Council to hear directly from all the departments regarding their budget requests for 2017. All workshops will begin at 7

p.m. and will be open to the public. The workshops will be held at Thurmont's town hall located at 615 East Main Street.

Following the workshops, the individual Department budget requests will be compiled into a preliminary fiscal 2017 town budget which will then be presented to the town commissioners at the May 10th town council meeting. The goal is to reach a final consensus and adoption of the final town budget by June 7th.

A public hearing will be held on May 24th to discuss funding for the proposed 2017 budget. The purpose of the meeting will be to discuss the revenue the town can expect based upon the constant yield tax rate. The meeting will cover the proposed 2017 budget or if additional revenue needs to be raised by increasing tax rates, or conversely, where cuts needs to be made in the proposed budget to keep within current revenue projections.

Last year's budget for the town's General fund, which includes the Streets and Parks Department, was \$4,542,745. The Town's Electric Company budget was \$7,387,24. The Thurmont Police Department's budget for last year was \$1,223,310. The Water Department's budget was \$1,271,656, and the Wastewater Department's budget was \$2,282,492. The total Thurmont budget for last year was \$15,484,139. You may view the complete FY16 adopted budget on the town's website [www.thurmont.com](http://www.thurmont.com). Once accessed click on the Finance Tab.

# Contract awarded for basketball courts

A contract was awarded to Thurmont based Playground Specialists to build two new basketball courts, one for Woodland Park and a second for Pleasant Acres Park. The proposal requires the company to install the courts and do the necessary work to finish the surrounding areas including: grading, cutting, and filling needed to ac-

commodate the 45'x50 courts.

There was a mandatory pre-bid meeting held where two potential bidders attended to give the town their estimates for the work. Any contractors who did not attend the pre-bid meeting were not eligible to place a bid on the project. Jim Humerick, Chief Administrative Officer, explained that the town re-

quested the contractors who were interested in placing bids to attend the meeting in order to understand the full scope of the project.

The town received two bids. One bid from Espina Paving Inc. located in Woodbridge, Virginia, went for \$54,695.00 for both courts. Another bid from Playground Specialists bid went for \$37,875.00.

The bids were presented to the Mayor and Commissioners in early March. Humerick informed the Board of Commissioners that the town was in favor of hiring the Playground Specialists for the job. "They are the lower bidder and we have a good history with Playground Specialists. They have a high quality performance, and they certainly provide

their work in a timely manner." Humerick stated. Commissioner Buehner's motion to accept the bid placed by the Playground Specialists was carried with a vote of 4 to 1.

The town is also hoping to add sidewalks to the areas surrounding the courts giving residents a safer access. The new courts will be funded, in part, by state grants.



The Thurmont Business Showcase is free and open to the public! Invite your coworkers, family, friends and neighbors to experience "Takin' Care of Business!" and see how they can take care of you! This will be the first event held at the new Thurmont Ambulance Event Complex located at 13716 Stafford Drive!

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## Thurmont Business Showcase

**Saturday, April 23  
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# 100 YEARS AGO THIS MONTH

## April 1916

April 7

### New 5&10 Store for Emmitsburg

J. E. Smith, a well-known merchant from the Hanover area, recently moved to Emmitsburg and will construct a 5&10 cent store on the lower floor of the Emerald Hall on Frederick Street. The Emerald's have made extensive improvements to their property in all of its readiness for the opening of the new store.

### Audubon Society

Miss Catherine Stewart, a representative of the national Audubon Society, will spend the next two weeks in Frederick County organizing Junior Audubon societies in the schools. The idea is to teach the value and usefulness of birds to the farmer. Members of different classes in the schools will take up the study of the habits of birds and the necessity of protecting them. The plan is to have at least one lesson a month on the subject of birds. A meeting for the purpose of organizing the society will be held in Emmitsburg, Monday morning, April 10.

### Serious Accident Avoided

What may have been a serious accident occurred Wednesday afternoon on W. Main St. when a two-horse team belonging to Simon Flohr's son ran away. The harness, which was broken in several parts, caused the animals to become frightened. In their wild plunge they threw Simon to the ground and ran away at a rapid pace. John Eyler caught them on Fowler's Hill outside the town. The wagon and harness were badly damaged, but no one was seriously injured.

### Death of Henry Maxell

Henry Maxell, a resident of Four Points, died Thursday evening in his home at the age of 66. Mr. Maxell had been in ill health for some time but only two weeks before his death his illness had become serious. The deceased was born and raised and spent nearly his entire life in the vicinity of Four Points.

### Trolley and Engine Collide

Trolley car No. 168 of the Thurmont division of the Hagerstown and Frederick Railroad collided with a traction engine of the Grove Lime Company at the crossing of W. 5th St., Frederick, Saturday morning, slightly damaging both car and engine. About 20 passengers were on the car, all of whom escaped injury.

April 14

### New Moving Picture Theater for Emmitsburg

W. C. Brenaman of Thurmont, proprietor of the Gym Moving Picture Parlor, has bought the Albert Adelsberger lot on Frederick

Street and will soon break ground for a moving picture theater as modern and well equipped as the one in Thurmont.

### Hurt While Cranking Engine

While cranking his new automobile on Monday, Mr. Zimmerman met with a painful accident. As he attempted to turn over the engine, the crank became disengaged and struck him squarely in the face, badly lacerating the flesh and fracturing the bones of his nose. "I never once got hurt tacking up my horse," said Mr. Zimmerman. "If this is what people can expect from an auto car, I can tell you now, they are never going to replace horses as the primary means for trusty transportation."

### Many Lose Use of Arm

It is very doubtful if Larry Delmon will ever again be able to journey to the grave of his father in the cemetery near Mount St. Mary's and play his tribute of music on Christmas morning. Larry was paralyzed about a month ago. The stroke affected his left side, principally his arm, face and the nerves of his neck. He was taken to the Baltimore sanitarium two weeks ago. The fact that he is nearly 70 years old and suffering from paralysis does not seem to worry Larry. What concerns him is if he will regain the use of his violin and flute arm.

### Cash Drawer Rifled

On Wednesday afternoon around three o'clock a robbery was committed at the store of John Roddy, near Mount St. Mary's College, while the owners of the store were absent for a few minutes. A tramp who had been loitering around the store for some time is thought to be the thief. Shortly after three o'clock the tramp disappeared. At the time the theft was committed, Mrs. Roddy was in a room on the second floor. Her daughter Julia, who had been in charge of the store, was absent at the stables. During the short interval, the tramp entered the store and made away with about \$35. An automobile party was in front of the store at the time, but the occupants of the car were unable to tell in which direction the robber went. This Wednesday theft added another to the series, which has occurred in the section in the past few weeks.

### Boozers Celebrate Anniversary

The Emmitsburg Chapter of the Former Former Boozers Association celebrated the second anniversary of their founding in the usual way - by imbibing liberally with the fruits of Mr. John Barleycorn at the Hotel Slagel's bar. Before the group became too inebriated, Dr. Glass, the chapter's president, recounted the group's successful efforts to throw cold water on the local woman suffrage movement, calling forth the idea that "women are smart

enough to vote poppy cock."

Glass also gave a report on Dan Shorb, the intrepid Boozer who set out for the west coast on his trusty mule Luke last year. According to Glass, Shorb, who is committed to stopping at every bar and saloon he passes, has gotten as far as Williamsport. Apparently, Shorb's progress has been delayed significantly due to his repeated arrests for public drunkenness. Glass's call for funds to bail out Shorb for his latest arrest went unheeded, as the members of the society decided instead to spend their money on getting drunk in his honor.

Glass also announced that the Society would hold its second annual summer boozefest at the farm of Dr. Brokaw in Rocky Ridge. Dr. Brokaw, a founding member of the society, and well known veterinarian in the district, recently called for the banning of auto-cars on public thoroughfares, as they were a danger to people out riding their horses.

April 21

### Mehrl Ridgley Held for Theft

Charged with theft of about \$35 from the store of John Roddy, some days ago, Mehrl Ridgley of Frederick was arrested by Sheriff Roderick and held on \$200 bail for the action of the grand jury. It was stated on Wednesday morning that Ridgley had taken Mrs. Paxson to Emmitsburg, and that a stop was made at Roddy's store. Mrs. Paxson testified, it is said, that Ridgley went into the store and remained for about five minutes.

### Thurmont in Trouble

Thurmont is in the throes of an agitation relative to the ways and means of increasing the revenues of the town. According to information given at a recent town convention, the electric light plant is badly in need of repairs. It has been estimated that the cost of these improvements will total about \$1,500. These changes are necessary in order for the plant to be successfully operated.

In addition, repairs need to be made to the streets. Residents claim that the alleys and highways of that town are badly in need of



Just in case you thought complaining about the price of gas was something new.

an overhauling. Again, funds must be raised to retire some of the light plant bonds. The bill which was sent to the Maryland assembly, providing for the issuance of street improvement bonds has been killed, leaving the town with no way to raise money for the needed improvements.

### Emmitsburg Reports Expenses

On Friday, the Corporation of Emmitsburg reported its yearly expenses for its 1915 fiscal year which ended April 1. Total receipts were \$1,393, of which \$675 was from taxes paid by residents. The town's expenditures were \$1,386, leaving a balance of \$6.66 in the bank. The account listed the town's total liabilities at \$2,836.

rearrangement of black and red bricks, with hollow jointing.

### Emmitsburg In Grip of Rainstorm

Emmitsburg was visited by one of the heaviest rainstorms in several years last Friday afternoon. The downpour lasted about half an hour and was followed by lighter rain and intermittent showers during the evening. According to reports near town, early-cultivated fields were washed out considerably. High water in some places flooded fields, and the smaller streams rose to an alarming height within a short period of the storm. Large hail fell for several minutes in and near Emmitsburg. Many local gardeners found plants in the furrowed condition as a result of the dashing rain.

April 28

### Garage Building Progresses

Work on the home of the People's garage company is going along rapidly. During the past week, foundation work was completed and at present the walls have risen to a man's height. The structure, which we thought thoroughly modern in every respect, will be built of brick and metal wooden frames and wire glass, making it absolutely fire-proof. The front of the building will be finished in what is known as Flemish Bond, a very striking ar-

### Loses finger

Last Monday afternoon the little daughter of Mr. and Mrs. John Ott met with a very painful accident. She and her brother were cracking walnuts. She was holding the walnuts while her brother was trying to cut them in half. Instead of cutting the walnut the hatchet slipped and cut off the first finger on her right hand. Dr. Jamison was called and gave medical assistance.

To read past editions of 100 Year Ago this Month, visit the History section of Emmitsburg.net.

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## FROM THE DESK OF . . .

## Our 2016 primary endorsements

The Maryland Primary is set for April 26. It is, unfortunately, not on many people's radar screens. It should be. For the first time in a very, very long time, northern Frederick County is in the position to decide who will represent us in Congress, something that has not occurred for a very, very, very long time.

Let's be clear—the redistricting of Congressional District 8 in 2012 was designed to ensure that a Democrat will always win the seat. 75% of the voters in the district live in lower Montgomery County, which makes up less than 20% of the geographical area of the District. The other 80% of the district land mass is made up on central Carroll and northern Frederick County. We are only connected to the lower portion of the district by a long narrow span of land just outside Olney.

That's the bad news.

The good news is that we have the opportunity to elect a new representative. However, we need to make sure that the person we elect will be someone who truly cares about northern Frederick County.

There are 9 candidates battling for

the Democratic votes, 5 running for the Republican nod.

For the Republicans, the choice is a no brainer – Dan Cox. Born and raised just outside of Emmitsburg, he will do us well. To be honest, I can't tell you who his competition is – as the other four have never bothered to even return a phone call or e-mail, which speaks volumes about them. Given that a majority of the Republicans in the district live in northern Frederick County, a vote for Dan will ensure he is one of the finalists in the general election.

On the Democratic side, "7" of the 9 running seem to have no idea that the District went further than the Montgomery County line. At a recent Democratic forum in Thurmont, all but two clearly looked uncomfortable in "Fredneck", as one of the "7" described the area. The two exceptions were David Trone and David Anderson. I like both of these men, and wish I could vote for both, but the reality is we can only vote for one – and for my money, David Trone is the better choice.

Now let's talk strategy on how northern Frederick county can impact the

election outcome for the better. The other "7" candidates are all focusing exclusively on Montgomery County. Given that David Trone is also competitive in Montgomery, there is a good chance the vote there will be split equally. The election will then be decided by who wins the majority of votes in northern Frederick and Carroll Counties.

Born and raised on a farm just north of the border, in Adams County, David clearly understands and appreciates the needs and priorities of the residents in the northern portion of the district, especially farmers. Protecting the environment and nature, job security, education, helping small businesses, Social Security and Medicare, and resolving once and for all the nightmare called I-270; he gets it! He has also pledged to have an office in Frederick and Carroll Counties, because he wants to serve the entire district, not just Montgomery County.

The biggest complaint made about David, a successful businessman, is that he is funding his own campaign! In other words, David will not be beholden to special interest groups – instead, he will always put the needs of the people in

the district first and foremost – be they Democrats or Republicans. He will represent us all. For me, that's a refreshing thought in an era where politicians seem to go out of the way to vilify those in the other party.

So the Democrats in the northern part of Frederick county have a choice: vote for a candidate who will forget them the minute they get elected – or vote for a candidate they will see and hear from over and over again. If you are looking for a candidate who not only embraces your values, but lives them – we encourage you to cast your vote for David Trone.

Last but not least, we also asked all the candidates for Senate to submit position papers – only one thought the citizen in northern Frederick county worth of their attention – Democratic candidate Blaine Taylor. Over the past month Blaine has



**For the first time in years, voters in northern Frederick County will serve as the deciding factor in who wins the Democratic primary for Congress, and ultimately, represent us in Congress in our gerrymandered district. We encourage them to vote for David Trone.**

submitted six well thought out position papers on a range of subjects. In reading them, I've come to appreciate that Blaine is an honest, intelligent, and thoughtful individual, who like David Trone, will put the needs of the voters before special interest groups. As such, I encourage Democrats to cast their vote for Taylor.

## County Councilman Kirby Delauter

This month I am writing about a very good friend who not only helped me in business and politics, but also in just plain old fashioned common sense. That person is none other than Mike Fitzgerald. Most people knew Mike as the owner of the Shamrock Restaurant in Thurmont and very few knew the things he orchestrated in order that Frederick County become a better place for everyone. It would take me eight million words to describe my memories of Mike over the last 40 years, but since I only have eight hundred allocated to this column, I'll try to pick the best of the best.

I think it was back in the mid 1990's; I was having some issues with Frederick County so I called upon a then County Commissioner to meet me and discuss the issues so we could get them resolved. I asked this Commissioner to meet me at the Sham-

rock for lunch thinking that if Mike is around, he'd probably like to have lunch with us too, since I knew Mike was very political and was supportive of this elected official. We (the Commissioner and I) were sitting in the dining room, just got our food and in walks Mike. I think to myself, good, here comes Mike, maybe he'll join us. Boy, was I wrong. Mike walks up to the table and let's this Commissioner know that he was very unhappy with a recent vote that was made on some liberal feel good item that would have an effect on his business. Apparently, this Commissioner changed his vote in favor of the issue, after telling Mike previously he was against the issue.

As we sat there for well over ten minutes as Mike let this guy have it with one adjective after another. Once Mike left the dining area, the Commissioner and I both just sat there star-

ting into space. I looked at him and said: "in case you weren't aware, one thing you don't do, is lie to Mike Fitzgerald". I paid the tab, got up and walked out and never did get an answer to my issue, and from that point on I thought to myself, if I were ever to be elected and put into a position where I could help people, I would. I wouldn't be like the Commissioner that lied to Mike Fitzgerald and left me hanging on my issue as well.

Fast forward 15 years and I was actually running for election as Commissioner in Frederick County. One of my biggest supporters was Mike Fitzgerald. Mike and I talked often about the direction the County needed to go in and he gave me a lot of useful information time and time again, which was and still is, greatly appreciated. I think Mike had long forgotten that day in the restaurant dining

room with the former Commissioner and I, but I didn't. It was ingrained in my mind that everything I was telling Mike I would do ... I better do, because I know that he would not be shy about calling me out. Once you lost his trust there was no turning back, he made that clear fifteen years earlier.

You would get no more political advice and you damned sure weren't going to the Restaurant any longer. I could go without the political advice, but I couldn't go without eating one of the best steaks in Frederick County from the Shamrock. Fifteen years later I still never forgot the day he deservedly gave it to a former Commissioner that lied and double crossed him. That simple item helped me to understand your word means something, integrity means something. A valuable lesson Mike Fitzgerald helped teach.

On a non-political note, Mike has

about 300 acres in the hills above Emmitsburg and back in the late 1990's early 2000 he contracted W. F. Delauter to build a mile long roadway up into the property. I remember on a hot humid summer day we walked that entire 300 acres placing markers for where the roadway would be built. It must have been 100+ degrees with 100% humidity and I was 35 years old, Mike around 70 years old at the time. He roamed the mountain with the likes of a deer while I stopped every so often acting as though I was keeping up. I'd act like I was hunting mushrooms, or any other excuse I could find to mask the fact I was severely out of shape, but Mike wasn't buying it. He finally said: "are you going to keep up or not?"

We finally marked out the entire roadway, over the next few months, built the road. Over the next several years we did other work on the property. One day we were all the way at the top of the mountain and there was an outcropping of large rocks. Mike sat on one of the rocks, he sat there for about 5 minutes and looked over and said, "do you hear that"? I told him I didn't hear anything? He said, "that's what I mean, you can sit here all day and hear nothing". So from his political advice to sitting on a rock and listening to nothing, he always did one thing ... he made you think, and I always like that about him.

Mike passed away a few weeks ago and in the classic Fitzgerald style, his family made the casket for him from trees that Mike felled on that 300-acre property. They made the casket in four days and made it with the same perfection that goes into the food that comes out of the kitchen at the Shamrock Restaurant, the same perfection Mike had as a machinist, a gardener, and a restaurant entrepreneur. Those apples didn't fall far from the tree and as I told his daughter Donna recently, the Fitzgerald's set a new bar for how to honor your parents, and the most amazing thing was watching it and how genuine it was from everyone involved. A classic example of what America should look like.

## REAL ESTATE SALES

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# GOVERNMENT—SOUTH OF THE MASON-DIXON LINE

## County Executive Jan Gardner

Charter government is delivering results! There is a lot of good news to share.

### Schools:

Two desperately needed elementary schools, Sugarloaf Elementary and Butterfly Ridge Elementary, will be built and open to students on time and on schedule in the fall of 2018. These two schools will relieve severe existing overcrowding. Schools in Urbana and in the Hillcrest area are approaching 150% of capacity right now.

Frederick County has been challenged to keep our school construction on time due to a recent dramatic increase in the cost of school construction. Fortunately, we are blessed in Frederick County to have a community that values education and values working together to solve problems.

As the County Executive, it is my goal to build consensus around issues and solve problems. Thus, I was very pleased to recently announce a school construction solution that resulted from a shared community effort involving our elected officials, educators, PTA and school advocates, and the business community. We share the goal of providing our students with adequate school facilities and a quality education.

Several pieces of the puzzle

have come together to make it work. They include: advocacy and legislation for additional state funding; identifying cost savings in school construction; increasing development fees; a re-prioritization of county capital projects; and the acceleration of the state share of school construction by two local developers. Working together, we solved our school construction challenge.

### Libraries:

The long-awaited new branch Walkersville Library should break ground this fall. It will be located on South Glade Road near the entrance to the Sun Meadow neighborhood. This new library will provide expanded services and programs as well as a community meeting place for residents living in and around Walkersville. Our public libraries in Frederick County are visited by almost 100,000 residents a month. Libraries continue to offer their traditional services but now offer may new programs and services in response to ever-changing community needs.

### Roads:

Governor Larry Hogan was in Frederick for an entire day on Wednesday, March 16th. He announced funding for several key transportation projects in Frederick County including a new interchange at MD 85 and I-270 and a new bridge and interchange at MD 180 and US 340. In addition to these significant improvements, engineering and design work are proceeding to widen US 15 through the City of Frederick from I-70 to MD 26 including some interchange improvements. This is all good news for Frederick County to keep people moving and our roadways safe.

It is budget time. I will present a proposed budget to the community and the county council on Friday, April 15. Priorities will reflect public input and community values including education, public safety, seniors, and valuing county employees who provide stellar services to our community each and every day. Like last year, there will be no proposal to raise taxes or fees. The budget will be fiscally conservative; we will live

within our means, and will make progress to ensure great schools and a safe community.

I want to thank everyone in our community who participates in county government and has worked together over the past year to solve community challenges. I particularly want to thank County Council President Bud Otis and Council Vice-President M. C. Keegan-Ayer, who are great partners in delivering good government to Frederick County.

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## FROM THE DESK OF...

# David Trone (D), Candidate for Congress

I grew up working on my family's chicken farm just 15 miles north of the Eighth District. At age 12, I was punching a time clock. I was responsible for feeding the chickens, and collecting, sorting, and selling their eggs. Anyone who thinks that farm work is fun has surely never tried it. The days were long and hard. I watched as the farm struggled, and my dad was forced to file for bankruptcy. We lost the farm, but I learned a work ethic and values that stayed with me throughout my life. Cleaning up manure on the farm may have prepared me for what's to come in Congress, but I know I have other experiences that will help me serve you well.

I took out loans so I could attend business school and used my experience on the farm to make ends meet. I brokered eggs from my "office" pay phone to put myself through school. I learned a lot about business, but the best

part of graduate school was meeting my wife, June. While I was still in school, I also opened my first beer and wine store, negotiating a good deal and seeing an opportunity in the marketplace for better selection, better prices, and better service.

My brother Robert and I opened another store together in 1991. With hard work, good business sense, and a lot of luck, we grew that one store into Total Wine & More, the largest private wine retailer in the country. Total Wine & More now has operations in 21 states with 150 stores. We employ over 5000 people, 500 of them right here in the Eighth District.

Our business has never been just about products; it's always been about people. We've never closed a single store. We aren't just in communities; we're part of the communities. We give back to local charities, volunteer with local organizations

and sell local products from local businesses.

Only in this country is my story remotely possible. Only through education and opportunity can you come from nothing and build something extraordinary. I've never forgotten that, and I never will. I want everyone to have the same opportunity that helped me. That's why we provide our employees with higher wages and better benefits than my competitors. That's why we pay for team members to get their GEDs. And it's why we've started a program to allow them to go to college at company expense.

We're a family business. We don't think about the next day, we think about the next generation. We don't run from problems, we solve them. We could use more of that kind of thinking in Washington.

Alzheimer's is a great example. I watched my dad die of Alzheimer's, so I've seen the financial and emotional toll it takes

on families. We lose \$220 billion a year in health care and lost productivity, but invest less than \$1 billion each year researching a cure. In business when we see something that is costing us so much money in the long term, we invest in it and we fix it. That's why I support doubling the budget for NIH. It will accelerate research so we can find a cure for these costly diseases. It will not only save lives but also tons of money in the long run. It's not about spending money on what sounds good, it's about investing public dollars wisely.

It isn't that complicated, but Congress doesn't get it. They're more interested in winning arguments, than in solving problems. I have stores in both Democratic states and Republican states. We have to work with everyone to pass pro-consumer legislation because our business thrives when consumers have choices. Working across the aisle is the only way to get

things done. No other candidate in this race has experience crossing party lines and building coalitions around common sense legislation.

It's also a lot easier to build these coalitions when you're not co-opted by special interests that have a vested interest in holding onto to status quo. I'm the only candidate in this race who isn't taking any money from PACs or lobbyists. And I'm not taking any contributions over ten dollars. My only special interests will be yours.

I want to be a different kind of Congressman. I'll be less interested in holding onto to my job and more interested in helping you hold on to yours. I'm running to make a difference. I bring a different approach and a different perspective. I've created jobs. I've solved problems. I've created change. In business, you're judged by results, not by rhetoric. I hope I can earn your vote on April 26th so I'll have that opportunity.

To learn more about David visit his campaign website at [www.davidtrone.com](http://www.davidtrone.com).

# Dave Anderson (D), Candidate for Congress

I'm Dave Anderson and I'm running to be the Congressman from Maryland's 8th district. I'm running because Congress is broken and I think I can help fix it.

I am not part of the elite Montgomery County establishment of career politicians and multi-millionaires. I know that the voters in North Frederick County have been both ignored and disenfranchised. Your concerns have not been heard by those who only care about what happens to their rich friends in Montgomery County.

What the other candidates in this race don't understand is that this district includes voters in North Frederick County who are working hard and playing by the rules and still struggling to make ends meet. I know that because I've actually spent my time knocking on doors and talking with voters across North Frederick to hear their concerns. I've spent 32 days campaigning in 10 towns across the county.

One of the issues that I hear all

the time in Frederick County is the challenge of being able to afford to raise kids. I understand that challenge and I've developed a national family policy to address the needs of overleveraged young families.

Under my plan, hard-working young middle class families will receive an option once a baby is born: Six months of paid parental leave and \$10,000 of child care support OR six months of paid parental leave and a \$10,000 tax credit for a stay at home mom or dad.

Another issue I hear talking to voters across North Frederick is the traffic nightmare that is I-270. Again, if you are a rich candidate who lives in Bethesda or Chevy Chase, you have a simple commute and don't understand the needs and frustrations of the voters up here. I understand how difficult the commute is and I'm advocating a solution. We need to widen I-270 and we need to do it right away. We've studied the issue for years and it's time to act. We need to make sure

that those in North Frederick who commute have their gridlock on I-270 addressed.

Yet another issue I've heard quite a bit is the need to protect our natural resources. I know how important Catoctin National Park is to my friends up here in North Frederick. I know that many parks in Maryland are struggling because they have not been properly maintained. I support appropriate funding for the National Park Service to ensure that there is no deferred maintenance at the Catoctin National Park.

Finally, and unlike my opponents, I am a fiscally responsible. I want to make sure that every dollar you pay in taxes is put to proper use. For example, I am appalled at the state of our social security system. As the Baby Boom generation retires, we are at risk of the whole program collapsing. That's why I propose a reform measure that will ensure long-term viability of the program.

Nearly 40% of Social Security beneficiaries rely on the program for virtually of their retirement income. For these individuals, I want to increase their monthly payments by \$70 a month (\$840 a year). In order to pay for that and also ensure the long-term viability of the program, I support extending the eligibility age by two years, from 62 to 64 for early retirement and from 67 to 69 for the normal retirement age, over a ten-year period. This is the most logical and responsible thing to do in order to keep this vital system economically viable for future generations.

I'm not a party-line liberal activist. Rather, I have spent my career advocating for real world solutions to complex and very difficult problems. I've worked with Democrats and Republicans in 20 state legislatures over the last 11 years to get millions of dollars in college scholarships for young people. Learning to work with people on both sides of the aisle to achieve workable solu-

tions is the first step towards an effective Congress.

We are at a crossroads in our country politically. If we keep electing the same people, over and over, we will continue down the road that leads to ruin.

I offer you a different choice. I'm a bridge builder who has worked across the aisle with Republicans and Democrats to solve real problems. From my family policy to my plan on social security, I am taking the best from progressive and conservative thinking without allegiance to entrenched interests. I'm focusing on helping solve the problems right here in Frederick County. With your help, we can do it.

There is so much that we can do to improve the lives of those in Maryland's 8th District. That starts by electing a bridge-builder and problem solver. I am asking for your vote so we can get Congress working again.

To learn more about David visit his campaign website at [www.andersonforcongress.com](http://www.andersonforcongress.com)



## DAVE ANDERSON

### Democrat for Congress

**"Anderson Wants to Make Frederick County Count" *Frederick News Post***  
**"Anderson is Anti-Establishment Candidate" *Bethesda Magazine***  
**"Anderson is The Lone Dissenting Voice" *Washington Post***

If you've had it with the Montgomery County liberal establishment, Dave Anderson is your candidate. He's met and listened to Frederick voters on 32 days in 10 towns, so he supports widening 270 and protecting Catoctin National Park.

VOTE DAVE ANDERSON ON APRIL 26th

[dave@andersonforcongress.com](mailto:dave@andersonforcongress.com)
*Paid for by Dave Anderson for Congress*



# GOVERNMENT—SOUTH OF THE MASON-DIXON LINE

# DAVID TRONE

DEMOCRAT FOR CONGRESS • MARYLAND 8TH DISTRICT

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*"I grew up on a struggling family farm near Frederick County. I worked with my dad and my brothers to save the farm, but it ultimately failed. **That experience taught me values like hard work, helping others and giving back.**"*

### To Starting A Small Business...

*"I was determined to make my family proud, so in 1991 I started a small business with my brother Robert that sold beer and wine. The business was successful beyond my wildest dreams, offering consumers lower prices and wider selections."*



### To Building The Nation's Largest Independent Wine Retailer, Total Wine & More...

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## FROM THE DESK OF...

## Carroll Valley Mayor Ron Harris

The Pennsylvania's Rapid Bridge Replacement Project has reemerged and again requires our attention. Let's review the project's scope and its impact on our local communities. The Pennsylvania Department of Transportation awarded a contract to a group of companies known as the Plenary Walsh Keystone Partners (PWKP) to replace 558 aging bridges by the end of 2017. PWKP will manage the bridges' design, construction and maintenance for 25 years after construction. PennDOT will maintain ownership of the bridges throughout the contract.

As explained on their website, some of the bridges will be constructed in weeks. As they explain, "The bridges will be constructed quickly because of standardized designs and the ability to prefabricate many of the bridge components off site, which reduces construction time in the field." Here lies the rub and amplifies the impact on our communities. PWKP's project approach means that the Route 116 Muddy Run bridge (located in Highland Township – just a mile outside of Fairfield Borough) will be closed (both lanes) to traffic. The estimated time projected to complete the replacement is approximately 4 weeks. Route 116 is the main road between our regional

area (Hamiltonban, Fairfield, Liberty and Carroll Valley) and Gettysburg. It is definitely the main thoroughfare used by our medical emergency, police, and fire responders.

The Adams Regional Emergency Medical Services located in Gettysburg provides basic life support and advanced life support (ALS) to our regional area. Detours will add time to answering an ALS call where minutes count. When our local police need backup, it comes from Cumberland Township, Gettysburg Borough and the State Police. Using alternate routes to response to a call for assistance will represent a significant risk to all involved. Our Fire Department & EMS relies on volunteers some who live on the opposite side of the bridge, which means that the fire response will be delayed until those volunteers arrive on station to deploy a fire engine. All of this information was presented to PWKP representatives via verbal comments and a PowerPoint presentation at a Highland meeting held in 2015. The solution recommended by the local elected officials and the first responders was to leave one lane open during the construction.

Understanding the concerns voiced by the elected officials, Senator Alloway sent a letter to

PennDOT expressing his concern of the detrimental impact on emergency medical service, police, and fire response if both lanes are closed. His recommendation was to keep one lane open. Well, to date it is assumed that the contractor still plans to close both lanes. When will the replacement occur?

Originally, the bridge replacement was forecasted to start during the May to September timeframe. As of this writing, the replacement has slipped to the period of August to October. This delay has now affected the Fairfield Area School District bus transportation of students. The next meeting is scheduled for April 27th at the Highland Township. The meeting will start at 4 pm for elected officials, school district representatives, EMS, Police and Fire personnel. At 5 pm the public is invited for a presentation, then at 6 pm a Q&A session will be held.

Mark April 23rd on your calendar to attend the Fairfield Recreation Association Baseball Opening Day parade and games. The association is also holding a fundraiser money to support their program. They are selling Little Caesars Pizza kits. These kits are excellent products to have on hand for quick dinners, parties or snacks. You can place your order with any player. The fundrais-

er runs through April 15. Orders come in April 30.

Harrisburg Community College (HACC), Central Pennsylvania's Community College, is hosting an Open House for the public on April 9th from 10 am to 1 pm either in person or online. Similar to the College's Virtual Learning Courses, individuals may learn about HACC right from their own computer or visit any of HACC's five campus. Attendees will learn about HACC's various online, on-campus and blended academic programs, including transfer and career associate degree program, as well as certificate and diploma programs, career counseling, financial aid and scholarships, and dual enrollment and College in the High School options.

Additionally, HACC will award a \$1,000 tuition giveaway to one individual at each of the five campuses and online that day. The winner will be able to apply the funds toward HACC tuition and fees for the summer and/or Fall 2016 term. Please visit [www.hacc.edu/OpenHouse](http://www.hacc.edu/OpenHouse) to register and learn more about HACC's Open House.

On Saturday, April 30 from 10 a.m. to 2 p.m., at the Fairfield Fire & EMS Department on Steelman Street, the Carroll Valley Borough Police and Liberty Township Police Departments along with the State Police will be partnering with Collaborating For Youth and Fairfield Fire & EMS fire depart-

ment to carry out the eight Adams County "Take Back" medicine collection. This medicine collection provides an opportunity for Adams County residents to dispose of unused or expired prescriptions and over-the-counter medications safely and free of charge. Pills, liquids, creams, and pill bubble-packs will be accepted. No needles or sharps will be accepted. Seventy percent of people abusing prescription pain relievers get them (take) from family and friends. In fact, more teens abuse prescription drugs than any illicit drug except marijuana.

Adams County's medication collection and disposal is being sponsored by the Pennsylvania Office of the Drug Enforcement Administration in partnership with local and State Police, local fire departments, Collaborating For Youth, and the Adams County Department of Environmental Services. For more information regarding the Adams County TAKE BACK, please contact Eileen Grenell, 717-338-0300 x 24, or [drugfree@cfygettysburg.com](mailto:drugfree@cfygettysburg.com).

The Borough meetings in April are: Planning Commission (April 4th); Finance Committee (April 11th); Council Meeting (April 12th); and Parks/Recreation Committee (April 27th). Please watch your speed when driving. There will be more residents walking the trails. If you have any questions, please contact me by calling me at 301-606-2021.

## State Senator Richard Alloway

Although many lawmakers had hoped for a fresh perspective from Governor Wolf, his 2016-2017 budget proposal gave us more of the same – more taxes and more spending.

Worse yet, the bulk of those dollars would come directly out of the paychecks of working Pennsylvanians through a hike in the Personal Income Tax.

Pennsylvania working families de-

serve better.

The Governor proposes \$3.6 billion in tax hikes to support his \$33.28 billion spending plan for 2016-2017. The tax hikes include a 10.7% increase in the state Personal Income Tax, from a rate of 3.07% to 3.4%, an expansion of the state Sales Tax to include cable bills and other items, and a new tax on fire, property and casualty insurance.

Under the Governor's plan, the PIT increase would be retroactive to January 1, 2016, meaning taxpayers will owe an extra six months in back tax payments if the budget is enacted June 30.

Contrary to the governor's claims, we do not have any semblance of an agreed-to spending plan for the remainder of the 2015-16 Fiscal Year. The original framework budget was

predicated on necessary pension reform and commonsense changes to liquor laws, neither of which the governor or his allies were able to deliver. Without those critical components, we were left only with more spending and higher taxes. That is an approach that the people of Pennsylvania have overwhelmingly rejected at every turn.

The governor claimed in his budget address that there are only two paths we can follow: one with massive tax increases and higher spending, and another with draconian cuts

to schools and social services.

The people of Pennsylvania are too smart to fall for this deeply flawed line of thinking.

In a budget that includes hundreds upon hundreds of line items, there are plentiful opportunities to find savings. There is clearly no need for anyone to suggest cutting only those line items that the public would find most objectionable.

The governor's misguided line of attack makes it clear that the only way he can make his own budget proposal look even remotely palatable is by creating another scenario that looks even worse.

We can agree to disagree on legitimate public policy issues, including the size, cost and role of state government, and I welcome an honest and responsible discussion of those issues. However, the governor's strategy of resorting to scare tactics, false choices and empty threats has no place in the public discourse.

While I can appreciate Governor Wolf's desire to help our schools, his education priorities are still misplaced. We cannot solve the challenges facing our schools by simply throwing money at the problem. We need to fix a pension system that has grown too expensive for taxpayers, leading to massive property tax increases at the local level and curtailed investment in critical priorities at the state level.

Fixing education requires fixing pensions. Anything less will result in more tax dollars contributed by taxpayers and fewer dollars devoted to the classroom. That is the polar opposite of what taxpayers expect from their elected officials.

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# GOVERNMENT—NORTH OF THE MASON-DIXON LINE

## County Commissioner Randy Phiel

Credit ratings are extremely important to government entities like Adams County when we want to borrow from financial institutions. These ratings directly correlate to our borrowing ability and interest rates. This Board of Commissioners is proud that our bond rating has increased twice during our tenure to Adams County's highest level ever at Aa3. The following overview of Adams County fiscal health appeared in the February 3 issue of Moody's Investor Service profile of Adams County. I have included four relevant excerpts below. Thank you to our administration, elected officials and staff for their achievement and expectation of continued good fiscal management.

**Credit Overview:** Adams County's credit position is strong; however, its Aa3 rating is slightly under the US county median of Aa2. The rating reflects a robust financial position, a modest pension burden, and a manageable debt liability. It also incorporates a healthy socioeconomic profile and a substantial tax base.

**Finances:** The county has a very strong financial position, which is favorable in relation to the assigned rating of Aa3. The cash balance as a percent of revenues (53.2%) is well above

the US median and increased significantly between 2011 and 2014. In addition, the fund

balance as a percent of operating revenues (39.4%) is materially higher than other Moody's rated counties nationwide.

- Debt and Pensions: The debt and pension liabilities of the county are manageable. The
- Moody's-adjusted net pension liability to operating revenues (0.19x) favorably is materially
- below the US median; however, this ratio grew slightly

between 2012 and 2014. In contrast,

- the county's net direct debt to full value (0.9%) is slightly above the US median and the
- county has significant exposure to variable rate debt and swaps. Approximately 43% of net
- direct debt outstanding is in variable rate mode.

**Economy and Tax Base:** Adams County has a quite healthy economy and tax base, which are consistent with the county's Aa3 rating. The total full value (\$7.4 billion) is on par with other Moody's-rated counties nationwide, although it decreased from 2011 to 2014.

Additionally, the full value per capita (\$73,055) is consistent with the US median, and the median family income equates to a solid 106.2% of the US level.

Moving on to legislation that affects the county, our County Commissioners Fall Conference in November, CCAP members adopted a resolution expressing counties' profound frustration with the FY 2015-2016 state budget impasse and the clear message that this crisis must never happen again. With that in mind, members of the Association also selected the commonwealth budget and human services funding as our top county priorities for 2016, which includes restoration of human services funding, expansion of the Human Services Block Grant, and reversal of the child welfare rebalancing initiative, as well as a call for timely passage of future state budgets. To that end, counties are engaging in strategies to use our grassroots, our media and our lobbying efforts to carry our message to the General Assembly and the Governor's office. On Monday, February 8, as a mem-

ber of CCAP's Board of Directors, I spent the day at the capital with other CCAP Board members, meeting with Senate and House leadership to promote these priorities. Last year CCAP's 911 Funding initiative was the top priority and was passed by the legislature at least partly due to CCAP efforts.

The Adams County Law Enforcement Firearms Training Range Committee continues to make positive progress in making a county law enforcement firearms training range a reality. After getting zoning approval, we are in the process of meeting storm water management requirements. The committee has been working with CS Davidson to meet all requirements and complete final design with approvals. As promised, the project will be completed without using taxpayer dollars. The Range Committee will soon begin a community capital campaign to fund the range that will be built beside the emergency management complex. The Capital Campaign co-chairs are Sheriff Jim Muller, Commissioner Randy Phiel and Honorary Chair Senator Rich Alloway. We hope and anticipate the community will step forward to support this important initiative.

As a result of numerous inquiries regarding the well publicized Oak Lawn Cemetery abandonment situation, the Board released the following statement at the public commissioners meeting on March 2nd regarding the situation. Also, the District Attorney, in conjunction with Cumberland Twp. Police Department, now has a form on the home page of the Adams County website that can be filled out and submitted for any residents wanting to file a concern or complaint regarding Oak Lawn Cemetery: County officials have

received numerous inquiries regarding the situation at Oak Lawn Cemetery on Chambersburg Road. The Board of Commissioners has asked the county Veterans Affairs Director, Solicitor, Sheriff and District Attorney to review all authorities and remedies to this situation. According to Adams County Veterans Affairs Director Stan Clark there are 573 veterans interred at Oak Lawn. District Attorney Brian Sinnett has informed the Board that his office is conducting an active investigation. The cemetery records have been seized by authorities. We are also aware that the Cumberland Township Police Department is conducting an investigation and will be coordinating with the Adams County District Attorney's office. The first priority is to assure that burials can continue as soon as possible. We will be using all resources available to us and coordinate with other agencies in attempting to ensure the residents and families of our community are protected and cared for in resolving this unacceptable situation.

The new 911 Digital Emergency Radio System has extreme significance to every resident of Adams County. I am very pleased to report that the installation of mobile radios is on-going for County fire vehicles with law enforcement radios already being distributed. Distribution of pagers is underway for fire and emergency medical personnel. The new digital 911 radio system continues to work extremely well - far surpassing our expectations and we have reports that emergency responders are very pleased.

The County and State await word from Washington, D.C. and FEMA for a possible Presidential Disaster Declaration which could bring hundreds of thousands of dollars in snow storm recovery re-

lief for our municipalities, non-profits, school districts and County government. This is in response to the Blizzard of 2016 in January.

The new Adams County Human Services Building (Herff Jones) design is in full swing. After meeting with department directors for input, Adams County Human Services Building Architect Crabtree & Rohrbugh has been working with the core design committee to come up with a general interior design. At the point the general design is completed, it will go back to the department directors for review and comment. The design will then return to the core committee and the overall Design Team. Our objective is to have the design completed by the end of March, go out for bid in April, have bids returned in May - and begin renovation in June. This is an extremely significant project for our residents and the Board would like to thank everyone involved with the design for your efforts.

It's the end of March and spring fever is in the air. While driving back the lane to my house, I was amazed to see that my neighbor's tulip tree was beginning to bloom. Although this makes me optimistic - I could not help but recall the March 1993 Super Storm as the most significant blizzard I have ever witnessed. After three days at a standstill, I can recall the NPS having to get mega front end loaders from the stone quarry to open up Emmitsburg Road, the south end of the Park and the west end of the Park in the area of the Railroad Cut and the Peace Light. Despite that fading memory - I will still optimistically go ahead and get my lawnmowers tuned up. On behalf of the Board, I hope everyone had a wonderful Easter weekend. No matter what you do - get out there and experience all the historical, recreational, agricultural, natural and cultural opportunities.



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<p><b>1095 Hanover Rd., Gettysburg, PA</b> Your address if you are into Civil War or spending time in a peaceful setting. <b>\$259,900</b></p>	<p><b>106 Sour Mash Tr., Carroll Valley, PA</b> Attractive, 4BR, 2.5BA, lg. rooms, porch, garage, driveway/unfinished basement, all appliances conven. <b>\$257,500</b></p>	<p><b>394 Seven Stars Rd., Gettysburg, PA</b> 3BR, 2.5 BA, spacious contemporary, fireplace, 2 car alt. garage, fruit trees. <b>\$264,900</b></p>	<p><b>213 S. Penn, Shippensburg, PA</b> 2 story colonial, 3 bedrooms, 2 baths, 0.48 acres. <b>\$64,900</b></p>	<p><b>298 Mainsville, Shippensburg, PA</b> 3 bedrooms, 1 bath bank owned rancher, great opportunity, needs work! <b>\$82,900</b></p>	<p><b>1275 Mt. Hope Rd., Fairfield, PA</b> Perfect setting for getting away from crowds &amp; into nature. Semi-rugged outdoors, welcoming &amp; cozy inside. <b>\$249,000</b></p>	<p><b>44 Edgewood Circle, Chambersburg, PA</b> In beautiful Guilford Hills, 3100+ sq. ft., rambler w/ amenities, comfortable &amp; gracious living. <b>\$359,900</b></p>	<p><b>189 Bell Rd., Westminster, MD</b> Spacious 4BR, 2.5BA, family rm./wine/pantry, outdoor, deck, 2 car garage. <b>\$365,000</b></p>	<p><b>40 Moritz Rd., Orrtanna, PA</b> 33+ ac. Apple Orchard in Adams Co. 3 BR, 2 BA home, barn, spring &amp; pond. <b>\$368,000</b></p>	<p><b>6029 Fairfield Rd., Carroll Valley, PA</b> 2 large units, (2BR, 2BA &amp; 3BR, 2BA) on the golf course. Great investment property or just to live in. <b>\$189,900</b></p>								
<p><b>17 &amp; 19 Spring Tr., Carroll Valley, PA</b> 1.37 ac., Public water or well req., perc. apprx., 2 lots sold together, near skiing and golf. <b>\$29,900</b></p>	<p><b>27 Forest Tr., Carroll Valley, PA</b> - 0.80 ac., well req., perc. apprx., L-shaped lot, motivated seller. <b>\$17,500</b></p>	<p><b>34 Veronica Tr., Carroll Valley, PA</b> - 0.83 ac., well req., perc. apprx., beautiful wooded lot. <b>\$20,000</b></p>	<p><b>23 &amp; 25 Gladys Tr., Carroll Valley, PA</b> 1.03 ac., well req., perc. apprx., 2 lots not combined offered as a parcel, near skiing &amp; golf. <b>\$59,000</b></p>	<p><b>1875 Cold Springs Rd., Fairfield, PA</b> 9.50 ac., well req., perc. apprx., private &amp; secluded, close to ski resort and golf course. <b>\$99,900</b></p>	<p><b>22 Kern Tr., Carroll Valley, PA</b> 2400+ sq. ft. plus lower level in-law quarters on 1.96 ac. behind the ski mountain, very private setting. <b>\$239,900</b></p>	<p><b>795 Jack Rd., Orrtanna, PA</b> - 6.46 ac., well at site, wooded, close to skiing &amp; golf. <b>\$89,500</b></p>	<p><b>741 Jacks Mountain Rd., Fairfield, PA</b> 19.60 ac., well req., perc. apprx., 2 perc. sites, 2 streams, approx. 1 ac. of wetlands. <b>\$175,000</b></p>	<p><b>365 Bottom Rd., Orrtanna, PA</b> - 2.02 ac., perc. apprx., beautiful wooded parcel. <b>\$44,900</b></p>	<p><b>37 Bluebird Tr., Carroll Valley, PA</b> - 0.52 ac., perc. apprx., great opportunity! <b>\$65,500</b></p>								
<p><b>13 Oakridge Tr., Carroll Valley, Pa</b> - 0.61 ac., well at site, perc. apprx., peaceful, private, low perc. rate of 29. Permit &amp; septic design done, easy placement of home because of 200' road frontage. Motivated seller, make offer. <b>\$39,900</b></p>																	

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## THE PASTOR'S DESK

# The meaning of Easter

**Pastor Colin Phillips**  
**Trinity United Methodist Church,**  
**Emmitsburg**

Greetings to you and to your families.

As I set down these thoughts, we are approaching Easter 2016. Christians remember at Easter the Last Supper, the Crucifixion and the Resurrection of Jesus the Christ, the Son of God. "Christ", from the Greek word "Christos", means anointed one or chosen one. Jesus was arrested, tried and crucified in Jerusalem between Thursday and Friday, during the Jewish Passover week. On Friday he died. On Sunday, after his burial in a donated tomb, his body was gone, and was never found. Angels present at the tomb declared that God had raised him from the dead. Later, he appeared over a period of forty days to his disciples and to many followers before ascending into Heaven. They could touch and see his real, spiritual body. These events are described in the New Testament. The Easter events are the core of Christian faith.

"Easter" occurs from March 22 to April 25. This year, Easter is early. The dating of Easter comes from the first Council of Nicaea, held in

the year 325 A.D. in a region of what today is Turkey. Easter is celebrated each year on the first Sunday following the new full moon which occurs on or immediately following the Spring equinox.

What is the origin of the term "Easter"? In the New Testament, the Greek word "pascha" is used for the Aramaic form of the Hebrew word "pesach", which means "Passover." Remember, Jesus actually died during the Jewish Passover week, on Friday, on the Cross. Over the first five centuries of the Christian Church it gradually came to mean Easter, and then the actual word "Easter" appeared in English during the eighth century. This word may have originated in the name "Eoster", the name for the pagan goddess of the Spring, or in a German word for "dawn." But the Christian festival of Easter is unique and has its roots firmly in the eye-witness accounts of the appearances by the resurrected Jesus Christ, the origin of Christian faith.

Many people attend worship services on Easter Day, including persons who do not regularly go to Christian worship services, but Easter is not actually celebrated by all Christians on the same date, despite

the complicated formula from the Council of Nicaea explained above. The Eastern Orthodox and Russian Orthodox churches base their Easter on the Julian calendar rather than the Western Gregorian calendar. The Orthodox Easter this year 2016 will be on May 1st.

Many years ago I was present in Athens, Greece on Easter Day, and I worshipped at the Greek Orthodox cathedral. I couldn't speak the language and the church was packed beyond imagining – hundreds of persons jammed shoulder to shoulder. I have never forgotten that experience. I was overwhelmed by a sense of mystery, and this informed the growth of my own Christian faith. The object of our faith – the Risen Jesus Christ – is essentially mysterious. He is beyond words.

There are no words to describe what actually occurred on the first Easter. We are left with the powerful witness of the women and others who went to the tomb that morning. They didn't understand what happened, and neither do we. What we believe however, and affirm in our worship, in our prayers, in our faith, is that God raised Jesus from the dead. Now he reigns in eternal glory. This is the testimony pro-

vided by the Bible, especially the Book of Revelation, where we receive descriptions of the heavenly city and of Christ on his throne.

The message of Easter still thrills me, overcomes me. Since I became a United Methodist pastor in 1977 I have worshipped the Risen Christ at each Easter dawn, all except one. Almost every Easter dawn since 1978 in Maryland has been a breathtaking experience, sometimes with geese flying overhead and singing wildly to salute the Risen Christ. Again this year, God Willing, I will be worshipping at 6.30am, amongst the still, early morning orchards in Carroll County.

But one year I was not worshipping at Easter sunrise. I was born and raised in England, to where I return almost every year during my travels. In 2003 my mother was dying of cancer, so I went home to Bristol in South West England at Easter. It was the last time I saw my mother alive. She was frail and fragile, God bless her, but we went to church on Easter day, she and my dad and brother and I. The next day I said goodbye, knowing I would never see her again in this life. It was the most terrifying moment of my life. I wept and was filled with guilt, because I had to return to America.

What I didn't understand fully at the time was how God works within our souls, within our innermost be-

ing, to accomplish his goals. I have never stopped missing my mother, but she appeared in a dream some weeks after her death, which was in July. In my dream I entered a bare room and my mother was in there, with her back to me, playing her beloved piano. The music was joyous.

It is a central teaching of the Apostle Paul, to whom the Risen Christ appeared on the road to Damascus after the Ascension into Heaven, that we remain united through Christ with our loved ones who died in the faith. Jesus Christ is the Lord of both the living and the dead who died in faith. By Christ the bonds of death have been shattered. What does that mean?

Easter every year celebrates not only the Resurrection, that mystery beyond all mysteries, that great truth before which we bow in faith and hope and trust, but also all our relationships which appeared torn apart by death, but which in actual fact remain real and eternal. Those of us who have faith in the Risen Christ can never be torn apart, not even when death occurs. My mother and me are united.

To learn more about Trinity United Methodist Church, visit them online at [trinityumc.yolasite.com](http://trinityumc.yolasite.com) or better yet, join them for Sunday service at 9 am, 313 W Main Street, Emmitsburg



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# Dragon legends



mixed up with other myths and facts originally unconnected with them. The mediaeval naturalists, too, by recognizing the dragon as a genuine existing animal known to science and travellers, laid a foundation for innumerable varieties of the legend. Thus, at Aix, the fossilized head of an extinct Saurian reptile is shewn as the veritable head of the dragon slain by St. Martha.

In churches at Marseilles, Lyons, Ragusa, and Cimiers, skins of stuffed alligators are exhibited as the remains of dragons. The best authenticated of all the dragon stories is that of the one said to have been killed by Dieudonne, of Gozo, a knight of Rhodes, and afterwards Grand Master of the Order, in the fourteenth century. The head of this dragon was carefully preserved as a trophy at Rhodes, till the knights were driven out of the island. The Turks, respecting bravery even in a Christian enemy, preserved the head with equal care, so that it was seen by Thevenot as late as the mid-

dle of the seventeenth century; and from his account it appears to have been no other than the head of a hippopotamus.

Real persons have, in some instances, been made the heroes of legends as wild as that of Perseus. The ignorant, unable to appreciate or even to comprehend the mere idea of literary fame, have ever given a mythical reputation to men of letters. In Italy, Virgil is still spoken of as a potent necromancer; and a sculptured representation of St. George and the dragon on the portal of a church at Avignon has conferred on Petrarch the renown of a dragon-killer. According to the tale, as Petrarch and Laura were one day hunting, they chanced to pass the den of a dragon. The hideous monster, less ravenous than amorous, attacked Laura; but the poet rushing to her assistance, killed the beast with his dagger.

The festival of the Rogations, anciently held on the three days preceding Ascension Day, were the prime source of dragon legends. During these days the clergy, accompanied by the church officers and people, walked round the boundar-

ies of their respective parishes; and at certain pre-scribed spots offered up prayers, beseeching blessings on the fruits of the earth, and protection from the malevolent spirit of all evil. To a certain extent, the custom is still observed in many English parishes. In the ancient processions, there was always carried the image of a dragon, the emblem of the infernal spirit, whose overthrow was solicited from heaven, and whose final defeat was attributed to the saint more particularly revered by the people of the diocese or parish. On the third day of the processions, the dragon was stoned, kicked, buffeted, and treated in a very ignominious, if not indecent manner. Thus every parish had its dragon as well as its saint, with a number of dragon localities—the dragon's rock, the dragon's well, &c., so named from being the spots where the dragon was deposited, when the processions stopped for refreshment or prayer.

To read other selections for Robert Chambers' Book of Days visit [www.the-bookofdays.com](http://www.the-bookofdays.com).

In all the wide domain of the mythical and marvellous, no legends occur so frequently, or in so many various forms, as those which describe a monstrous winged serpent, or dragon, devouring men, women, and children, till arrested by the miraculous valour or saintly piety of some hero. In nearly all of these legends, a maiden, as the special victim of the monster, and a well, cave, or river, as its dwelling-place, are mixed up with the accessory objects of the main story.

The Grecian mythology abounds with such narrations, apparently emblematical of the victory gained by spring over winter, of light over darkness, of good over evil. Nor was this pagan myth antagonistic to the language or spirit of Christianity. Consequently we find a dragon—as the emblem of sin in general, and paganism in particular—vanquished by a saint, a perpetually recurring myth running through all the ancient Christian legends. At first the monster was used in its figurative sense alone; but in the darker ages, the idea being understood literally, the symbol was translated into an acknowledged fact.

In many instances the ravages caused by inundations have been emblemized as the malevolent deeds of dragons. In the seventh century, St. Romanus is said to have delivered the city of Rouen from one of those monsters. The feat was accomplished in this very simple manner. On Ascension Day, Romanus, taking a condemned criminal out of prison, ordered him to go and fetch the dragon. The criminal obeyed, and the dragon following him into the city, walked into a blazing fire that had previously been prepared, and was burned to death. To commemorate the event, King Dagobert gave the clergy of Rouen the annual privilege of pardoning a condemned criminal on Ascension Day; a right exercised with many ceremonies, till

the period of the first Revolution. This dragon, named Gargouille (a water-spout), lived in the river Seine; and as Romanus is said to have constructed embankments to defend Rouen from the overflowing of that river, the story seems to explain itself.

The legends of Tarasque, the dragon of the Rhone, destroyed by St. Martha, and the dragon of the Garonne, killed by St. Martial at Bordeaux, admit of a similar explanation. The winding rivers resembling the convolutions of a serpent are frequently found to take the name of that animal in common language, as well as in poetical metaphor. The river Draco, in Bithynia, is so called from its numerous windings, and in Italy and Germany there are rivers deriving their names from the same cause. In Switzerland the word drach has been frequently given to impetuous mountain torrents, which, suddenly breaking out, descend like avalanches on the lower country. Thus we can easily account for such local names as Drachenlok, the dragon's hole; Drackenreid, the dragon's march; and the legends of Struth, of Winkelreid, and other Swiss dragon-slayers.

But the inundation theory will not explain all dragon legends. Indeed, it would be as easy for a supernaturally endowed power to arrest the overflowing of a river as to destroy a dragon, admitting there were animals of that description. But such a comparison cannot be applied to the limited power of an ordinary man, and we find not only saints, but sinners of all kinds, knights, convicts, deserters, and outlaws, figuring as dragon-killers. And this may readily be accounted for.

In almost every strange object the ignorant man fancies he discovers corroboration of the myths learned in his childhood; and, as different periods and places exhibit different phenomena, legends in course of time are varied by being


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## COMMENTARY

## Words from Winterbilt

## Don't trust the press?

Shannon Bohrer

How many times and how long have we heard from political candidates, disgruntled persons and or groups tell us that we cannot trust the press. It is understandable that individuals and groups would tell us not to trust the press, especially if the press is saying something the individuals and groups don't want you to hear. For sport, after political debates I go to my trusted news source, the internet, and read the fact check articles. Generally, the well-known fact check sites give factual data as to why someone told the truth, or did not. What is amazing to me is that so many things said in the political debates – are not true. I started this practice while watching a debate between two candidates. During the debate one candidate (VP-DC) made a claim and said the audience could go to factcheck.org and find out he was telling the truth. When I went to the website, I discovered he gave the wrong web site and when I found the real web site, they said he was being untruthful - more than he was truthful.

While the reputable web sites seem devoted to the real facts,

there are some sites devoted to misrepresenting the facts. These web sites were created to explain why a political candidate said something that does not appear to be true, but is true in the context it was used. Well it could be true if the context existed! Some of the sites seem disguised – to appear to be a news site, when they are really an extension of one's political entity. So when a political candidate says something that is not true, many times you can visit their news site and find out it could be or might be true in the future, at least in the context it was meant to be used.

So when a political candidate says you cannot trust the press, what they are saying is that you cannot trust the press of their political opponents, or the mainstream press, but you can trust them. Of course when they all say that then we have decisions to make. Which party or candidate(s) do we believe? The answer is obvious, we trust the press if they say nice things about the candidate we support. Therefore, thrusting the press is really dependent upon which candidate you support, if that makes sense.

While it is understandable that many people tell us not to trust

the press, one might asked, where should be get our news? We all know that there are different news sources and many of them have a bias in one direction or another, which is nothing more than being human.

The first amendment to the constitution says: "Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press; or the right of the people peaceably to assemble, and to petition the Government for a redress of grievances."

The first amendment has five freedoms that our founders believed to be very important. And over the history of our country the freedom of speech and the free press has been instrumental in our development and progress as a nation. Historically, the knowledge and information that we have had from the colonial days to the modern era, to make informed decisions has always come from a free press. At one time the free press was limited to newspapers, but today the press includes newspapers, radio, television and the internet. In fact there are news sites; including some internet pages, that seem devoted to justifying controversial issues and topics. Literally, you can find a

justification for just about anything if you look long enough. There are sites justifying racial hatred and devil worship, attempting to have others drink the cool aide. While we have the right of free speech; there is nothing that says the speech needs to be truthful, and that seems to be a problem for many.

So it is easy to see why some people say you cannot trust the press, but then we come back to the question – where do we get our news and information? Well, we usually get our information from a free press. Where else would it come from, your local electrician, your barber, maybe from your friends at the coffee shop? Of importance, if we agree with the information in the news we believe it. But, if the information does not fit with our beliefs, then we disagree with it often labeling the information source as a biased media. So it is often our belief that we have that determines if we agree with the press.

"The free press is the mother of all of our liberties and our progress under liberty" - Adlai Stevenson

It has been said that we see or hear what we want to see or hear, which is often true. Not only do we see and hear what we want, we can disregard information that does not support our thoughts, and give extra weight to information that confirms what we think. Psychologists call this a bias conformation,

meaning we filter the information we receive, giving more weight to information that confirms our beliefs and ignoring information that does not fit with our beliefs. Sometimes, when someone asked a question, they don't want your opinion; they want you to confirm their position.

In our political climate we have very strong beliefs on numerous sides, so it should not surprise anyone when they hear a news story that either fits their thoughts, or conflicts with them. But, just because a news account does not conform to ones beliefs does not mean it's not true. If one of the candidates for president walked across the Potomac River the opposition side would say that person cannot swim.

So when the "Main Stream" media is accused of having an agenda, it could be true. The agenda may lean right or left, but that does not mean it's not true. So when candidates tell you that you cannot trust press, it could be logical if you support that candidate. But in the larger arena, not trusting the press is just not logical. It implies that one gets their news from the stranger on the street corner, or worse, from the politicians.

"The only security of all is in a free press." - Thomas Jefferson

To read past editions of Words from Winterbilt, visit the Authors section of Emmitsburg.net.

## Common Cents

## Pax Europaea

Ralph Murphy

British Prime Minister David Cameron recently announced plans to hold a national referendum as to whether or not to stay in the European Union. It is being called a BREXIT. The poll is scheduled for 23 June and has drawn impassioned and often contradictory statements from the Conservative or Tory party now in control of Parliament and the opposition, center left Labour Party.

Cameron, in recent press statements, is strongly supportive of the British maintaining an EU presence. The position itself isn't shared by his own party and his vision of a "European Union" may be misunderstood if past, public statements are an indicator of his current conviction. The European Union is a political, economic and even cultural alliance of nations developed in post World War II Europe during a period that has become known as Pax Europaea or European Peace. There have been countless civil wars as well as the Cold War spanning the EU and its predecessor European Economic Community (EEC) exposing East and West economic ideologies to global, almost Biblical, confrontation.

The 28 member EU is run largely by legally unchecked dictate from Brussels, Belgium since the

2009 Treaty of Lisbon. It can and does ascribe social as well as economic and political policies. They include tolerance for the influx of unskilled refugees from outside the EU, despite double-digit unemployment of its members and deadly confrontations with impoverished and hostile Muslims. Debt issues are also a huge problem and both were alluded to in a 2013 speech that Cameron made as a prelude to the 2015 elections, which again the Tories won.

In this speech Cameron blasted the EU's various ruling organs, but especially the Executive Commission's role as "not acting on behalf of the people". Specifically he cited a "lack of democratic accountability and concern that is felt particularly in Britain." He bemoaned Brussels' taxes that England couldn't redress as "bailouts for the other side of the continent" for which England was a net loser. He noted in the speech that the "first purpose of the EU is to secure peace", but the organization doesn't have a defense structure and not all its members are NATO members which had assumed that role during the Cold War era from 1946 to about 1990 with the dissolution of the Soviet Union.

Cameron cited three problems in EU dealings that don't appear to have changed since the election last May. The Eurozone of 19 member's shared currency is demanding

and exclusive. There is a perceived "crisis of competitiveness" as nations abroad "soar ahead" amid imposed costs and production caps. There is also a "gap" of Brussels' understanding as nations differ as to culture and related politics and economics. All the while, the British Prime Minister extolled a place for a European Union, but when it comes to actual policy issues he appears to want it redrawn. His criticisms were scathing and backed by quantifiable monetary debts as well as qualifiable, but no less troubling loss of "comfort" that relate to lost border controls. London mayor and Conservative party Member of Parliament (MP) Boris Johnson is spearheading the BREXIT cause as ironically Cameron now officially campaigns against a withdrawal from the EU structures. The Tories are split as is Labour though its leader Jeremy Corbyn who signaled very similar platform concerns with the EU that Cameron issued in his pre election speeches. Labour now has a "party commitment" to stay in the EU, but it doesn't appear to appeal to the left.

The EU's basic objectives were to "promote peace and well being, offer an area of security and justice without internal frontiers, and sustain development based on balanced growth". There is near anarchy on many borders due to immigration and refugee tolerance as domestic

resources nor inclination to share with the strangers, has often led to violence. Justice is internal to member states, and there's some accord to British Common law or Roman law but it varies and is checked only by international law that is broad as to internal, national concerns. Injurious ethnic cleansing and genocide are illegal. Growth of production is a function of resources and training as well as its ability to meet demand with the appropriate work ethic, expertise and ability. All can vary by region, but education could be promoted for non-governmental organizations to help the measures.

Cameron's vision of a European Union - apparently a Pax Europaea that can be institutionalized for the betterment of all peoples, should be viewed in a broader framework of regulated competition. It would establish firm, border controls that would allow legal travel or immigration according to domestic need-not external mandate. Trade patterns would be similar with foreign goods that are imported or exported unless the cash outflow or trade balance is too costly. Then there could be controls as to tariff or quotas. Multi national companies could also be allowed in host nations as they do create jobs and, if domestic producers aren't crowded out, are routinely beneficial to both nation of charter and production.

The EU and Cameron's security concerns are valid, but most of the post World War II problems have been civil unrest and can be aided as addressed internally by the fed-

eral government. It could include aid from neighboring countries as well - if legal. Other security issues are also addressed by the UN when its role is once again effective. If the conservatives and liberals in the UK and elsewhere can agree on any single policy commitment- ideally, it would be one of peace and prosperity based on internal resources. Nationalist identity is a consistent bond for a people. It even includes an emotional attachment, which is difficult to import.

A BREXIT might require some short term diplomatic finesse, but traditional political and economic exchanges relating to both internal and external markets would surely continue with renewed London control. All nations who trade or engage with the British people could benefit from accords reflecting their own demand not that of a distant EU leadership dictate. Whatever the impetus for the EU development and spiral to absolute legal control, the result has been unceasing border and debt flareups, poverty and death. The world will watch to see what British voters decide in June. But, it may be a mere formality as the sentiments do appear widely felt. The alliance must be redrawn for a union based on a framework of very apparent, external competitive pressures - not false hopes manipulated by skilled con men for suspect gain.

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# The American Mind

## It's still the economy, stupid

William Hillman

Don't listen to all that chatter and misdirection the news media is feeding you. If you want to know what is really going on with this year's presidential election, it's simple. It's the economy. It's jobs, it's personal debt, and it's financial security.

If you spend any time listening to the news you'll soon be convinced that overnight this nation, which 8 years ago elected its first black president and four years later reelected him; witnessed gays winning their right to marry; emptied its pockets when disaster struck Asia; has suddenly, turned vicious, racist, a hate-filled xenophobic mob with pitchforks and torches roaming the streets at night looking for Mexicans and Muslims.

I don't believe it and you shouldn't either. The media is dead wrong.

It is true that people are worried, scared and pissed about their lost jobs and fewer job opportunities, the economy, and their future. Every primary exit poll conducted so far has told us that. The number one reason people are voting is because of the economy. And they are voting in record numbers.

Let's look at the economic numbers. For the first time since the data has been collected, more business are reported closing than opening. That tipping point occurred in 2008 and it has just gotten worse since then. 30% of American workers have seen their income decline during the last 16 years. Income for the next 20% of work-

ers has not changed. On the surface, unemployment numbers look promising, but a look inside the labor participation rates reveals that the decline is due to workers just giving up, dropping out of the workforce, or taking much lower paying jobs than their skill sets would warrant.

The Bush-Obama economic policies have been a complete failure for the American worker. Hyper-regulations have put a strangle-hold on small business; our U.S. tax code is written to encourage big businesses to keep their money out of our economy and the Federal Reserve has held interest rates so low that banks charge consumers to hold their money. For people in the lower economic tiers of our society, these policies have essentially thwarted their ability to save money and accumulate any kind of wealth. At the same time that money for business start-up and expansion should be cheap, banking regulations make it almost impossible for small business to get it.

Small business always has been the wealth generator for the middle and lower middle class. But, big government, unions, and big businesses do not like small business. Apple, Google, Ford - all the top business - know that their biggest threat is not each other, but some unknown, small business starting up in someone's kitchen or garage. That's how these big businesses got their start; they know it's where innovation is most powerful. And, it is why big businesses love government regulations and the current monetary policies; it helps pro-

tect them against those small, unknown innovators. Politicians may give lip service to small business, but they get their campaign financial support from big business and unions. (Unions hate small businesses more than anyone, because small businesses are too small to organize).

What American workers need to maintain and expand personal income is small, highly responsive, and flexible manufacturing that is based on jobs that require cognitive powers and physical dexterity. These are the jobs for workers in the 20% and 30% wage brackets, where wages have fallen or stayed stagnate. And it's the type of manufacturing where mass production and automation do not excel, because mass production and automation are not flexible, adaptable, or quick to change.

This need for small, highly responsive, and flexible manufacturing has always been true but now with increasingly cheaper automation and the increasing relocation of repetitive task jobs to low wage regions like China, addressing the problem has become more urgent. I should say that there is nothing wrong with lower cost manufacturing - it's how a cell phone made 30-years ago, was the size and weight of a brick, and costing \$2,000, now has more computing power than an Apollo rocket, weighs less than my wallet, and can be obtained for just about nothing.

Our government needs to increase new business start-ups by freeing up our capital markets. As an example of



how it currently fails us, consider that the present U.S. tax on foreign profits creates an environment where Apple has \$150 Billion sitting "outside" the U.S. because the U.S. tax to bring it in is too high. And since our Federal Reserve's borrowing rate is so low, it is cheaper for Apple to borrow \$130 Billion for a stock buy back than it is to use the \$150 Billion they have sitting in their off shore accounts. Another way of thinking about it - our current tax policies and monetary policies have big businesses burying their profits in their backyards while they suck up all the available credit in our neighborhoods.

These tax and monetary policies leave nothing for the small guys.

We also need to start scrapping regulations - from zoning laws that prevent people from running a business from their home to licensing laws that limit who can cut toenails. The entire health care insurance system that puts the payment burden on employers is regulatory insanity at its finest.

The only way to get out of our current economic predicament is real economic growth - creating of jobs that allow us to take care of our families and give us a sense of self-worth and of being needed.

All the chatter and whining about hate and racism, et cetera might be a manifestation of this economic problem, but it is not the problem. The economy, job income, and job security are the problem. And since our current predicament is the direct result of the monetary, tax, hyper-regulation of the Bush-Obama economic policies, the question to ask yourself is, which candidate will stay the course and which one is most willing and able to take on big government, big business, and the unions, and enact policies to help grow the economy. I'm not sure any of them are.

To read past editions of *The American Mind*, visit the Authors section of [Emmitsburg.net](http://Emmitsburg.net).

# Down Under

## The doves have flown

Lindsay Coker  
Melbourne, Australia

The grim fact is that we prepare for war like precocious giants and for peace like retarded pygmies.

Lester Pearson, March 14 1955

It's not hard to understand why many of you are angry with your government. From here in Australia that institution seems to be broken, with hawks flapping their wings as they appeal to an emasculated electorate. Simplistic sound bites stand in for policy and publicity stunts act as the height of information. When we also learn that education standards are declining and real wages are actually growing less, we note that the staple of your economy, the middle class, are descending the ladder of penury. When 5% have 90% of the wealth it is easy to see why you all want to see a little fair play and decency, clarity and responsibility displayed by the candidates instead of more rehashed drivel.

The choices you face seem impossible, but deal with them you must. It is too easy to throw up your hands in despair and retreat into the quicksands of hope. The reality is that much of the world depends

upon you to campaign for sanity and balance, because America is still the framework for democracy upon which countries must build. It will be hard, but much depends on the choices you make. The history of the decline and fall of American politics began in 1789 when your current election system was put in place, and that will not change - but if you could step outside the walls of your country you would see that it requires a far deeper understanding of what was intended than you currently have. The easy road has led to your current quagmire.

Democracy is the opposite of Autocracy, and the real challenges that now face every other democracy puts your current angst to shame. Democracy is also the antagonist of plutocracy; the super rich plan the future for their benefit, not yours. They use every trick in the book to keep you down, and blind you to the reality of their illusions. There was a time back in the 90's when the rose coloured specs were firmly in place. Russia had been humbled, Vietnam divided, Iraq, Egypt, Syria were quiet about their intent, Myanmar didn't count, North Korea was too stupid for words, Iran was on

side and a golden age of peace and prosperity was about to enter. Democratic Capitalism had proved itself the superior system. Communism in China was morphing into quasi-capitalism, and the great American ego was on stage. We in Australia jumped on the bandwagon, flashed out teeth at the cameras, and became sycophants. We could strut with you. Oh, what a feeling that was.

But then the wheels came loose. The idea of converting autocracies to friendly democracies and making the world benign for civilized mankind was a dream from the hashish pipe. Insurgencies, terror cells, clandestine networks all spread like weeds through the carefully tended garden. It was time to act. Afghanistan, Iraq, then others had to be shown who was boss. The war machine ramped up, the medals gleamed, glory was on parade. Then the wheels started to fall off. The Taliban fought back, nine eleven happened, and Saddam had to be removed. The axis of evil started to fire back, and the glorious west was dumbfounded by their temerity. Russia decided that head bowing was not their way, Putin put in the boot, vassal states were reclaimed.

Autocracies formed alliances. Russia smooched Syria, aided China who protected North Korea. The middle east went mad with indiscriminate annihilation of 'others',

the Taliban reemerged from Pakistan, and the sorry circus began to spin. America, unprepared, hid this in a fluster of deployments, caught between Afghanistan and Iraq-Syria. Europe reeled at the terror now on their streets. Strike forces struck, and the EU got caught up in caring for humanity as it streamed out of Syria - the only ones willing to do so - and this displacement of people is producing stresses that will reverberate for centuries. The UK is now split between socialist and far right, and may secede from the EU. Russia is undermining Poland's democracy, and looking to other former occupied lands in which to do the same. Germany is in terrible financial trouble, and fault lines are widening.

Autocracies on one side, us on the other. Will we side with dictatorship, or rule by vote? No matter that poor old democracy is wounded, bandaged, in need of oxygen and oxytocin, (there's still enough adrenalin) and looking for a clean hospital bed, would you want to be under the dictates of one person and his coterie? Russians find theirs more than acceptable, as their government seems to have their overall interests at heart and Mr. Putin is reestablishing former clout, even greatness. Of course, you dare not disagree openly or vehemently, or try to publish contrary positions.

China aims to reclaim her age old status as an empire without fir-

ing a shot, if that is possible. This is the most formidable challenge to democracy of this decade, perhaps this century. There are many in this camp because they live off the trade involved. We do, you do, and the schizophrenia that results is making us a basket case. The result so far is that the 'free' world has lurched to the right, because that lot control the media and the armed forces. A cataclysmic collision may be the result.

There is one thing the right have never got right, however: the peace. And you seem to have no choice if that is what you really want. All the front-runners yearn for war. Only Mr. Sanders seems rational, taking in the establishment and highlighting the legacy of plutocracy, which has surely caused the shocking financial imbalance that is lowering your living standards and turning you into wage scabblers. As well, his message is that of normality, a step back from the madhouse. At the other end of the bell curve lies Mr. Trump, who would love to blow the world apart and you with it. But then, he's a plutocrat and doesn't really care about you.

I'm off looking for doves. If I find some I'll send them over. You are going to need them.

To read past editions of *Down Under*, visit the Authors section of [Emmitsburg.net](http://Emmitsburg.net).

## COMMUNITY NOTES

# Wantz Chevrolet-52 years of customer service

“Wantz Chevrolet is determined to be Carroll County’s premiere community Chevrolet dealership. We will do so by providing our neighbors with exceptional car buying and service experiences, featuring effective customer service, reliable workmanship, superior goods and fair, affordable deals delivered with ease. We will ensure that all customers are treated in a friendly, efficient manner, remembering that exceeding their expectations is our number one goal.” The mission statement of a 52 years and counting business that started most humbly as a Chevrolet dealership remains to be the principle goal of the Wantz Chevrolet dealership in Taneytown.

Mr. Leonard Wantz began his journey into the business over 52 years ago, as he began working part time servicing cars for a gentleman named Mr. Merle Ohler, who was the first Chevrolet dealer in Taneytown. In his young teens, Mr. Wantz was offered an opportunity to work at the local car dealer. After starting as a part time employee, Mr. Ohler soon took a liking to Mr. Wantz, and part time work soon turned into full time work.

As time went on, Mr. Ohler began mentioning his need to give up the business due to his declining health and had inquired about Mr. Wantz’s interest in the business. Around the time of the inquiry, Mr. Wantz was drafted into the Army, and his work at the dealership, and interest in the business, was placed on hold. The business, however, was still promised to Mr. Wantz, even after choosing to enlist in the National Guard.

Mr. Ohler’s health had declined significantly in the time Mr. Wantz was away. Out of necessity he had sold the business to a gentleman named Mr. Lowry. Mr. Wantz married his sweetheart after returning, and then went on to work for Mr. Lowry for about a year. During this year, he continued servicing cars, but on his own began selling cars and trucks and kept the business open on Thursday and Friday evenings as well as Saturdays.

As he recalls, one day out of the blue, the Chevrolet zone manager came into the dealership and informed him that he could become the Chevrolet dealer since the present owner was no longer interested. Newly married, the thought of taking over the Chevrolet dealership without the funds to purchase the business was scary and daunting. He sought the advice and council of his wife and father and they both encouraged him to proceed.

Mr. Wantz remembers that Mr. Ohler was residing in Florida at the time. Mr. Wantz and his father decided to drive down to visit Mr. Ohler in order to discuss the business. After speaking to Mr. Ohler about concerns with finances, Mr. Ohler informed them that financing would not be a problem. He advised them to return to Taneytown and begin to establish the dealership. On March 5, 1964, at the age of 23, Mr. Wantz became the dealer principle and Wantz Chevrolet was formed.

The business was originally located on the west side of Taneytown, two miles west of the present location. The business was small to start, only housing five service bays.

Since new vehicles were at a premium at the time, there were only six models of cars and trucks available. Wantz Chevrolet also sold American gas from pumps located in front of the showroom.

In 1970, the Wantz family decided to add to the service department. Later, in the 1980’s the family purchased what was once known as the Raft Restaurant and converted it to a showroom and offices. A little later, they bought the AMOCO station on York Street because they needed a facility to clean their vehicles. Finally on July 4, 2000, after 10 years of planning, Wantz Chevrolet moved to their current location at 1 Chevro Drive. The facility was most recently renovated in 2015, in order to comply with the latest GM facility image program, and now encompasses 30,000 square feet.

Business at Wantz Chevrolet has certainly changed since its initial opening in 1964. As Mr. Wantz likes to say “In the early days, business was done on a handshake and overall the business of selling cars was easier.” At that time, vehicles were mechanical, there were no worries about computer failure within the cars, as computers real-

ly didn’t make an appearance until later in the 80’s. In our modern age, vehicles are computerized. Today, automobile technicians must have an immense understanding of the programming, installation and inner working of the computers found inside the vehicles. A far cry from the 1960’s when turn signals,

heaters and defrosters were optional, today’s technicians spend a great deal of time working with computerized programs that control these and many other features.

Born and raised in Taneytown, Mr. Wantz noted the changes in the town since the start of Wantz Chevrolet. When he began, Taneytown



Leonard Wantz, founder of Wantz Chevrolet



The staff of Wantz Chevrolet celebrating of the opening of the new showroom.

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# COMMUNITY NOTES



The original Wantz Chevrolet dealership on route 140 west of Taneytown.

was a rural community, a heavily noted farming town. So the business relied on selling trucks to farmers in the area. As time has progressed however, the town has made the transition from a farming community to a bedroom community. Many of the small "mom and pop" businesses that used to line the streets of Taneytown have given way to larger businesses.

In the early days, for example, the Cambridge Rubber Company was the largest employer in Taneytown. Two large sewing factories also employed many locally. These businesses are long since closed, but thankfully, companies like Taney Stair, Flowserve Corporation and EVAPCO have located to Taneytown, filling a void of the lost manufacturing jobs that have left many rural towns like Taneytown just shadows of their former selves. Nothing represents the current prosperity of Taneytown like the fact that there used to be one traffic light, but now there are four throughout the town. The popula-

tion has climbed from about 2,000 people to presently 12,000 people.

Mr. Wantz recalled the first car sold, which was a two-door station wagon called a Nomad. He sold it to his uncle Sam. He also shared memories about his favorite vehicles sold. The Chevy 2 was a car he was very knowledgeable about. He also noted a fair amount of truck and school bus business in the earlier days. In fact, he fondly remembers the first school bus he ever sold to a Mrs. Crabs for \$3,400! He remembers the transport fee of a bus from Indiana to Taneytown was \$50. This sale sparked his interest in selling busses. He was able to take this interest further in 1979 when Wantz became a Bluebird Bus Body Distributer. He remained a bus distributor until 1995.

While on the subject of favorite memories, Mr. Wantz discussed his favorite memories within the business. He humbly mentioned his family, and the people he has worked with and served, both in the business

and throughout the community As an active member of the Lions Club, Mr. Wantz has the opportunity to volunteer his time serving and interacting with the community. His son, Scott Wantz, shares a similar fondness for serving the community as he and his son, Jeff, coach Little League baseball and basketball for the youth in the community. Wantz Chevrolet has also supported many local civic and non-profit organizations.

Scott Wantz mentioned his proudest moment was when his father received the Chevrolet dealer 50-year dealer award. It is not often that the award is given to a dealer that has been involved with the same

business for 50 years. It is certainly noteworthy that the award was given to Mr. Wantz, who has remained the dealer for 50 years.

Wantz Chevrolet lives their mission statement every day. They do not operate like their larger, chain dealership counterparts. They function under the principle of trust built between customer and sales team member is a key to success. All customers wish to have a comfortable and pleasant car buying experience, and Wantz wishes to ensure that every customer walks away with this experience. Most importantly, Wantz Chevrolet is a family business. There are currently three generations working at the dealership, and on any given day, you can walk into the dealership and find a Wantz family member present. In fact, rarely is there a time when all three generations are not present.

The Wantz family has fashioned a family environment within their business. They know all of their employees by name and treat them like their own family members. In essence, the Wantz family and the employees that work for Wantz, are family. They also strive to know their customers and treat them like family every day. They have created a warm, friendly, honest and inviting atmosphere for their customers. They wish to maintain an environment in which customers are comfortable enough to return and bring their family and friends along. As

a result, Scott proudly points out, Wantz has an 80% customer retention rate; that is something that is almost unheard of in the automobile industry. As Scott says, it all comes back to service, and the environment they create. The sales team makes it their objective to ensure that the customer is completely comfortable with the vehicle they are purchasing, and are more than willing to answer any questions.

Wantz Chevrolet is a business built on three generations, and has been able to have several families with three generations of returning customers. Not only do they have generations of returning customers, but they also have numerous staff members that have been at the dealership for 10, 20, even 30+ years. Not many dealerships can say that.

Throughout all the ups and down, Wantz Chevrolet has succeeded in surviving and conquering all the hardships for 52 years, while still maintaining a family-oriented atmosphere. What started as a small family dealership owned by a young man, his wife and only five employees has grown to its present day business: a state of the art facility, full service dealership, with 39 employees. Wantz Chevrolet is not simply just a dealership; it's them, it's who they are. To the Wantz family, this business is not just a job, it's their life. "For an honest, down-to-earth car buying experience, don't take a chance, buy from Wantz."

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All proceeds to benefit Taneytown Main Street.

## THE (retired) ECOLOGIST

# Of lambs and lions and armadillos

Bill Meredith

*"Spring, spring, spring!  
It's a beautiful thing!  
It's welcome after winter;  
And in summer's sun  
I will have fun  
In a place I haven't binter."  
—Churchy LaFemme*

Grandma always used to tell me to make a note whether March came in like a lamb or a lion, so I would know how to plan my garden schedule for the year. She knew such things were important, and I've always tried to follow her instructions; but as I grow older, it seems to get harder, or at least more confusing. This year, March tried to appear on a Monday, but it had to wait because this is Leap Year, and Monday was the 29th of February. That may have fooled some creatures of the human persuasion, but no one else in the world of nature fell for it; ecologically, it was March. When I got up that morning it was overcast and windy; during breakfast, the sun came out and the wind calmed; an hour later the sky was full of clouds, in every shade of blue and gray that Leonardo ever imagined; and then we had a 15-minute shower. By lunchtime, the sun was out again. It felt like a very old, fat lion and a wobbly newborn lamb were running around in circles, and

you couldn't tell who was chasing whom.

I thought about it all day, and decided not to intervene; and sure enough, things got straightened out all by themselves. Before the week was over, the spring peepers had started singing and the first crocuses bloomed. I got the hedge trimmed before the leaves started budding, and got a row of potatoes planted on St. Patrick's Day, thanks to help from four small friends. A few timid forsythia blossoms began to appear, and daffodils bloomed the week before Easter, just like they did in Grandma's yard when I was three. Spring got off to a beautiful start.

Deafness makes a difference in how you perceive beauty. On mornings when I forgot to insert my hearing aids before I went out to get the paper, there was a silence almost like you get after a big snow, when there is no traffic noise and everything seems new and peaceful. There was one day almost like that, when we got just enough snow to coat the trees and cover the sidewalk; and when I went out it was quiet, the wind was calm, and the sidewalk was covered with mouse tracks. Evidently the field mice were enjoying spring, and love was in the air. I followed one set of tracks which zig-zagged down the walk, stopping to sniff at a sunflower seed here and a dandelion sprout there, until it met another set of tracks from

the opposite direction. Apparently the two chatted each other up a bit, and ambled off together toward the shelter of the boxwood bush.

On other days, when my ears were properly amplified I could hear flocks of geese heading north in V-formation, and songs that told me the white-throated sparrows were beginning to feel amorous. Woodpeckers had the same emotions, and they tried to sing, but they're tone-deaf and can't carry a tune... but they don't seem to mind. Nature has assigned them to the percussion section, where the males can beat out rhythms that females find as seductive as Sinatra at his best, and it works... the species gets perpetuated every year. I guess they think if drumming was good enough for Gene Krupa, it's good enough for them.

Officially, spring started on the 20th this year. That morning was clear and breezy, and the two turkey vultures that live in the old haunted house next door woke up early. When I went to get the paper, they were gliding around in circles; they would face into the wind and rise upward without moving a wing, and then turn with the wind and come zooming downward like teenagers riding skateboards in traffic... and then, glide back up again, without flapping. It looked like fun. My wife doesn't like them because she thinks they're ugly, and seen close up, I have to agree; but on the wing, they're as graceful as ballerinas. It could be that, in their own eyes, they're beautiful. When I was little, the ugliest people I'd ever seen were an old couple who went to our church back in West Virginia. I actually was afraid of them, and couldn't understand how anyone that ugly could be in love, but they were quite devoted to each other, and were widely respected in the community. Grandma explained it to me in a way a four-year-old could understand; it was the first time I ever heard the expression that "beauty is in the eye of the beholder." It was a good lesson; it stuck in my mind and helped me understand the world a little better as I grew up. I still think of it every time I see turkey vultures.

So far, spring is off to a pleasant start. The temperature gets up in the 60s, and I sit out in the yard and think rambling, idle thoughts like those I've just mentioned; but then, inevitably, I start thinking about



time. March is 3/4 past, and April will be here soon; in other words, a fourth of this year has already slipped by. There was a time when when my reaction to this would have been "Thank goodness... it seemed to take forever." I suppose I thought that way most of my life; it seemed as if I was young for a long time. Time went by slowly in those days, and I wasted a lot of it. When I get to thinking about this, I always remember Isaac Asimov, who wrote over 500 books in his lifetime; someone asked him what he would do if he had only six months left to live, and he replied, "Write faster." It was a witty response, but at my stage in life it can't serve as advice; doing anything faster is not an option.

The main regret is that I didn't read more. I seem to think of this every year at about this time. As Spring approaches, I always think of T. S. Eliot's poem, "The Waste Land," which was the most important poem of the 20th Century, according to scholars who know such things. I had never read it, but I knew the first line said "April is the cruellest month," so I decided this would be a good time to look it up. It wasn't in any of my old English books, and now I know why. I found it on

the internet; it is 433 lines long, and just leafing through it I saw phrases in Latin, Greek, German, French, Italian and Sanskrit... and the English was almost as incomprehensible. The internet version was followed by seven pages of explanatory notes, but they didn't help much; even after reading translations of some of the foreign language passages, I couldn't understand them.

But, I'm glad I tried. When you get to this age, you need to be reminded once in a while that you aren't as smart as you were beginning to believe. So I went back to Walt Kelly for something more on my level. Churchy LaFemme, the turtle who lived in the Okefenokee Swamp, was a care-free poet who sang his own compositions while accompanying himself on a recorder, and one fine day he sang the verse quoted above. Albert the Alligator told him he sounded worse than an Armadillo trying to sing, but Churchy was undeterred; he figured it's a free country, and Armadillos should be allowed to sing if they want to. That made me feel better.

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# April showers 2.0

Tim Iverson  
Naturalist

The proverbial mantra of the month is “April showers bring May flowers.” We’re thawing out and wresting ourselves from the icy bondage of winter’s grasp to turn our thoughts to warmer days and blooming bulbs. The story of the spring season is one of rebirth. Just like seasons, our water has a story to tell. The question is, will it be one of a spring rebirth or of a winter’s demise?

The Monocacy is in our local backyard, and is likely the river we are most directly associated and familiar with. In fact, Frederick County derives its water from this source and Lake Linganore. The Potomac Conservancy, a regional clean water advocacy group, completed assessments from 2010 - 2013 on the Monocacy River. These assessments rated the health of the Monocacy River as “POOR.” Frederick County is currently the 3rd fastest growing county in the state with a population hovering near 240,000. That is expected to increase by approximately 44% within the next 25 years. The county has largely ignored state anti-sprawl laws and developed upon farm and forested lands. Following a 2013 assessment The State of Maryland officially confirmed that 50% of the stream was degraded and impaired from high levels of sediment and nutrient runoff. Of course, this doesn’t just stop at our borders. What happens upstream affects downstream.

The Potomac River is sometimes referred to as “The Nation’s River.” While that may be true, it’s in our regional neighborhood so it’s not just a national river but our river. As recently as 2011 the Potomac River was classified with a ‘D’ grade. American Rivers, another clean water advocacy group, listed the Potomac as the nation’s “Most Endangered River” in 2012. There has been some progress though, and the Potomac Conservancy upgraded the state of the Potomac from a ‘D’ to a ‘C’ in 2013. For 2014 they decided to ditch the simplistic letter grade report card system and focus on big picture concepts instead. The takeaways from the 2014 report were loss of forested buffer zones, growing urban sprawl, and aging sewer infrastructure. The confluence of these issues with a projected population boom of potentially 2.3 million new residents in the DC metro region over the next 20 years makes the case for smart growth imperative. Restoration of the sewer infrastructure is under way in much of the metro region, but failure to reforest or repair buffer zones will hamper long term progress.

While all roads lead to Rome, our regional rivers lead to the Chesapeake Bay - the largest and most productive estuary in the United States. The Chesapeake Bay Foundation releases an updated report every two years based on fisheries populations (crabs, Rockfish, and oysters primarily), acreage of bay grasses, total poundage of estimated pollution emptied into the bay and its tributary waterways. The most recent report, released in 2014, denotes the overall health of the Ches-

apeake Bay at a ‘D+’ grade. Restoration is costly, but failure to do so would be catastrophic.

There is a path to restoration called the Chesapeake Clean Water Blueprint. This is a provision of the Clean Water Act enacted by the Environmental Protection Agency (EPA). In 2010, the EPA began to legally enforce the “Total Maximum Daily Load” (TMDL) which is a scientifically derived basis of the acceptable amount of total pollutants the water system can handle while still being productive and meet water quality standards. Six states (Maryland, Delaware, Virginia, Pennsylvania, New York, W. Virginia) and the District of Columbia are now required to incrementally reduce nitrogen, phosphorus, and sediment pollution over two year periods through 2025. Nitrogen, phosphorus, and sediment are the top three pollutants contaminating the bay. Farms and agribusiness are responsible for 41% of the polluted runoff, but urban and suburban areas are responsible for 15% of the total deposited amount.

Contaminant laden runoff full of toxic chemicals, excess nutrients, and sediment coming from urban areas will only grow with our projected population rise. However, with effective development and citizen participation we can limit and offset the effect this rise will create. The Potomac Conservancy reported that just last year Frederick County students planted over 5,000 native trees in the county. Reforesting areas, specifically along stream sides, will greatly reduce runoff spilling into the Monocacy and other tributaries to the Chesapeake Bay. Citizens can’t prevent rain, but they can prevent run-

off. Collecting rain in rain barrels or by constructing rain gardens you can strategically utilize rain, reduce runoff, and save on your utility bill. Rain barrels are inexpensive and collected water can be used for anything. All you need is a 50 - 60 gallon drum (sold at hardware and outdoor stores), PVC coupling to connect to downspouts or roof drainage areas, screening to keep insects and debris out of the barrel, and a hose is optional. For many homeowners up to 40% of summer water usage is dedicated to watering gardens and lawns, this can help to reduce that number and your water bills. A slightly more ambitious do it yourself project would be to plant a rain garden.

The EPA advocates for rain gardens saying, “A rain garden is a depressed area in the landscape that collects rainwater from a roof, driveway or street and allows it to soak into the ground. Planted with grasses and flowering perennials, rain gardens can be a cost effective and beautiful way to reduce runoff from your property. Rain gardens can also help filter out pollutants in runoff and provide food and shelter for butterflies, songbirds and other wildlife.” Excessive water that is directed into storm drains can overwhelm the system causing toxic backflows, rain gardens can help prevent this by absorbing the water. This has the added benefit to increasing groundwater recharge for the water table. When considering a rain garden, or any other garden, it is important to remember to utilize native plants. Native plants are best equipped to handle local variable weather conditions, are most suitable for wildlife, and prevent the spread of potentially harmful invasive species.



Let’s try to make each day Earth Day!

Frederick County has championed what is called the “Green Homes Challenge.” This challenge provides incentives and guides for participants who complete three challenges. There is funding available for participants from state and federal resources, and interested parties may find more information by contacting Frederick County Office of Sustainability and Environmental Resources or viewing their website. Aside from initiatives right here at home, the Chesapeake Bay has made serious progress recently as well. Early in March 2016 the Supreme Court decided against hearing a challenge to the Chesapeake Clean Water Blueprint. Effectively they upheld the legality of the plan and states will need to continue to implement measures to reduce pollution contaminating the bay. State and Federal officials recently established the largest man-made oyster reef, which covers more acreage than the National Mall, located in Harris Creek on the eastern shore. Oyster populations have been in decline for decades from overfishing and disease. This is huge news for

reviving the troubled populations, but even more so because they are massive filtration organisms. The plan is to create 10 of these reefs with over 1 million oysters in no fishing zones. This will allow for the reestablishment of the species that’s a filtering machine.

There could be storm clouds on the horizon. With smart planning and participation from state and local officials alongside citizens those clouds could be the April showers signaling a spring rebirth for our waterways. Runoff accounts for 15% of the annual total of pollution that ends up in the bay. Planting rain gardens to beautify the landscape and filter groundwater, reforesting buffer zones, utilizing rain barrels to create less of a burden on the infrastructure, and participating in programs that ultimately reduce utility bills are effective and practical solutions to make the 15% difference. In the western United States water is in short supply, let’s make the effort to take care of ours so it’ll always be on tap.

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## REAL SCIENCE

# Mother Seton School Science Fair

Michael Rosenthal

I just attended the Mother Seton School Science Fair for the second time (I wrote about the Science Fair in this column last year). The Fair was every bit as impressive to me as it was last year. I counted 109 student presentations, created by students who run mostly from 5th grade to 8th grade, and including a few students from third and fourth grades.

The format is very professional: For each presentation there is a three section presentation board that outlines the experiment, which defines the question being studied, the hypothesis that is being considered, the procedure being used to investigate the question, the materials utilized in the study, and the conclusions reached. This is no different than the methodology used by a PhD student! In most cases there is also a notebook that records the experimental results as they were uncovered and frequently materials used in the study. Just as last year, I was amazed at the sophistication of the work for students of that age.

This year however I was able to get some additional insights, meeting with the Science Fair Coordinator, Ed Hatter, and the Chief Student Mentor, Danielle Kuykendall, who were gracious enough to spend time with me in conversation while I observed the presentations. Both were devoted to the cause of assisting these students to discover their interests and talents, and I applaud them for their commitment and patience.

The topics are interesting, varied, relevant and creative. Here are some of those that caught my eye:

Which Drink Stains Your Teeth Worst?

How Can I Tell If You Are Lying?

Which Commercial Yogurt Has The Most Live Cultures?

Do Violent Video Games Decrease Your Blood Pressure?

Does Grooming Affect A Horse's Heart Rate?

Does the Shape Of An Ice Cube Affect How Quickly It Melts?

Does Music Choice Affect The Heart Rate?

Which Provides More Electrolyte? Sports Drinks or Orange Juice?

Can Crickets Tell The Temperature?

Lead Levels and The Soil.

Does Sugar Increase Energy?

The topic that really caught my attention, however, was the first topic I noticed: Male Versus Female Scientists. Are Female Scientists Recognized As Well as Male Scientists?

After fifty years or so in educating prospective scientists in small colleges, I have had many experiences that reflect on this topic.

I spent my years of graduate education in chemistry at The University of Illinois in a chemistry department that was one of the largest and most prestigious in the country. I mentioned in an earlier article that there were no female faculty members in the chemistry department; only the Chemistry Librarian was a woman. There were some women graduate students, maybe 15 percent of the students, and they were generally treated well and completed their degrees as well as the men. But I remember thinking that it must be rather lonely for them, because I saw a larger number of science capable women studying chemistry in my small college undergraduate years.

After I completed my PhD in the mid-1960s, I and my family went off to New York State to Bard College, a small liberal arts and sciences college with a strong science

program, and with many female students studying science. Women were given a very hard time being accepted to medical school and especially to veterinary school (where women now dominate the profession!), especially in acceptance interviews. I will never forget the female student who was told on her medical school interview that "you better not come to medical school and decide to drop out to have babies and thus waste a space in your class." Prejudice against women was rampant in the sciences in this period, and few women were recognized as educational leaders.

Happily, to a great extent this has changed. Women now dominate the veterinary profession, women physicians practice equally with their male counterparts, and there are many women who have become college and university presidents. The American Chemical Society has had two women presidents!

The empowerment of all students to become scientists, physicians, and those in professions that have a scientific research basis is enormously supported by an early start in the world of science, of which the Mother Seton Science Fair is an outstanding example. If I had received the kind of encouragement in lower grades that Mother Seton offers their students, I would have made the decision to become a scientist much sooner than my senior year in high school, and I would have developed my scientific interests and skills much sooner.

I'm sure readers have noticed the almost daily stories on lead contamination in drinking water, fueled by the story on Flint, Michigan, about which I wrote in my last Real Science article. The Washington Post reports that Dr. Marc



Violet Walker, a budding young scientist, explains her research on the effectiveness of homemade fertilizer for growing houseplants.

Edwards, the Virginia Tech professor who has been the leading voice in this issue, told a congressional panel that the District of Columbia's drinking water was at one time "20 to 30 times worse" than the Flint, Michigan drinking water. Other drinking water lead level reports have been coming out as well, and it appears that the problem is much more widespread than was first thought. A USA Today report based on analysis of data from The Environmental Protection Agency found that 20 percent of US water systems tested had lead levels above the EPA's "action level" of 15 parts per billion.

I've mentioned briefly in earlier articles about the attempts to sell and to encourage the use of a wide range of vitamins that claim to improve every aspect of a person's health. There are even stores, as I'm sure you know, dedicated to the sale of vitamins. For several years, at the advice of my druggist, I took an off-the-shelf multivitamin daily. The cost was modest, and there were no health dangers of which I was aware.

When I changed physicians a few

years ago, I asked him about taking a multivitamin daily, and he said not to waste my money, that it was not dangerous, but was unnecessary. On the basis of blood tests, he urged me to take only Vitamin D3. A book was published last year on this subject, "Vitamina", by Catherine Price (Penguin Press). One point that arises is that it is very hard to become vitamin deficient in the United States at this time.

She points out that a large percentage of our foods are vitamin fortified (with the vitamins often manufactured in China!). There is little scientific evidence that flooding yourself with vitamin supplements does you any good at all; and, an amendment to the Federal Food, Drug, and Cosmetic Act in 1976 prohibits the FDA from regulating vitamins as drugs! So, as I've said before, be cautionary when you see the statement, "This product has not been evaluated by The Food and Drug Administration."

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# THE VILLAGE IDIOT

## Overcoming myself

Jack Deatherage, Jr.

(part 2)

Preface to the second edition of "A Reader for Writers" (January, 1947): "... the interest it arouses is in part due to the operation of these principles: the sincerity in which the work was conceived; the clarity with which it was expressed; the force which was given it by the author's careful directing of all parts to a preconceived end, his avoidance of all irrelevancies, and his use of image-making, idiomatic diction; the beauty of a proper proportionment and arrangement of parts and a rhythmical movement; and lastly, the charm that comes of the author's personality."

After a moment's contemplation of the meaning of all that I laugh and move onto the table of contents.

The list of authors presented in said book are mostly unknown to me, though I've some recollection of having heard these few names during the twelve years I suffered imprisonment in various grade schools: Franklin, Cooper, Emerson, Melville, Madison, Thucydides, Wilson, Sir Scott, Hudson, Hawthorne, Dickens, Steinbeck and Lewis.

There are a few authors in the book that I have sporadically read and occasionally enjoyed. Stevenson, Thoreau, Twain, Poe and Plato. Well read in such classy literature I am not. Nor do I pretend to ape such writing styles as were still being pushed on school kids well into the late '60s when I stopped paying attention in school.

Moving along to the next book I hope to educate myself with, "The Student Journalist and Feature Writer". The book is copyrighted 1969, the year I went to the newly built prison, also know as Catoctin High School, as part of its first freshman class. Seems like a good place to pick up where I quit.

Active/Passive, Natural/Unnatural voices?

Participial, Gerund, Infinitive phrases?

Metaphors and Similes?

Hyperbole?

Personification?

Alliteration?

What da hell are these?

I'm thinking, it's back to the used-book stores for something more likely to begin where I actually quit paying attention in English class. (DW suggests "Dick and Jane".) Which brings to mind the stoic school teachers who endured my sullen, arrogantly ignorant self in their classrooms. As I attempt to educate my still arrogant self I realize they suffered at least as much as I do now. Though they had the option of going off to some other line of work while I was condemned from birth to endure at least 12 years of a hell I couldn't figure out what I'd done to deserve.

Four names come to mind out of all those who endured along with

me. Mrs. Himes, the 5th grade teacher at Fairfield who encouraged me to take up reading. Which I did during summer parole from prison and have never stopped in the decades since, not even during the years of alcohol induced oblivion. Mr. Wyles, the 8th grade teacher at Fairfield who introduced me to creative writing and never allowed me to do it. Which took me to an entirely new level of disgust and disdain for school and teachers while setting me to scribbling madly as stories began boiling out of my head with no guidance, or role model to follow. Ruth Richards, who shoved me into a college prep class "The American Dream" in my junior year at Catoctin where I set about learning nothing just to prove she'd made a blunder. (The first moment I recall knowing I was an idiot.) And poor Nancy Wenschhof.

The Wenschhofs were friends of my dad's. When it became apparent I was going to fail her "Shakespeare" and "Religion and Philosophy" English classes Ms Wenschhof undertook an attempt to teach me in spite of myself. She took me aside and gave me a lecture about "going out on a limb for" me and I "would not make her look foolish" to the school administrators (who probably hoped I'd just quit school and relieve them of at least one small problem.) "You will work" on some "independent study project" and "you will turn in a paper." (I thank the gods I had few teachers such as Ms Wenschhof! Had even half of those who tormented me stood up to my anger I'd have probably gone on to college and ruined my life.)

Unlike Mr Wyles, Ms Wenschhof gave me free rein. And I ran with it! I sort of recall scribbling (I didn't yet own an antique Royal typewriter) 39 pages for something similar to a term paper in the early morning hours of the day it was due. I was shaking from a caffeine buzz and had three or four cigarettes smoldering in the ashtray and one dangling from my lips as I pressed on through the hand cramps, the words spewing out onto the pages as if driven by a mad one. Gods, the Muse stomped about my bedroom demanding I express, with paper and pen, the insanity that had seized me. In the middle of writing my understanding of the assigned topic I'd go off about how my body was trembling from the overdose of cola, the second pack of Marlboros, and the mind reeling in panic and staggering from the lack of sleep.

In school with the sunrise, my classmates (those few who dared approach me) asked if I'd finished the assignment. When I produced it for their perusal it went about the senior homeroom like a wildfire. When I handed it to Ms Wenschhof the expectation was I'd be expelled from school. (I'd not contained my ability to express a few four-letter vulgarities.) My hope of being kicked out of school (Dad wouldn't let me quit) died once the paper was graded. I got an A- for the thought and content, an F+ for the condition the paper was it. (In those days a D was a passing grade. And so I have a diploma from the state claiming I successfully completed whatever agonies they thought I needed to endure.)

The last few weeks of my senior year Ms Wenschhof left to begin her own family and I found myself



No! Jack was not this cute as a kid but he did go to school barefoot.

contemplating the hopeful expectation of a substitute teacher who decided I had the potential to be a writer. She left me speechless when she suggested we work on that, separate from my regular classwork (not that I was doing the classwork). When I found my voice I thanked her, but insisted that it was too late. The bitterness that hissed out of me raised her eyebrows a bit. (That was the moment I knew I was an idiot beyond doubt.)

Given my schooling history, I'm having serious doubts I can learn to

write professionally. I'm going to give over the writing books and go back to just reading things that interest me. If what I do is writing, I learned it from reading and aping the writers I enjoy, not from classroom instruction, or how-to-books pulled from the library stacks. My mind doesn't work that way. (Sometimes it doesn't seem to work at all, or so DW mumbles in the background.)

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## PETS

## Kira, 2002–2016

Mike Hillman

Kira died peacefully. While her body gave out, her spirit, the spirit that made her the special dog she was, was true to the end.

Kira was a lucky dog – lucky in the sense that a certain vet took a liking to her and decided she would be perfect for us. He was right.

As I like to tell the story, Kira was brought to the vet hospital by a kind older man who witnessed her jumping out of the window of the truck in front of him. The truck didn't stop. He did. He gave chase to the truck, but it evaded him.

He brought Kira, a young lab mix, to the hospital to be checked out. She was fine, other than being a tad bit on the wild side – so wild in fact the staff nicknamed her "Loco."

That evening, the vet, Gary Kubala, called me. "What are you doing?" Having then been friends with Gary for almost 10 years, I'd learned that opening line from Gary is always followed by something...

We had recently lost Charlie, our old Lab-Rottweiler mix, so we had an opening on the farm. "A nice Lab cross came in today and it needs a home, why don't you come in and look at her." He said.

My first impression as I watched her bounce off the walls of the hospital treatment room was that the staff had named her appropriately. Gary did all he could to keep her under some semblance of control, but eventually gave up and just let her run in circles.

"I'm not sure," I said to Gary, "let's have Audrey (my wife) look at her."

She did, and that evening Gary dropped Kira off at the farm.

Things didn't exactly get off to a good start. Kira took one look at the cats and went after them – all the cats headed for the high hills.

My wife cringed.

"Let's give her some time," I said, "maybe she will settle down."

It suddenly occurred to me that

maybe Kira had not jumped from the truck, but in fact had been pushed by someone unable or unwilling to deal with her any longer, and then sped away...

We put Kira in a crate, and once a semblance of normalcy had returned in the house, I said matter-of-factly: "Well I guess you liked her enough to tell Gary we wanted her..." "What?" She said. "I thought YOU told Gary we would take her!"

We looked at each other dumbfounded – we had been snookered!

As Gary would later recount with his 'fox in the hen-house' grin: "Well Mike said it would be OK with him if it was OK with Audrey, and Audrey said it would be OK with her if Mike said it would be OK. So you both technically did say OK."

It was a stretch of logic, but for Kira and us it was one that history would prove well worth stretching.

Like all our animals, Kira was given a Star Trek name. In her case, she was named after the Deep Space Nine character Kira Nerys.

Kira quickly learned that cats, much to her chagrin, were not her personal chase toys. They were to be left alone, and if they should happen to whack her in the face, she needed to suck it up.

Farm life suited Kira just fine, and the ability to run all day was exactly what was needed to burn off her wildness. She quickly settled in and became a "nice dog." While she had a heart of gold, she was a big dog with a look of "don't mess with me!" Strangers to the farm always halted well outside the Invisible Fence boundary until they were assured she would not gnaw them to death.

She drove her canine companions, Kess and PJ, both well into their senior years, crazy with her insistence on playing. When PJ died, she got her own puppy, a Jack Russell named Neils, and for the rest of her life, the pair were inseparable.

Kira in many ways was a couch potato. During the winter months

she would sprawl out on the couch in front of the fireplace. During the summer, she would sneak downstairs late at night to recline on the coolness of the living room couch. At first, she would slink away when discovered, but eventually she realized it was allowed, and from then on, it was always easy to find her in the house – just look on a couch!

Kira was first and foremost an outdoor dog. If it had to do with the outdoors, you could always count Kira in. When it snowed, Kira would happily blaze the trail to the barn for you. Open the door to a car or truck – Kira magically appeared ready and willing for the ride.

If for some reason you couldn't find her, all you needed to do was toss a Frisbee and she would appear out of nowhere and snag the Frisbee in mid air. As I write this, I realize that is one of the things I remember most about her; she was a great Frisbee dog.

Kira would follow the path of the Frisbee in the air and make a mighty leap and cease its flight. In her youth, she never missed. No matter how far or high I threw it, she always got the Frisbee. Now getting it back was another question!

As age took its toll, Kira's ability to snag the Frisbee in mid air began to elude her, but she still tried. By the fall of last year, with her eyesight all but gone, catching one was just a dream of her youth. A puppy to the end, she would still come out and join the other dogs in the toss. When they were distracted, I would extend my arm and offer Kira a Frisbee. Her eyes would brighten and she would seize it out of my hand, but not before I would momentarily release it. Both of us enjoyed the illusion that she had caught it as always. One catch, for old time sake, was all she wanted or needed.

The other thing I'll remember about Kira was her faithfulness. She had her job, and that job



Kira playing frisbee, her favorite past time.

was to defend us, and for her that meant she was always the last one to come to bed. No matter how late I worked, she would refuse to call it a night until I did. If I went to bed and my wife was still working, Kira would stay up with her.

In the morning, she was always up with the first one up. That is, until she "retired."

With eyesight and hearing failing fast, the arrival of Troy, a German Sheppard-Husky cross rescue, took the guard duty pressure off of Kira and she slipped into a more sedentary lifestyle. While she stuck to her practice of staying up until the house was dark, her mornings did not begin until the last person was up. Many a times I would wake up late in the morning to be greeted by Kira sleeping soundly on her bed next to mine. I would gently touch her to let her know I was up. She would yawn, stretch, and contemplate if the day would be a good day to sleep in.

Life for Kira was good.

The last few months of her life were happy, but rough. Her vo-

cal cords were becoming paralyzed, making breathing difficult at best. There was nothing Gary could do for her. It was an affliction most old Labs, lucky enough to live as old as she had, eventually succumb to.

As the months wore on, her breathing became more and more labored. Long walks became short walks. A climb up the stairs was followed by a half hour of rest. Her appetite declined, and she soon took on the appearance of an old dog. Gone was my puppy – although I still called her "pup."

She crashed while I was away for work, but somehow, she revived. When I returned home from the trip, she greeted me like the puppy of old. Moments later, unable to catch her breath, she died.

Her final greeting was her way of saying goodbye. To remind me she was still my puppy.

She was faithful to the end.

That evening, Gary came by with a bottle of champagne and after sharing memoirs of Kira, we all toasted to a life well lived.

Before humans die, they write their last Will & Testament, give their home & all they have, to those they leave behind. If, with my paws, I could do the same, this is what I'd ask...

To a poor and lonely stray I'd give:

- My happy home.
- My bowl & cozy bed, soft pillows and all my toys.
- The lap, which I loved so much.
- The hand that stroked my fur & the sweet voice which spoke my name.

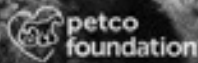
I'd Will to the sad, scared shelter dog, the place I had in my human's loving heart, of which there seemed no bounds.

So, when I die, please do not say, "I will never have a pet again, for the loss and pain is more than I can stand."

Instead, go find an unloved dog, one whose life has held no joy or hope and give MY place to HIM.

This is the only thing I can give...  
The love I left behind.

-- Author Unknown





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# Horse rescues

Kimberly Brokaw DVM  
Walkersville Vet Clinic

When a horse owner dies or suffers severe financial problems, the question often arises about what to do with their horse. Horses are expensive to maintain. Hay usually costs \$100-\$300 per month per horse. Horse shoers charge \$40-\$300, depending on the type of trim or shoes that the horse needs. Most horses need to see the horse shoer about every 6 weeks. Proper care of a horse quickly becomes a financial burden when an owner is going through hard times. Some horses can be sold quickly to a new owner. Unfortunately, when an owner has been suffering poor health or financial reverses, the horse is often not in a condition to quickly be sold. Horses who are taken to auction for a quick sale frequently end up being purchased by a kill buyer. The hors-

good work. Unfortunately, the amount of money that rescues receive attracts unsavory characters who claim to run a rescue so they can get people to send them money. Many animal hoarders accept donations, claim to be rescues, but do not provide good care of their animals. The recent cases of such behavior has been in the news. A woman collected thousands of dollars of donations while operating as a tax exempt rescue yet starved and neglected the horses in her care.

I frequently get asked by clients how to tell if a rescue is good quality. While regularly visiting a rescue, volunteering your time, and evaluating the quality of the care and standard of living provided to the animals is ideal, it is not always possible. A single visit unfortunately often does not provide an accurate depiction of the quality of a rescue. There have been many cases where hoarders have hidden under the guise of a res-

cuers that provide a situation that is no better than what the animal was rescued from.

The Global Federation of Animal Sanctuaries (GFAS) is an organization that evaluates rescues, rehabilitation centers, and sanctuaries. They are the only globally recognized organization providing standards for identifying legitimate animal sanctuaries. They evaluate a variety of groups ranging from bat sanctuaries to equine rescues. However currently they do not assess domestic cat and dog rescues. Rescues seeking accreditation are evaluated based on animal housing, physical facilities and administration, nutritional requirements, veterinary care, well-being and handling, general staffing, safety policies, protocols and training, governing authority, financial records and stability, education and outreach, as well as policies relating to acquisition and disposition.

Different standards are established for each species. For example horses can not be contained in a fence made of barbed wire, high tensile wire, or razor wire as those are dangerous and put horses at risk for injury. Accredited rescues are also questioned to ensure that if personal horses are being kept at the rescue, there are means to ensure that funds for the rescue are kept separate and not used on the privately owned horses. Obtaining GFAS accreditation requires a large commitment of time and money for the rescue to demonstrate that they meet all of the criteria of a high quality rescue.

The GFAS website provides a list of accredited and verified animal rescues. If you are contemplating donating your time or money to a rescue, check the website and find one in your area. By selecting an accredited rescue you can have some assurance that you are supporting a rescue that has been closely evaluated, and will use your money to actually help horses. Some rescues that are not accredited are still good rescues.

If you are contemplating giving money to a rescue that is not accredited, make sure you check it out carefully. Go and volunteer for a few days. You will quickly realize that the horses are well fed, seeing a horse shoer regularly, getting good veterinary care, housed in adequate shelters, turned out in safe fencing, and actively being retrained so they can find good adoptive homes. Your contributions to a high quality rescue are the difference between a good life and a life of misery and death for these horses.



The Days End Farm Horse Rescue, located in Woodbine, Maryland is an excellent example of a great horse rescue. It is a 501(c)3, nonprofit, volunteer-based animal welfare organization established in 1989 to ensure quality care and treatment of horses through intervention, education and outreach.

es then may endure days of horrible conditions, before being slaughtered for meat.

Rescues are a good alternative for placing horses into a good home. Good rescues provide high quality care. They also retrain horses so they can be adopted out to good, suitable, homes. Good rescues provide continued monitoring of the horses in their new homes, and will take a horse back into the rescue if the horse turns out to be an unsuitable horse for the adopter. If a horse is in poor health, good rescues provide veterinary care. If a horse cannot be restored to good health despite extensive veterinary care, the rescue humanely euthanizes the horse.

Horse rescues are supported by contributions from the public. Many animal lovers regularly send money to rescues so the rescues can continue their

cue, or well meaning people have rescued more animals than they could adequately provide for, and the quality of the care provided to the animals suffers.

Facebook and other websites can easily be deceptive. I am aware of one client who discovered that pictures of his farm were being used on the website of an alleged rescue that falsely claimed that was where their horses were being housed. The owner of that alleged rescue was later found guilty of around 11 counts of animal cruelty. Recently another so-called rescue was shutdown and animal cruelty charges have been made. While that rescue was a tax-exempt rescue, funds were going to personal horses and rescue horses were not being adequately fed. While not all rescues are frauds, careful evaluation is needed to determine which rescues provide quality care for animals in need



Gentle Giants Draft Horse Rescue, located in Mount Airy, is our author's favorite horse rescue. Dr. Brokaw donates a significant amount of her services to assist in the recovery of horses rescued from local auctions where they stood a good chance of being sold for slaughter and facing nightmarish conditions on the way to that cruel ending.



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## THE MASTER GARDENER

# Do's and don'ts of bare root plants

Mary Ann Ryan  
Adams County Master Gardener

Over the years, I have been asked questions like “what does bare root mean?” or “when’s the best time to plant a B & B tree?”, or “is it better to plant something big or small?” Hopefully within the next few paragraphs, those questions will be answered.

“Bare root”, “B & B”, “Container” – all of these words share a common factor. These terms all relate to how plants are sold.

Bare root plants are sold without any soil on the root system and before the plant starts to come into leaf or flower. Perennials, shrubs and trees can all be purchased this way. Of course, certain species react better than others when managed as a bare root plant. Most evergreen trees, like firs, spruce, pines, arborvitae, and chamaecyparis can all be purchased in this form as seedlings or transplants. Deciduous trees and flowering trees like dogwood, maple, oak, and many others can be found in this form as seedlings, transplants or larger plant sizes. Perennial plants like strawberries or phlox, for instance, can also be purchased in this form.

The advantages of bare root are multiple: 1) The root structure is easily seen, any roots that

are entangling or girdling can be fixed by either cutting the roots or teasing them with your fingers, 2) they are very light and easy to transport. Without any soil, lifting and carrying the plants are not an issue, 3) the cost of bare root plants is the least expensive way to purchase plants, and 4) planting is easy. Dig a hole big enough to support the roots, create a mound in the center of the hole, and spread the roots over the mound. Backfill the hole with the soil that was dug from that hole. Water well.

The disadvantages of bare root planting is that: 1) there is a short period of time to purchase and plant bare root plants, which is mid-March through late April, and 2) bare root plants are typically smaller in size. It’s difficult to find large plants sold as bare root stock.

Balled and Burlapped plants, or B & B, are plants that are grown in fields and dug with a ball of soil. These plants will have the tree roots/soil wrapped in burlap and sometimes in wire baskets, tied with twine. A person may choose a B & B plant if they are looking for a large plant.

Advantages of a B & B plant are the plants are typically larger sizes and the soil surrounding the roots is native soil. Therefore, the adjustment of the plant

should be quicker.

The Disadvantages of B&B include: 1) plants are very heavy and difficult to move or lift, 2) typically more expensive, 3) limited planting time: October – December, and March – May, and 4) most of the roots are left behind when dug. Therefore, proper handling of these trees and shrubs is important. When lifting, be careful not to break up the ball so the roots are not destroyed. When planting, the hole should be twice as wide as the diameter of the ball and just as deep as the ball, no deeper. After placing the plant in the hole, if there is a wire basket on the root ball it should be cut or removed. The burlap should also be cut off as well as all twine. Some burlap is treated so they do not break down quickly, hence they have a longer “shelf life” in the nursery. The wire and burlap can interfere with the growth of the roots. The burlap, if not decomposed, can inhibit the roots from growing outside the ball, and as the roots grow, in time, the wire could inhibit or cause girdling of the roots when they get some girth to them.

Container grown plants are grown in pots. These plants the most commonly grown and purchased plants. Annuals, perennials, shrubs, trees and vines can all be grown this way. There are many advantages to this type of nursery stock.



For container-grown trees, carefully remove the tree's root ball from its container, taking care not to break or damage the root ball. Minimize touching the roots with bare hands, as lotion and acids from your skin can cause damage. Place the tree in the center of the hole on firm ground so the root crown is level with the surrounding soil. Check that your hole is deep enough for planting by placing a shovel handle-level across the hole. The shovel handle will indicate planting depth on the trunk (photo). Adjust planting hole depth as needed.

All the roots are in the pot, therefore, nothing is being cut off as they would be when digging.

Plants can be grown to any size in pots. From seedlings to very large plants, just about any size or type of plant can be purchased in a container.

Container grown plants can be purchased and planted at any time of the year. As long as the ground isn't frozen, a container grown plant can be planted.

Disadvantages of container grown plants include:

All the roots are in the pot. Yes, this is considered an advantage and disadvantage.

When roots are all in a pot, they grow in circles, potentially wrapping themselves to the point of girdling. This is a common reason for plants to die after a period of several years. If the roots are not severed before planting, they continue to grow in that circular form and do not grow into the native soils.

The soil in the containers is a ‘soiless’ mix. This is used for many reasons, some of which have to do with controlling nutrition and water in the pot. Although soiless mixes (mixes containing peat moss, bark, coconut fiber, etc.) come from natural materials, they are not the native soils that the plants are placed in, sometimes making site adjustments slightly more difficult.

The same rules for planting a B & B plant apply to a container grown plant. The hole should be twice the size of the width of the container and only as deep as the soil level in the container. However, there is the difference in planting.

Once you take the plant out of the pot, you must cut through the root system, slicing the roots or teasing to roots loose from the root ball. This forces new roots to grow towards the native soil backfilled in the hole, and not continue to grow in a circular manner around the root ball. The backfilled soil should not be above the root flair of the plant. Never plant a plant deeper than it is in the pot.

Something to keep in mind when choosing what type of plant to purchase: Oftentimes people think the bigger the tree, the quicker it will grow. Research has shown that small plants quickly catch up the larger plants. This is due to the adjustment necessary for a plant to become established in its particular location. A bare root plant or container plant that is small and has all its roots,

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# THE MASTER GARDENER

## Small Town Gardener

### Fickle April

Marianne Willburn

April is a month of watching the weather forecast and kicking myself once a week when I forget to close the cold frames in the evening. There are far more pressing things in the world to worry about of course, but a fresh salad goes a long way towards helping one cope with the latest global disaster.

It's frightening to think of the hours of work that can be lost because of a moment's lapse in memory. That particular cold frame is currently housing (amongst other things) two precious cuttings of the roses Ginny and Julia Child. Precious, because Ginny is no longer in circulation, and I'm too damn cheap to buy Julia Child. Rooted, and now leafed, the last thing either needs is a taste of the real world because I forgot to lock the doors at night.

Extremes are what we're afraid of, and extremes are exactly what we're dealing with in early April – extremes of temperature and mood that would give my teenage daughter a run for her money. It is difficult to stay vigilant and not allow oneself to be soothed into a false sense of security by a warm day spent dividing ornamentals. It's still dangerous out there.

Some things are quite happy...and quite safe. Peony and dicentra shoots have begun their upward thrust, and very soon the hosta will follow. It's a pity for the hosta that I recently learned how deliciously edible they are sautéed in butter (just as one would sauté asparagus), but a joy for us that there are so many coming up in unexpected places. These self-seeded plain Janes are the reverted descendants of cultivars far grander than themselves, but no less edible. They currently share space with chickweed and wild sorrel and have me wondering why I should spend hundreds of dollars on deer-fencing the sunny vegetable garden when I've got perfectly good greens growing unmolested on the shady, dog-patrolled side of the creek.

Dogs or no, the winter saw us down another three guineas – and I'm not discussing 19th-century currency. One by one these flighty, squawking, ridiculously stupid, ludicrously loveable birds have fallen prey to an early morning fox or late afternoon hawk – the predictable outcome of eschewing the safety of the barn for roosts in the trees. The only saving grace for my conscience is that a uniformity of appearance makes personalizing them with names impossible. They are “the guineas” only, perhaps soon to be “the guinea.”

Of far more use are the chickens, which are one of the few living things (fauna or flora) aware of spring's arrival. Their egg-laying is tied to lengthening days, so it's custard for breakfast, lunch and dinner round here – and omelets the week after that. I'm certainly not complaining, as the quality of the GMO-free



Hosta Shoots

feed I am using, coupled with fresh greens and table scraps, are producing protein pods worthy of a king's table.

April is the month for spinach...for a second or third sowing of peas...for a row of radishes and a bag of onion sets that will make you feel guilty you can't use all of them. Well, thankfully there's finally a worthwhile use for Facebook. Take a few pictures of your leftovers and post them online for the benefit of fellow local gardeners like myself who just wiped out their entire flat of tomato seedlings by leaving the cold frames open last night.

I knew we'd come back to that in the end.

doesn't have nearly the amount of adjustment to its new location as a large tree that has been dug from a field, losing 2/3 of its root system.

Bare root plants are available now. Whether trees, shrubs or herbaceous plants like strawberries, now is the time to get them in the ground. Some nurseries may have B & B plants available and this would be a good time to plant those types as well. All nurseries carry container grown plants. Remember, they can be planted at any time.

After plants are in the ground, it's important to follow up with water. Generally, one inch of wa-

ter per week is required to keep a plant growing the first season. With all plants, regardless of how they are grown, it is important to water at the base of the plant. The roots are what will benefit from the moisture, so a soaker hose, a slow dribble from a garden hose or just a 5 gallon bucket with holes in the bottom placed at the base of plants are perfect for watering.

So grab your plant list and check out the nurseries!

To read other gardening articles, visit the Gardening section of Emmitsburg.net.

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# FAIRFIELD FIRE COMPANY AWARDS BANQUET



2016 Line Officers: Derek Flanders, Lieutenant; Brad Hartdagan, Lieutenant; Adam Jacobs, Deputy Chief; Bill Jacobs, Chief.



Chief Jacobs presents the Fire Fighter of the Year Award to Deputy Chief Adam Jacobs.



2015 President's Award was presented by Chuck Haynes, as a Special Family Appreciation Award and accepted on behalf of the families of the responders by Sylvia Deardorff, Freda Kepner and Mickie Schneider.



This year's Chief's Award recipient Neal Abrams flanked by Chief Bill Jacobs and Deputy Chief Adam Jacobs.



Ambulance Captain Chuck Haynes presenting the Captain's Award to this year recipient Brad Hartdagen.



Top Fire Police responders for 2015: A. J. Aldrich, Al May and Chuck Schussler.



Distinguished Service Award for dedicated and unselfish service to the Company was presented to Neal Abrams and Freda Kepner, on behalf of her husband, Kenneth Kepner, by Bill Jacobs, Fire Chief, and Chuck Haynes, President (missing from photo).



Deputy Chief Adam Jacobs with Brad Woerner, this year's Junior Fire Fighter of the Year.



Deputy Chief Adam Jacobs with Brad Woerner, this year's Junior Fire Fighter of the Year.

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 Deputy Chief - Adam Jacobs  
 Fire Lieutenants - Brad Hartdagan and Derrick Flenner  
 EMS Captain - Chad Fogle  
 EMS Lieutenant - Tony Gipe

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# COMMUNITY NOTES

## Sit back and relax...

**Stacie Zelenka**  
**Pondscapes**

Sit back and relax. Ease back into your recliner. Close your eyes. Let your facial muscles relax. Just breathe and let it be. Absorb all that

is around you. Listen to the soothing sounds of the bubbling water, let it melt your stress away. Breathe in the aromatherapy of all of the wonderful smells around you... blooming flowers...and peace filling the air. This may sound like you are

away on a tropical vacation, when in reality, you are relaxing in your very own sanctuary next to your back yard pond. Many folks are creating their own sanctuary to "get away from it all". Your backyard pond is the perfect place to

unwind and let the worries of the day simply melt away.

Water features in the garden range in size from a small aquaboulder (bubblingstone) to a large pond with a stream and waterfalls. But whatever the size you choose, you are sure to receive endless enjoyment and relaxation from your very own sanctuary.

Pondscapes specializes in design,

installation and maintenance of backyard ponds, waterfalls, streams, koi ponds and also natural stone patios, walls and walkways. Pondscapes waterfall display was just awarded BEST IN SHOW, the top honor at The 2016 Frederick Home Show. Check out PondscapesMaryland.com for more information, email [pspondscapes@msn.com](mailto:pspondscapes@msn.com) or call 301-271-4550.



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## HEALTH NOTES

# Understanding kidney disease

Kelsey Felice-Shupe  
Frederick Memorial Hospital

One in three Americans is at risk for developing kidney disease, and high blood pressure and diabetes are two of the leading causes. Kidney disease is often referred to as a “silent killer” because a person can lose up to 90% of their kidney function before experiencing any outward symptoms.

Your kidneys are located on the left and right side of the spine, at the lowest level of the rib cage. Weighing approximately 4-6 ounces each, the human kidney is typically the size of an average fist. Regardless of their size, kidneys play an essential role in your overall health and are one of the most important organs in the human body. While most people are born with two kidneys, it's possible to live with just one.

According to the National Kidney Foundation, your kidneys filter all of the blood circulating through your body every 30 minutes; filter-

ing about 200 quarts of fluid every 24 hours. The main purpose of your kidneys is to remove excess water and toxins from your blood. While your kidneys regulate your body's fluid levels, they also release hormones that regulate blood pressure, activate vitamin D, balance blood minerals, and release a hormone that directs the production of red blood cells.

Understanding your risk for developing kidney disease is very important; if you're at increased risk, you may be able to detect the disease early. And like most health related issues, early detection allows more time for treatment and an increased likelihood for better outcome. According to the World Kidney Day Foundation, you are at higher risk of developing kidney disease if you:

- Smoke
- Have high blood pressure
- Have diabetes
- Are overweight
- Have a family history of Kidney Disease

- Are over the age of 50
- Are of Asian, African, Hispanic, or Aboriginal origin

There are many causes of kidney disease. Some kidney conditions are inherited and other causes are congenital, meaning a person is born with an abnormality that can affect the kidneys. Diabetes, high blood pressure, Glomerulonephritis (inflammation of the kidneys), Polycystic Kidney Disease, kidney stones, urinary tract infections, congenital disease, and drug interactions are some of the most common causes of kidney damage, which over time, can lead to kidney disease.

Because most people experience no symptoms until their kidney disease has reached the advanced stages, it's important to talk to your doctor about your risk factors now, before you notice symptoms. According to the National Kidney Foundation, your kidney function can be tested using urine and blood samples. Talk to your healthcare

provider for more information on kidney function testing.

If kidney disease reaches the advanced stages, symptoms often include:

- Swollen ankles, feet, hands, face, or abdomen
- Fatigue or weakness
- Difficulty concentrating
- Decreased appetite
- Increased thirst
- Difficult or painful urination
- Increased need to urinate (especially at night)
- Blood in the urine or foamy urine

According to the Mayo Clinic, some types of kidney disease can be treated, depending on the cause. However, chronic kidney disease often has no cure. In general, treatment consists of measures to help control signs and symptoms, reduce complications, and slow progression of the disease.

Ultimately, prevention is your first line of defense against developing kid-

ney disease. According to the Cleveland Clinic, you can take the following steps to keep your kidneys healthy:

#### Stay hydrated

Drinking enough water (4-6 glasses a day) helps to maintain proper kidney function. However, over-hydrating is not proven to help your kidneys do their job any better.

#### Eat a healthy diet

Because most kidney diseases arise out of conditions like high blood pressure and diabetes, eating a healthy diet can help prevent kidney disease by preventing their initial cause. Preventing diabetes and high blood pressure will help keep kidneys in good condition.

#### Exercise regularly

Along with a healthy diet, regular exercise can help you maintain a healthy weight and prevent conditions like high blood pressure or diabetes. If you're new to exercising, take it slow as you start and work up to more intense activities. You don't want to over-exert yourself, putting a strain on your kidneys.

#### Quit smoking

Smoking damages blood vessels, which can also decrease blood flow in the kidneys. This decrease blood flow keeps your kidneys from functioning at their optimal levels. Also, let's not forget that smoking can lead to high blood pressure and increased risk of kidney cancer.

#### Be cautious of supplements and herbs

Overuse of vitamins, supplements, and some herbs can be harmful to your kidneys. To make sure you're using these items at their correct dosage, it's best to talk to your healthcare provider.

#### Take over-the-counter medications as directed

Common over-the-counter medications like ibuprofen or naproxen can cause kidney damage if taken too often over a long period of time. Using these medications for occasional pain is fine for an individual with healthy kidneys. However, if you're taking these medications for chronic pain or arthritis, talk to your doctor. Monitoring kidney function or finding alternative ways or managing pain may be suggested.

Know your risk and get screened. If you have a condition such as high blood pressure or diabetes, talk to your doctor about performing a kidney function test as part of your routine care.

Ultimately, your kidney health is often dependent on your overall health. The most important thing that you can do for your kidneys is to take care of your body, which reduces your chances of developing a condition that could put a strain on your kidneys in the future.

To learn more about your kidneys, kidney disease, prevention, and so much more, visit the National Kidney Foundation website at [www.kidney.org/](http://www.kidney.org/)

## FMH Cancer Program Earns Reaccreditation with Seven Commendations

Accreditation from the American College of Surgeons Commission on Cancer (CoC) is the yardstick against which America's top cancer treatment programs measure their performance and progress. Every three years, the FMH Cancer Program voluntarily participates in this rigorous accreditation process in order to compare the success of its program against nationally recognized quality measures and standards of care.

The FMH Cancer Program recently received a three-year reaccreditation from the Commission on Cancer with commendations in seven out of seven categories. The commendations were received for clinical trial accrual, cancer registrar accrual, public reporting of outcomes, College of American Pathologists protocols, nursing care, RQRS participation, and data submission (accuracy of data).

Congratulations to all of the physicians, nurses and staff members who make this accreditation possible!



To learn more about the FMH Cancer Program, please visit [fmh.org/cancer](http://fmh.org/cancer).

## Crouse Ford rolls out new showroom

Danielle Ryan

Crouse Ford, located on Antrim Boulevard in Taneytown unveiled their brand new showroom in March. The project, which started in June of 2015. In order to modernize the appearance and functionality of the dealership that has served Crouse well for the past thirty years, the decision to embark on a full facilities renovation was made. The present building that houses Crouse Ford's service department, parts department, paint and body department, administrative offices and sales showroom was built in 1985 and was well due for a makeover.

In 2013, Ford introduced an optional Trust Mark program for all Ford dealers. The program was designed for exclusively Ford facilities, and had the goal of modernizing Ford dealerships. Crouse Ford has always sold Ford vehicles exclusively, since 1941, so the fit for the Trust Mark program was perfect. By December of 2014, Crouse Ford received a call inquiring about their interest in participating in the Trust Mark program. Ford's Trust Mark program offered planning and financial assistance to dealers wishing to make the desired improvements, by offering 50% financial participation.

Within the Trust Mark program, Ford Motor Company had basic specifications that had to be met, including the addition of a 29-foot tall Entry Tower, Showroom Vestibule, exterior Architectural Aluminum Paneling, and new LED-lit exterior signage.

Other requirements included the installation of a customer friendly WI-FI service, the painting of all exterior surfaces of the existing building as well as the interior.

Crouse Ford wished to achieve additional goals, on top of the Ford Motor Company requirements. The overall size of the facility was not changed significantly, but the appearance both within and outside the building underwent significant changes. They added a 400 square foot customer lounge, enlarged the showroom space for a dedicated finance office, changed the customer restrooms, widened the hallway, installed Epoxy-based flooring at the service reception area, installed new ceilings with efficient LED lighting, and installed new 24 inch ceramic tile flooring and carpeting.

The first stage consisted of the demo phase, which began on June 22. This phase included the removal of the old ceiling tiles, lights, and the original wooden wall-paneling. Two mobile air conditioned trailers served as the restroom and waiting area for customers waiting on vehicle service. Crouse Ford was very grateful to all customers and employees who showed patience and understanding throughout the entire renovation process.

The next stage was the demo and installation of new Showroom glass storefronts and glass entrance doors. During the late summer of 2015 Crouse Ford witnessed the construction of the new office and showroom walls, door frames and doors. The final touches were carried out by painting the new interior



From the outside, Crouse Ford looks like a modern car dealership, but walk through the doors and you'll discover that Tom Crouse and his cousin, Dave Crouse grew up in the old-school philosophy that customers always come first.



walls a lighter shade of Ford approved paint entitled "Swiss Coffee." Customers have shown an overwhelming approval of the new renovations and have commented on how much they like the appearance of the brighter showroom. The lighter col-

or choices were meant to achieve a welcoming, friendly and overall more open environment.

In addition to the new paint scheme, new pencil-wood surfaces, and "blue-moon" Quartz counter tops were installed throughout, including parts and service counters, coffee bar, and restrooms. All surfaces had to match the Ford furniture. The first shipment of furniture included all-new customer appointment stations for

the service department. The final delivery of furniture arrived in late December making for a nice Christmas present.

Customer reactions to the newly renovated dealership facilities have been very well received. Completion of these renovations will help Crouse Ford mark their 75th Anniversary this Spring! Tune in next month for a 75th Anniversary article featuring Crouse Ford.

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## WWI NEWS REPORTS FROM THE FRONT

## The Irish Easter rebellion

April 7

One of the five zeppelins, which visited the Eastern counties of England Saturday night, was damaged presumably by British anti-aircraft guns, and came down in the Thames estuary. On being approached by a patrol boat, she surrendered. The crew was taken off her and she was taken in tow, but she suddenly broke up and sank.

An exceptional feature of the raid was the fact that the weather was fine and clear: there was no moon, but the stars were bright. Toward midnight, a slight haze came up, but it was not sufficient to secure the landscape from the view of aviators or any aircraft gunners. It was such a night, that experts thought it would oblige the airships to keep at a very high altitude, if they hope to escape damage.

An eyewitness of the zeppelins in flight and its encounter with anti-aircraft guns describes the scene as the most thrilling one. The zeppelin, which appeared to be a larger type than that of previous visits, flew at considerable height. The glitter on its surface as it passed overhead attracted the attention of hundreds of persons, who came outside to gaze upwards despite the instructions given to remain undercover. The searchlights that played on the radar illuminated it effectively and shells from the guns that opened fire

could be seen bursting all around it.

Although no formal warning was issued to the population, the usual signs of an approaching air raid were manifested in London by the darkening of the streets and by the stopping of the train service above grounds. Thousands of persons were unable to reach their homes, and for the greater part of the night the police stations were crowded with wayfarers seeking shelter.

A remarkable feature of the situation was the good-natured way in which the people acted in the dark and stalled trains, showing no signs of panic - they seemed to take their inconvenience as a matter of course. In villages in many parts of England it is the custom to give the inhabitants ample warning. Special constables go from door to door, informing the villagers that raiders are on their way. The inhabitants assemble in one house, in the street or in a public building, making the visit something in the nature of a social event.

#### Holland closes border with Germany

Holland has closed her frontier with Germany and moved all her available forces there. "I do not for a moment suggest there is a possibility that Great Britain intends to land her armies on the Dutch coast," said the Dutch Foreign Minister today in an interview regarding recent mysterious military preparations in

Holland. "We have the assurance of Britain, but she will respect our neutrality and we rely on that assurance. The question is: will Germany respect our neutrality? If the Germans began seriously to be afraid of such a contingency, namely, of the landing of British troops in Holland, what influence will that have on Germany's attitude toward us? We must assume that she is acquainted with our defensive capabilities. If she judges that capacity to be inadequate and considers that a British interruption into Germany through Holland is to be feared, would it then be strange if we were approached from the German side proposals to which we cannot submit, because they would mean the abandonment of our neutrality toward the allies?"

"I know that against this it may be said that the British will not make a landing at Holland and that if they tried we are quite capable of stopping a British invasion. That is not relevant. The question is not what we think, but what the Germans think." The Dutch foreign minister added that there was an increasing possibility of conflict on both sides, and while awaiting attitude might be adopted toward Great Britain, something should be done with regards to Germany. He suggested the strengthening of the Dutch forces in order to make clear to Germany that Holland has the power and intention to preserve her neutrality.

#### German Chancellor views of post war Europe

In the Reichstag, the Imperial Chancellor reviewed the military and political situation and the use of various means of warfare in German-American relations. He protested vigorously against reports, but Germany, now or in the future, contemplated aggression against the United States. He said: "The latest offspring of the accumulating campaign directed against us are reports that we will, after the end of the war, rush against the American continent and that we shall attempt to conquer Canada."

"It is even reported that some apprehensive souls in America foresee from a victorious Germany an attempt to break down the Monroe doctrine, plant its flags in South or Central America, or even design to leap upon the United States, and crush them in order to attain mastery of both continents. I need hardly assure you such reports, which from time to time had been set afloat by enemies of Germany our evident intention of stirring feelings against us. Germany has never placed itself in opposition to the American principle of the Monroe document."

"Again I would ask Americans to remember the attitude of Germany during the Mexican crisis. Although extensive German commercial interests were involved, and although there was a strong demand for independent action to protect those



America held its breath after the President conveyed a notion that unless German submarines ceased attacks without warning on merchantmen carrying Americans, diplomatic relations would be severed.

interests during a protracted disorder, the Imperial Government at all times left the United States a free hand in its policy toward Mexico. The Washington government was not at any time left in doubt as to the attitude of Germany."

"We shall have quite enough to do at home to safeguard our own positions in Europe, heal the wounds of the war, restore our industry and business life at home and re-build our foreign trade, without reversing our traditional policy in regard to the American continent and taking on a new and powerful enemy across the Atlantic."

The Chancellor, whose address was delivered to a crowded house, also spoke of the Polish, Lithuanian, Latvian and Belgian in Flemish problems. He insisted upon the necessity of guaranteeing the peace of Europe after the war, and also securing these results, by giving opportunities of a free evolution along the lines of the national individualities and mother tongues of these races.

The chancellor began his address with a review of the military situation. He stated that since his last speech the Dardanelles enterprise had ended as a failure, that the Serbian campaign, with the assistance of Austria-Hungary and Bulgaria have been brought to a victorious conclusion, and that Montenegro and Albania likewise are now in the hands of Germany's allies. The British attempt to relieve Kut-el-Arama in Mesopotamia has been rebuffed and the Russians have found their southward push checked by strong Turkish forces.

The Chancellor's outline of what Germany wished Europe to be in the future has attracted great interest. "This new world," he said, "in many respects cannot resemble the past. The peace must be a lasting peace. It must not bear the seeds of a future world war, but must provide for all peaceful arrangements of European questions."

April 14

The Germans are again bombarding the French lines at Verdun, apparently with a view to an early return to the policy of delivering a series of short, sharp blows at different points of the line.

The object of this method of warfare is considered by military authorities to be too disorganized. It consists of the system of reserves by the defending forces gradually wearing down the defenders in order to prepare for an opportune moment for a general assault.

Heavy masses of German troops are being hurled against the defenses of Verdun, which are being tested to the limits of vital points. The French are offering tenacious resistance, and have succeeded, pressing back the German troops where sledgehammer blows have badly dented the French lines within the past few days.

For three days the only action on the east bank of the Meuse has been heavily concentrated artillery fire, with a finishing touch in the form of a couple of hours of heavy shelling with suffocating and tear producing projectiles.

In their attacks, the Germans approach within 100 yards of French trenches and seem insensible to the fact that hundreds of their men were falling by the way. When the attacking columns were thinned out by artillery and machine gun fire the order to retire was given. Twice were they obliged to fill up the gaps in their ranks, but none of the onslaughts shook the French lines.

After bombardment with high explosives lasting eight hours and the use of gas for another hour or two, the Germans would attack in two columns. The whole front, beaten by gas projectiles, is overhung by a yellowish cloud of chlorine vapor that seemed to be suspended from the sky. When the clouds lift the



**Editors Note: Why I said I would dedicate space to the Mexico situation in the last edition, as you can see there was so much going on in Europe it was impossible to do. So allow me to give you a short recap. The US pursuit of Pancho Villa was as follows: After an intensive initial pursuit of Pancho Villa, he was reported dead, but shortly after, the US troops received confirmation that he was, in fact, still alive. Mexico grew weary of the US presence, so they demanded that the US soldiers return to America. The US ignored Mexico's demand, and the politicians back in Washington started to micromanage the war department. As the month closed, Villa was still on the run and the US troops were hopelessly lost in the interior of northern Mexico.**

# APRIL, 1916



**The Irish Easter uprising, also known as the Easter Rebellion, lasted six days. It was launched by Irish republicans to end British rule in Ireland and establish an independent Irish Republic. Had the rebellion succeeded, it would have dealt a significant blow to the English ability to continue to man an army on the Western front – and could have possibly changed the outcome of the war in the favor of the Germans.**

Germans bound forward seemingly indifferent to the thick death-dealing curtain of fire from the French artillery. Some of them get through it, but only find that the French have abandoned the first-line trenches to allow the gas cloud to dissipate.

German reinforcements are then sent out to fortify the trenches, but before they reached the line, the French came back with resistible counterattack and in a few moments drive out the Germans. There was no visible diminution in the courage of the Germans, nor do the French show the slightest fatigue. The resultant consequence is that the unprecedented carnage of Verdun goes on.

The French losses in killed and wounded in the fighting around Verdun are computed to have reached up to the present time a total of 150,000 men. The French calculate the German losses at 200,000.

## April 21

On Wednesday President Wilson personally addressed Congress on the subject of the submarine issue with Germany. He went to the capital yesterday afternoon and addressed the House and Senate in joint session in the hall of the House of Representatives.

The president outlined the issue with Germany over the sinking of merchantmen by German submarines, covering a whole range of tragedies, from the sinking of the Lusitania to the latest instances, climaxing in the destruction of the Sussex, without going into details.

The President disclosed the nature of the latest note to Germany, sent to Berlin on Tuesday night. It conveyed a distinct warning in violation of international law, that unless attacks without warning on merchantmen carrying Americans are stopped, diplomatic relations will be severed. The United States demands that Germany modify this method of summary warfare. This note, though practically an ultimatum, does not contain a time limit. The United States has insisted that Germany reply immediately to its demands.

A break in diplomatic relations of the United States with Germa-

ny within two weeks was forecasted by men on the inside of the administration who generally know what they are talking about. The only thing that will prevent this break is Germany's unequivocal promise, in clear and distinct words, that she will promise that vessels will not be torpedoed until after warning that must be seen and understood by commanders of the vessels.

The communication is substantially an indictment of Germany, like that level of a man about to be tried in the courts of the United States. And that is what President Wilson wishes to communicate. The communication is expected to be framed for all publication to the world, although usual efforts will be made to guard its contents from becoming known in advance.

Even though German Ambassador Von Bernstorff will be handed this passport if the issue is not resolved, it was believed that the president will issue a statement that the action of the United States does not mean a declaration of war against Germany, but does mean the United States feels that it can no longer associate in the brotherhood of nations with Germany. The president's objections will be a moral lesson to the world, and to Germany, putting on notice to all nations that the United States will consort on terms of friendliness only with nations that comply with international law and hold always in view of the rights of humanity generally.

High officials of the administration do not believe that the prospective break will mean that this country will ever participate to an important degree in the war. Whether the Unit-

ed States takes any step hostile to Germany at all will depend, it is suggested, upon Germany's submarine war after the break comes. Should she pursue her present course, it is thought the United States would consider sending war vessels to foreign water to guard vessels upon which Americans are traveling.

Count von Bernstorff went to the state Department on Thursday and conferred with Secretary Lansing on the situation. After the conference, it was learned that the German diplomats regard the receipt of a reply from Germany within two or three days as physically impossible. It was thought a reply would not be received here before 10 days. It was pointed out that Easter Monday is a holiday in Germany and that necessary consultations of officials would cause almost another week to elapse before the German decision could be transmitted here.

The Ambassador was understood to have informed the Secretary of the details of the message he sent yesterday to his government, making certain recommendations, which he believed if acceptable to his government, would be satisfactory to the United States.

The Ambassador appeared hopeful that some way would be found to prevent a break of relations. Disregarding the hope held by German officials here for an amiable settlement, one official described the prospect of resolution as a "toss-up."

## April 28

On Easter Sunday, serious disturbances broke out in Dublin. A large

party of men identified with the Sinn Fein party, occupied Stephen's Green and took forcible possession of the post office, where they cut the telegraph and telephone wires. Houses were also occupied on Abbey Street and along the harbor.

London reports that Sir Roger Casement, leader of the separatist faction in Ireland, was arrested on Saturday in connection with an abortive attempt to land arms in Ireland from a German vessel. Casement had gone to Berlin and conferred with the German authorities. Assurance was given by Sir Roger that should German troops land in Ireland Sir Roger's followers would give every aid to the Germans.

The English press suggests the possibility that Sir Roger, if convicted of high treason, may be beheaded. Under the existing law a person found guilty of this offense made be given the penalty of beheading instead of hanging.

The Germans may have been calculating," said the London Times, "that the rising in Ireland would influence certain kinds of American opinion in their favor at a time when relations with the United States are critical. German and Irish societies in America have been working hand in glove to prejudiced opinion against Great Britain. They doubtless will claim that the issue is now about Ireland's struggle for freedom."

"Before Germany took the trouble to send arms to Ireland," says the Times, "she must have been satisfied of the existence of agents in that country who are prepared to receive and use them in her interest."

Following the revolt, martial law was declared throughout all of Ireland. Premier Asquith announced in the House of Commons that the rebels continue to hold important public buildings in Dublin and that street encounters were still in progress. The Premier announced that Maj. Gen. John Maxwell has been given powers under martial law over the whole country.

Indications are that the revolt is spreading to other parts of Ireland,

especially in the West. It was on the West coast that Sir Roger Casement's expedition, consisting of a submarine and a steamer, was intending to land munitions when captured. In the north of Ireland, so far as it is known, there have been no disturbances.

According to New York papers, the revolt in Ireland far exceeds the extent of the admission of the British government. According to information received by Irish circles in the city, a force of about 10,000 rebels is opposing the British government authorities in Dublin and in neighboring Irish counties.

"Sinn Fein," an expression seen every day now in print since the development of the troubles in Ireland means in Gaelic "For Ourselves," and the two words pretty well describe the policy and purpose of the organization.

The Sinn Feiners demand Ireland stand alone and work out her own salvation by her own efforts, absolutely boycotting the British government, which it declares to be the only enemy of Ireland and the cause of all its evils and ills. It is an imitation of the policy adopted by Ferencz Deak, who in a contest with Austria for Hungarian independence, waged from 1849 to 1867, encouraged passive resistance and boycotts.

In 1903 a young newspaperman named Arthur Griffin conceived the idea of applying the Hungarian policy to Ireland and boycotting the British government. At first, it was understood that the Sinn Feiners, like the members of the Gaelic League, would abstain from politics, but the refusal of politicians to join with or assist them, provoked animosities. In retaliation, the Sinn Feiners were placed under the ban by Irish parliament, and it soon became an armed political party bent on Irish independence from England.

*To read past editions of WWI News Reports From the Front visit the Historical Society section of Emmitsburg.net.*



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## HISTORY

# Terror on the Monongahela

John Miller  
Emmitsburg Historical Society

### Part Two

As the British marched, Captain Beaujeu was trying to determine the location of the British. By 1:00 p.m., the French, Canadian and Indians had found the British. Captain Beaujeu was taken off guard as he was moving headlong toward them. He began signaling his command and the Indians to move right and left, quickly trying to get his men into position. Many of the Indians took position in several ravines, while the rest of the French force moved into a position that took the shape of a half moon.

Royal Engineer Harry Gordon, who was at the head of Lt. Col. Gage's vanguard, thought he saw something moving in the woods. He thought he had seen a figure of a French officer moving back and forth in between the trees. One man became five, five men became 15, and finally he saw hundreds of Indians. About 300 of them came into view. Royal Engineer Gordon fell back to report his sighting to Lt. Col. Gage. At first Lt. Col. Gage wanted to pass it off, but the fear in Engineer Gordon's eyes expressed the gravity of the situation.

Before Lt. Col. Gage had time to size up the situation, one of his line officers ordered his detachment of twenty Grenadiers

to "Right about." The men had little direction as to what the officer saw. Lieutenant Colonel Gage quickly gave orders for his command to fix bayonets. Lieutenant Colonel Gage sent word back to bring the two 6-pounders up and deploy in front of Maj. St. Clair's workers.

Lieutenant Colonel Gage formed up his battle line and moved forward. At the same time, the French and Canadians were moving directly toward the British advance. The British moved to the eastern slope of a ravine that ran parallel. The French thought the British had higher ground. Seeing this, the French Marines opened fire. The shots did no damage, missing their targets as the British were out of range of the French guns.

The opening French volley forced the British advance to hesitate, but Lt. Col. Gage quickly restored order in the ranks. The British fired a massive first volley back at the French Marines and Canadian Militia. Targets were not as easily seen, but the British first and second volley stunned the Canadian Militia. Half of their command fell back and began giving ground.

The British Grenadiers were soon supported by the two 6-pounder cannon. The guns were deployed in front of Maj. St. Clair and poured deadly case shot into the woods, wounding several French soldiers. The French, Canadians, and Indians saw first hand the destruc-

tion caused by the British artillery. The woods were splintered. If the French were to gain the day, the artillery needed to be silenced.

Within minutes of the fight, the French and Canadian Militia lost almost half of their number. Many fell back from the battlefield, leaving 150 men to resist the British. Then the British fired a third volley in which Captain Beaujeu fell dead. The command fell to Captain Jean Daniel Dumas. It looked as if the British were winning the battle.

While Lt. Col. Gage was hotly engaged, the Indians were just getting into position. No sooner had the British opened fire when Maj. Gen. Braddock heard sounds of battle in his front. Once the sounds did not die down, he ordered an aide to ride to the front and report back to him the situation. But Maj. Gen. Braddock went ahead and rode forward one quarter of a mile to see for himself what was going on. At this time, the Indians attacked, hitting their flanks. Their half moon formation would begin reaping the British.

The Indians began picking off the British cannons and those officers mounted on horses. When the battle opened, Maj. St. Clair formed his men, ready to move forward to action. At the same time, Lt. Col. Gage was trying to restore order among his lines. As the Indians attacked the flanks, many of those men



Leading a small force composed of regular soldiers, Canadian militia, and Native Americans, General Daniel Hyacinthe Liénard de Beaujeu defeated the British troops under the command of General Braddock. Although he was killed at the beginning of the confrontation, he remained famous for having used the Native American habit of using war paint during ambushes.

came running and collided with the vanguard column. With so much gunfire and screaming, the British began getting disorganized, creating disorder in the ranks. With the flankers running

wildly to the main column of the vanguard, several were subjected to friendly fire.

Lieutenant Colonel Gage later noted that the French and their Indian allies took advantage of the landscape, and fired with much success as most of the officers were killed or wounded, as were many of the men. The British soldiers began retreating and were halted. Within fifteen minutes of the first shots, many of the vanguard were killed or wounded. The Indians and the French poured deadly fire into the British. The flankers and the vanguard were intertwined with those of the vanguard.

Lieutenant Colonel Gage ordered men to take the higher ground, but all refused the order. The men stood in the middle of the road and fired in every direction. Due to the lack of reinforcements, the British flankers retreated off the hill. The Indians had taken to higher ground on Lt. Col. Gage's right flank, where the French and Indians gained this vantage point and poured heavy fire down upon the British.

As Lt. Col. Gage tried restoring order, he lost control of the situation when the Indians began overriding his position. The Indians moved quick and they moved fast as they came toward the British. This forced what was left of Lt. Col. Gage's command to retreat, colliding with Maj. St. Clair's command as they began arriving and being attacked.

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# HISTORY

Lieutenant Colonel Gage's command would lose 57 men killed and wounded out of 70 from the Grenadier company of the 44th Regiment. The 48th Regiment Grenadier company suffered heavily too. They lost 67 men who were killed or wounded out of 78 total. Of 18 officers, only three remained. The rest were mostly killed. The two 6-pounders would fire upwards to a total of 100 rounds of ammunition during this phase of the battle.

During the opening phase of the attack, Maj. St. Clair formed up his men. Within a few minutes, Lt. Col. Gage's advance began falling back to Maj. St. Clair's position. Major St. Clair moved ahead to the front to see first hand what the situation had produced. By that time, the Indians began attacking his column. Many of his Virginia rangers under Captain Waggoner began hunkering down behind trees and rocks and fighting back. They were looking for a fight, while at the same time, Captain Polson's Virginian carpenters were shot to pieces within minutes. As Maj. St. Clair rode forward he was shot through the right lung, which broke his collarbone and skimmed his right shoulder blade.

After Maj. St. Clair was wounded, he rode back to his own line and gave orders to his men to protect the artillery. He then went to find Maj. Gen. Braddock. Major General Braddock had taken off to see what

lie ahead. He was at the head with the heavier artillery. Upon seeing Maj. Gen. Braddock, Maj. St. Clair yelled "For God-sake" move to the right and take the higher ground or the Indians will totally surround them. By that point, Maj. St. Clair fell, passing out due to the lack of blood which poured from his wound.

Major General Braddock, with Captain Stewart's Virginian horsemen, and the general's staff, including Colonel George Washington rode forward. Major General Braddock was stunned at the situation. His army was in total disorder. The scene was wild, chaos and fear had gripped his men in the front. Lieutenant Colonel Gage's and Maj. St. Clair's detachments were intermixed.

Major General Braddock quickly ordered Colonel Halket to secure the wagon and artillery trains. Colonel Halket had to bring up the trains and close their order, and he would remain with the wagons. At the same

time, Maj. Gen. Braddock ordered Lieutenant Colonel Ralph Burton and the troops guarding in columns on both sides of the wagon trains to move forward. About 500 soldiers rushed forward about twenty minutes after the first shot opened the battle.

Lieutenant Colonel Burton moved the infantry ahead to where Lt. Col. Gage's position was facing them, to the right overlooking the higher ground. There, three 12-pounder cannon deployed to their left to protect the rear of Lt. Col. Burton. The three 12-pounder cannon under the command of Captain Thomas Ord opened fire on the Indians, holding them back for a few moments. Major General Braddock ordered Captain Ord to clear the brush with his 12-pounders in an effort to try to open the area and remove any concealment away. The British Royal Artillery were supported by Lieutenant Charles Spendelov's sailors. Within a few hours, these guns fire almost one hundred

rounds of ammunition.

Major General Braddock ordered Lt. Col. Burton to take the rising hill on his right. This was the same hill that Maj. St. Clair warned Maj. Gen. Braddock about. As they moved, the commands of Lt. Col. Gage and Maj. St. Clair collided with the newly arriving reinforcements. As Lt. Col. Burton's column began to wheel in the middle of the twelve foot wide road and form a battle line, they became entangled with hundreds of men. The harder Lt. Col. Burton's command pushed forward, the com-

mands of Lt. Col. Gage and St. Clair pushed back even harder. To make matters worse, the two 6-pounder cannon had ran out of ammunition and were soon abandoned and captured. The gunners ran and fled from the scene. Major General Braddock would order a charge up the hill to recapture their 6-pounder cannon, but no soldier dared to leave the road.

To learn more about our rich, local colonial history, visit the Historical Society section of emmitsburg.net.

### Community Wellness Event

Sponsored by St. Joseph's Ministries

**April 13, 2016**  
1:30 p.m. - 3:30 p.m.  
331 South Seton Avenue  
Emmitsburg, Maryland

**Here's the scoop!**

You are invited to join us at St. Joseph's Ministries for an afternoon of practical tips in adjusting to the constant changes as we move into later years. Our speaker, Kim Burton, will share useful information on how to accept and adjust to the losses and changes as years go by.

Event will be held in St. Joseph's Ministries Guest Dining Room. Ice cream bar, fun and prizes! Please R.S.V.P. by April 6 by Calling 301-447-7000 or emailing sue.osterman@sjmah.org Hope to see you there!

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He was an Italian painter best known for his portraits of faces composed of objects.

**POCKET Art** is a descriptive guide for art enthusiasts providing an illustrative account about popular artist. This educational app explores the artists interesting history, vibrant images, and the comprehension of many types of art styles and mediums.

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## MOM'S TIME OUT

# Wonderful springtime memories

Mary Angel

I can't believe it is Spring Time! Maybe I can't believe it because the weather can't make up its mind, one minute its 75 degrees and the next they are calling for snow. Or, maybe I can't believe it because it seems like spring has come out of nowhere. I mean, is this year really a quarter gone already? Regardless of how it feels, Spring is here and I am super excited. As soon as the first ray of Spring sunshine hits my face I am overwhelmed by wonderful pictures in my mind of happy Spring memories.

The minute the weather starts warming up and the sun starts shining I am immediately taken back to when my oldest was a little one, maybe around 18 months old. We were in the process of building a house and had already moved from our previous home, so we were living with my in-laws. My son, at the

time an only child, would go outside and play with his buddy mower in the early evening waiting patiently for his Granddad to get home from work. Every time a car would pass by the house he would stop "mowing" and look anxiously down the driveway. If the vehicle drove by he would continue "mowing" until Granddad finally got home. The smiles on both their faces as Granddad picked him up in the evening is what I remember most of all - priceless!

The next picture in the slideshow of Spring that passes through my mind is on of mud pies. My boys spent more than their fair share of hours playing in the mud when they were young, but never making mud pies. My girls, on the other hand, could open their own mud pie bakery, they have created so many different varieties of mud pies. Since they were very little they have always gone outside right af-



This spring, get outside and make some wonderful, silly, crazy, awkward memories with your kids. Happy spring!

ter a rain storm to "bake" some pies. I have been caught, quite a few times, cracking the window so I could hear the conversations had by my two little chefs as they were discussing the days pie menu. It is also one of the only times when I find a completely filthy child absolutely adorable. When they are finished making pies and they come to the door covered in mud (literally from head to toe), they couldn't be any cuter if they tried.

The next picture is of my second son playing T ball. It was such a long time ago that I am often surprised that the memory is as vivid as it is. I can see that tiny little boy, with his bowl haircut, standing there waiting for his turn to take a swing at that little ball sitting patiently on the tee. The tiny little legs running

for all they were worth to make it to first base. My fondest, most vivid memory however, is of my baby boy (and the rest of the outfielders) playing in the dirt while they waited for the ball that was never going to make it that far. I am sure whoever worked on the field didn't think all of the tiny holes in the outfield were as cute as I found they boys who were making them.

My second to the last Spring time memory is of one or both of my girls decked out in their recital clothes holding the bouquet of flowers we had given them. I would always take pictures near a beautiful flowering shrub or three (whatever I could find). Even the times when I was trying to get their hair into a bun (I am extremely hair challenged) and the

little tears would roll down their cheeks. It was sad but still part of the memory. My favorite picture (and I mean legitimate picture, not memory) is of my youngest laying on the floor after her recital piece was finished and she was completely spent. She had given it her all and was ready to call it a day. A friend of mine saw her laying there and asked if she could take her picture. Without hesitating she started pouting. She was done with the recital, the dress, her hair, and, most definitely, any and all pictures (I am a bit of a shutterbug). My friend couldn't resist, as she only became more and more adorable, so she snapped a few pictures and apologized to me for torturing her. One picture in particular has been and always will be one of my favorites, since it captures her spunk so perfectly.

If you have ever read my articles I hope you know I like to throw little dashes of bad along with the good, just to keep it real. Well, my final memory is one that is a little less sunshine and rainbows and a little more "you have got to be kidding me!" One thing my whole family looks forward to in the summer is swimming in our pool. That can't happen without us coming together, as a family, in the Spring to open that pool. It involves a lot of lifting, carrying, pulling, pushing, explaining and yelling. It isn't just opening the pool, it is also bring out patio furniture, a pool pump, pool equipment and toys. It is an extremely long day and although none of us remain the wonderful, loving, pleasant family we usually are, we still come together and accomplish the task. At the end of the day we all apologize, grill something, and enjoy dinner together.

No matter what kind of memories Spring brings. I hope they make you smile! This Spring get outside and make some wonderful, silly, crazy, awkward memories with your kids. Happy Spring!

To read past editions of Mom's Time Out, visit the Authors section of [Emmitsburg.net](http://Emmitsburg.net).



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# Asian cooking: Not just average takeout

Sharon Racine

I don't know how well-acquainted the rest of you are with Chinese food, but it used to be something that I would only order as takeout and rarely concoct in my own kitchen. I've always been a fan of the variety of flavors and textures that Asian cuisine offers, but had never really attempted to create them on my own, save the meager combinations of rice and frozen vegetables that I tried to pass off as stir fry.

Perhaps the idea of cooking Asian never crossed my mind because really, why try to perfect the already-flawless delicacies that doubled as the ultimate hangover cure in college? General Tsao's chicken was my go-to meal, made all the more delicious by a side of veggie fried rice. Of course these cheap dishes were all that I knew of Chinese food, but I loved them nonetheless. Yes, life was good with those white paper takeout containers of processed, gooey goodness.

I didn't think that my extremely contented view of Chinese cuisine could possibly change, but it did, and for the better: last year, my boyfriend Dan surprised me with two tickets to an Asian cooking class for my birthday. I was very excited to get up close and personal with one of my favorite types of food.

The small class environment was very beneficial, and working with a partner made the chopping and frying actually quite enjoyable. The instructor taught us some valuable knife tricks, such as to cut away from the body, to not lift the knife tip off of the cutting board while slicing, and to use the side opposite the blade to scrape chopped veggies into a wok or pan. We learned some interesting cooking techniques as well, but the instructor put an end to those when a classmate's attempt to toss veggies in the pan while stir-frying ended up on the linoleum floor.

Many of the ingredients that we cooked with during the class were new to me, such as bok choy and bamboo sprouts. While we benefited from the availability of these odd ingredients during class, I wondered where I could

buy them locally when I wanted to create the recipes again. The class instructor immediately quelled my concerns when she informed us that all of the ingredients in her recipes could be purchased from any specialty or gourmet grocery store.

After three hours of full-fledged chopping, frying and tasting, I left the class well-informed and approximately five pounds heavier. Don't get me wrong - the recipes that created were on the healthier side; it was the moderation that I hadn't quite mastered. I promise that they are healthier (and more delicious!) than takeout.

## Egg Rolls

### Ingredients:

One package egg roll wrappers  
2 cups shredded napa  
1 cup shredded bamboo shoots  
1 cup bean sprouts  
1 cup shredded pork loin (optional)  
4-5 pieces dry black mushrooms (soaked and sliced)  
2 cloves of garlic  
2 slices ginger root  
3 cups peanut oil (for frying)  
Salt and pepper to taste  
1 tsp oyster sauce  
Marinade for pork:  
¼ tsp ground pepper  
¼ tsp chopped garlic  
1 tsp sesame oil  
1 tsp corn starch  
2 tsp soy sauce

### Instructions:

Marinate shredded pork with sauce for 5-10 minutes. Heat 1 tsp oil in wok. Add garlic and ginger, then stir-fry mushrooms and napa for 5 minutes. Add bamboo shoots and bean sprouts and cook for one more minute. Remove mixture from wok and set aside. Stir-fry pork mixture in a tablespoon of oil for about 5 minutes or until done. Combine all ingredients in the wok and add salt, pepper, oyster sauce and sesame oil. Remove from heat and let cool.

Once mixture is cool, wrap 3 tsp of filling in egg roll skin. Lightly dab all corners of the wrapper with water, then roll

up. Deep fry in a pan filled with about one inch of peanut or canola oil on all sides until golden brown. Drain egg rolls on paper towels and serve with soy or duck sauce.

## Vegetable Lo Mein

### Ingredients:

1 lb fresh soft noodles  
1 red pepper, sliced very thin  
2 large carrots, shredded into thin strips  
2 cups snow peas, cut in angular strips  
1 bunch of chopped scallions  
1 small bok choy, shredded  
½ lb bean sprouts  
1 can of water chestnuts  
10 black mushrooms (soaked and cut in strips)  
2 cloves of garlic, minced  
2 tsp oyster sauce  
2 tsp light soy sauce  
2 tsp peanut or canola oil  
Cornstarch solution (1 tsp cornstarch mixed with 2 tsp water)

### Instructions:

Boil the noodles until cooked, about 4 minutes. Drain and set aside.

Heat 2 tsp peanut or canola oil in the wok. Add mushrooms and garlic, and stir-fry for 1 minute. Add bok choy, peppers, and carrots. Stir-fry on high heat for about 3 minutes. Add noodles, bean sprouts, water chestnuts and scallions. Mix well in wok, adding 1 cup hot water (or vegetable or chicken stock). Add soy sauce, oyster sauce and cornstarch solution. Toss, and cook on high for 3 minutes. Serve and enjoy!

## Chicken & Asparagus with Black Bean Sauce

### Ingredients:

1 pound chicken breast  
1 bunch fresh asparagus  
½ bunch scallions, chopped  
6 slices fresh ginger, chopped  
3 tsp sherry  
1 tsp cornstarch  
2 tsp peanut or canola oil

### Sauce:

3-4 garlic cloves

2-3 tsp fermented black beans  
4 tsp chicken stock  
2 tsp vinegar  
1 tsp sugar  
Cornstarch solution (1 tsp cornstarch mixed with 2 tsp water)  
1 tsp sesame oil  
2 tsp soy sauce

### Instructions:

Cut asparagus into 1-inch pieces. Slice raw chicken into ½-inch slivers and place in a bowl with half of the scallions, the ginger, sherry and cornstarch.

Prepare sauce: rinse the black beans, then soak in cold water for about 5 minutes (to make them less saline). Drain the beans and mash with a fork.

In a wok, heat about 2 tsp canola or peanut oil on high heat. Add the asparagus and stir-fry for about 3-4 minutes, or until tender. Remove from wok. Add another tablespoon of oil and heat



on high then stir-fry the chicken in small batches until light golden brown. Remove each batch as it is completed and place into bowl with sliced asparagus.

After chicken has completed cooking, heat wok again, adding 1 tablespoon oil, black beans, scallions and garlic. Cook for about one minute, and then add the remaining sauce ingredients along with the cooked chicken and asparagus. Cook for three minutes and stir until mixture begins to bubble. Serve with rice.

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## SCHOOL AND LIBRARY NEWS

# Frederick County Library

Linda Frydl

**Find Your Storytime in a National Park:** Catocin Mountain Park - Children and their family can join library staff for an easy walk at the Catocin Mountain National Park, followed by a few stories about nature in the park. Dress appropriately. Program courtesy of our 2016 library partnership in celebration of the National Park Service Centennial. Meet at the Catocin Mountain Park Visitor Center. Friday, April 22, 11am.

**Money Smart Week - The American Library Association and Frederick County Public Libraries** are proud participants in Money Smart Week, a public campaign to promote financial health. No one is too young to start managing money wisely! A special guest from PNC Bank will be here to teach us how to be smart about our money. Tuesday, April 26,

2pm. Register online at fcpl.org, or call 301-600-6331.

**Free Tax Service - Two Fridays Only @ Thurmont Regional Library** - Free tax services will be provided by the National Association of Retired and Federal Employees, Frederick Chapter. Friday, April 1 and Friday, April 8 from 10am to 4pm. Customers must make appointments by calling 301-845-0042. Income level must be \$62,000 or less. All questions can be answered by calling the number provided.

**Fun Fair @ The Thurmont Regional Library - The Library Fun Fair** will be held on Saturday, April 23 from 10-2 with plenty of free activities in celebration of spring and families throughout the North County area are invited to have fun! Rose Hill Manor is making thaumatrope (optical illusion) bookmarks and The Delaplaine Arts Center will host a special art project table. Key's Base-

ball mascot Keyote and the Cat in the Hat will be available for photos. Get your face painted and learn more about Geocaching, Thurmont's Green Team and much more. You can even sign up for a 'behind the scenes' tour of the library and find out more about The STEM Lab. We're also planning a 'Transportation Corner' where kids can actually sit in a police car or other types of vehicles. Call Erin at 301-600-7212 if your organization wants to host an activity.

**Teen Program: 16-bit Pixel Art:** What can you do with thousands of tiny beads and lots of patience? Stop by for an afternoon of geeky crafts using fuse beads and take home something awesome. Materials will be provided. Tuesday, April 12, 4pm. Register online at fcpl.org, or call 301-600-6331.

### Children's Programs

**Spring Into Science: Grassheads:** Let's

get started gardening by exploring seeds and planting grass heads and grass caterpillars! Saturday, April 9, 11am. Register online at fcpl.org, or call 301-600-6331.

**LEGO® Block Challenge:** Join us for an afternoon of LEGO® fun! Participate in the special program challenge and/or get creative all on your own. DUPLO® Blocks available for younger participants. Best for ages 2 and up with an adult. Tuesday, April 5, and Tuesday, April 26, 3:30-6pm.

**Game Day:** Children will play wii games, board games, and Twister on this fun-filled day off from school! Monday, April 11, 2pm.

**Library Treasure Hunt:** It's National Library Week! The library is a wonderful place. Uncover some of it's treasures by participating in our library treasure hunt. Who knows what you may discover?! Thursday, April 14, 4pm.

**Fantastic Frogs:** Enjoy a morning of art and science as we learn fun facts about frogs and then create beautiful frog-tastic art. Saturday, April 16, 11am. Register online at fcpl.org, or call 301-600-6331.

**The World of Jan Brett - Enjoy** discovering a whole new world in beloved children's classics as we engage in group play and activities. Be inspired to create your own unique works of art with Rose Hill Manor Park & Children's Museum. Thursday, April 21, 10:30am. Register online at fcpl.org, or call 301-600-6331.

**Fairytale Engineering:** Children will work together in order to design a foolproof egg drop case for Humpty Dumpty and a sturdy bridge for the Three Billy Goats Gruff. Thursday, April 28, 4pm. Register online at fcpl.org, or call 301-600-6331.

**Children's Gardening: Arbor Day:** Children will work with Frederick County Master Gardeners to learn about Arbor Day and the importance of trees to our environment. Saturday, April 30, 11am. Register online at fcpl.org, or call 301-600-6331.

# Blue Ridge Library Events

**M**ondays are now Lego and Wee Build Creation night!!! Let your imagination show it's genius! All ages welcome.

**Wednesday - Coffee house "Coffee, Tea, and Thee"** from 3-5pm Mingle with the gang for puzzles, board games, coloring books, etc. Recipe exchange has started!

**Thursday - Teen night.** The community room is reserved for

teen use from 3:30-5 pm. Just hang out or play WII, board games, do puzzles, eat snacks, watch movies, etc.!

**Saturday - Join us at 11am** for story hour and all of its festivities! What could be better than a great book, a good snack, and a fun craft? Wee Build Play every Saturday following story hour. Stay tuned for details. For toddlers and 'twens.

### Movies!

The April 7th movie starts at 6pm "Star Wars: The Force Awakens" rated PG-13 will premiere. "Three decades after the defeat of the Galactic Empire, a new threat arises. The First Order attempts to rule the galaxy and only a ragtag group of heroes can stop them, along with the help of the Resistance."

April 21st we will be show-

ing the movie classic "Jumanji" starring Robin Williams. The movie is rated PG and will start at 6pm. "Alan Parrish has been trapped in an ancient magical board game, Jumanji, for 26 years. When he is finally freed by two children, a herd of wild exotic animals have accidentally been released as well. Now, Alan must try to save his hometown from destruction."

### Special Events

**Bill Hammann** will be returning on April 12th from 5:30 - 7:30pm. This is a continuing education class. Get new patterns, your pictures mounted, individualized help with current projects, etc.

**Trail Time Tuesdays** will be starting April 26th at 6pm. Our first meeting of the new Appalachian Trail Club will include a talk from one of our local trail angels. Find out all the details and how to earn your own pair of wings!

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<b>MARINE STARTING</b>								
24	24M7	BB	12	1000	800	130	\$94.43	
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<b>MARINE DUAL PURPOSE</b>								
24	DP24	BB	12	685	550	140	120	\$85.11
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## SCHOOL AND LIBRARY NEWS

# Advocacy in your public schools

**Katie Groth**  
Frederick County  
Board of Education

In the United States, our public schools enjoy a great amount of local authority when it comes to decisions on facilities, budget, curriculum, and policy. This is why we elect local school boards to make decisions about these things. No other country in the world gives local communities such control over their public schools. Of course there are federal laws that affect public schools and a great deal of money for special programs comes from the federal government; but by and large, public schools are run by the people in our local communities. In Pennsylvania, local schools are controlled by local districts specifically set out to be for schools. In some states, schools are controlled at the township level. In Maryland, our public schools are organized by county. In other words, each county in Maryland has their own school system, run by an

elected or appointed school board and with its own superintendent. Frederick County is just such a system.

In Frederick County, the school system provides “free, appropriate public education” to 40,700 students, by last count. Schools are financed by county funding and state funding, with a small amount of funding directly from the federal government. In Frederick County, about half of the county budget is spent each year on our school system. Most of this budget amount comes from property and income taxes. The school system’s current operating budget request is \$569,287,324. This represents a net increase of \$25,733,954 over the “maintenance of effort” amount, or the amount the school system would need to maintain last year’s budget expenditure.

During this time of year, much of the negotiation on the school budget is taking place. At this time, the County Executive, Jan Gardner, is considering the budget requests from

all of the Frederick County government departments, the largest of which is Frederick County Public Schools. At this time, the FCPS budget request, as stated above, is about \$26 million more than what has been tentatively offered so far. That \$26 million represents what the Board of Education and FCPS staff have requested to meet the needs of our system. Clearly, “maintenance of effort” funding does not meet the needs of the school system in the opinion of the Board of Education and the Superintendent, Dr. Alban.

This is the budget season, a time during which the Board of Education and the County Council must consider the needs of the school system. Although the BOE part of the budget is the major expenditure, the county has several other departments, including public safety and transportation, planning, health department, legal and court system, and water and sewer, and other things. However, she has been eager to provide funding above

“maintenance of effort” (MOE) during current budget negotiations.

It is now the season for ADVOCACY. “Advocacy” literally means “speak for.” During the three months that our state legislature meets in Annapolis, for example, many citizens go to Annapolis to “speak for” our public schools in Maryland and for our individual counties. Our legislators, especially our local delegation, are anxious to hear what we citizens think is important. In most cases, they will lobby for legislation that we ask them to support. But the important thing to remember is – it is our responsibility as citizens to make our needs known to the people who make the laws. If you cannot go to Annapolis, you can write to the members of the Frederick County delegation, or the delegation from whatever county you might live in. If you live in Pennsylvania, the same is true. Your local lawmakers are anxious to hear from you. Back at home, there are several opportunities to advocate to your County

government. If you live in Frederick County, go to the County Executive’s hearings and to the County Council hearings. The County Executive prepares the budget and then the County Council must approve the budget. These are all people to whom you must make your ideas known. They will listen. Each person in Frederick County lives in a specific councilmanic district. Know your councilman or councilwoman. Let them hear from you. They are people like the rest of us who know and care about Frederick County and want the best for the entire community and its citizens. You can also contact your Board of Education members who are listed on the FCPS website along with contact information. County Council members are listed on the Frederick County Government website along with their contact information. This is how you can advocate for the things you believe are important for the quality of life you want for yourselves, your families and your community.

# Springtime reminder: Service to others

**Lynn Taylor**  
Mother Seton School

Hear the birds chirping and see buds anxious to open. The stinkbugs have come out of hibernation and taken up residence in my bathroom (which also apparently happens to be the place ladybugs go to die). The tangle of bicycles in my garage forces me to stretch my muscles and my patience to get from one end to the other. And “sidewalk chalk” keeps showing up on my shopping list. Ah... it must be Spring!

Spring is a season of renewal, of rejoicing in the knowledge that our Savior lives. After all, that is what Easter is really about. (Chocolate bunnies and jelly beans are just extra!) But many of us don’t realize the celebration extends past that one Sunday. The Easter Season itself lasts fifty days—from Easter Sunday to the Pentecost. (This year, that means March 27-May 15.)

Just as we tend not to think of Easter beyond the Sunday of the Resurrection, we may also fail to remember that charity and service to those in need extends beyond the Christmas holidays, or even the Lenten Season, when many of us may put a little extra into our charitable efforts in recognition of our Lord’s sacrifice. Caring for others is something that we should be doing every day, even during what the Catholic Church calls “Ordinary Time”. It wouldn’t hurt to have a little reminder now and then, so this spring, why don’t we all vow to do a little more all year round?

At Mother Seton School, part of our mission statement is to inspire students to dedicate their lives to love and serve Christ in the tradition of Mother Seton and St. Vincent de Paul. We encourage our students to live the mission statement year-round. During Lent, for example, the students collect money for

Catholic Relief Services through the Rice Bowl Campaign. At the end of this month, the annual Walk-a-Thon will again raise money for a Daughters of Charity mission. And through our Vincentian Marian Youth program, students perform community outreach all year round. I’m humbled by what I can learn from our students about dedicating myself to those in need. Here are a few simple ways to do this:

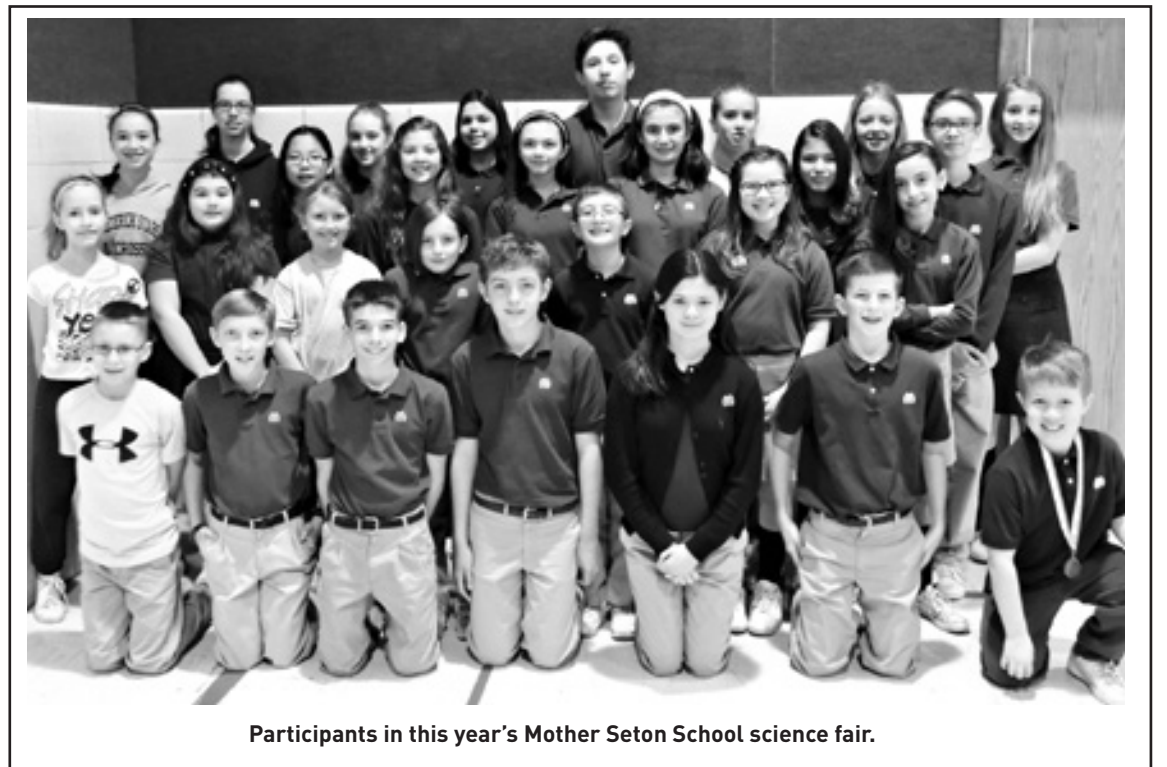
Instead of sending your excess clothing and household goods to Goodwill, donate it locally to the Seton Center.

On your next grocery run, pick up a few extra non-perishable items and donate them to the food bank. People in need can use the assistance at other times of the year besides the holidays.

If you hold a yard sale, considering donating the proceeds to your church, a relief organization, or a school to improve their facility, buy new equipment or books, or help students who need a little financial assistance.

Sponsor one of our students for the Walk-a-Thon on April 22nd. Just call the front office at 301-447-3161 to make your pledge.

Create your own charity drive to benefit a cause close to your heart. For example, my MOMS group held a drive to collect baby supplies for the



Participants in this year’s Mother Seton School science fair.

pregnancy crisis center.

Give up a few hours of your time to volunteer at a nursing home, food bank, shelter, etc.

“Only, we were to be mindful of the poor, which is the very thing I was eager to do.” (Gal 2:10 NAB) As we eagerly anticipate the sunshine of spring, let’s also be eager to bring a little sunshine to those in our community who need it the most.

We hope to see you soon! Come Take-a-Tour during one of our open houses on April 12th or May 10th (10 a.m.-1 p.m./4 -6 p.m.) or stop by

the His Place Car Show, which will be held on our campus on May 7th. Visit our new website at [www.mothersetonschool.org](http://www.mothersetonschool.org) for details.

*Vera Bradley*  
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## FOUR YEARS AT THE MOUNT

*This month, our writers reflected upon our dependence on social media sites and how it has negatively impacted our society. With warm weather approaching, we ought to vow to put down our phones and enjoy the sun!*

### Freshman Year

#### Love at first click

Michael Kenney Jr.  
MSM Class of 2019

I think that there are generally two very different reactions to online dating. Some approach it with euphoric optimism, believing that their soulmate flounders in cyberspace, just waiting to be found. Others balk at the opportunity, considering just their luck that they would fall for a foxy profile only to be duped by a creepy person hiding behind a phony account. Both outlooks have merit. Social media—and online dating in particular—can be a blessing for some and a nightmare for others. But what makes some online relationships click and others crumble? There is no perfect answer. While a lot of variables dictate the success or depreciation of online dating relationships, trends show that individuals who use online dating sites as resource to meet other people rather than a crutch to avoid face-to-face interaction reach more satisfying results. I believe that dishonesty and over reliance on social media are the two greatest downfalls to online dating relationships.

Particularly in a small town like Emmitsburg, online dating can be a great resource for singles to connect with a broad network of likeminded individuals and potential mates. Brendan

Johnson, an Emmitsburg resident and online dater can attest to this benefit.

“Online dating was a great tool for my fiancée and I to come together, but it was just that, a tool. When it’s used to encourage face-to-face relationships, I think online dating can be a beautiful means of bringing people together. I used Catholic Match because faith is so integral to my life I felt it was disingenuous to go another route,” stated Johnson.

Research shows that online communication generally leads to over four times the amount of self-disclosure than face-to-face interactions because the online communicators feel more anonymous – and, therefore, more invincible – behind the veil of a computer screen. Additionally, online dating resources provide a natural context for users to “cut to the chase” so to speak and begin substantive conversation about their relationship aspirations.

But online dating isn’t all peaches and cream. Despite its inherent benefits, online dating spawns glaring disadvantages.

While online dating websites accomplish their goals in providing users with an abundance of potential mates, dating sites present an overwhelming amount of options. While it seems paradoxical that an online dating site provides users with “too many” easily accessible dating options, research

shows that the extremely large variety of profiles can inhibit users from making confident selections. In other words, because there are so many eligible singles at the click of a button, users are able to identify suitable counterparts, but they can just as easily begin to question whether there are even better profiles just a few scrolls away. This creates somewhat of a “shopping mindset,” that if one suitor flops, there are still thousands of other options at the click of a button.

A 27 year old single woman from Indiana expressed to me her concern for this very mindset.

“Now largely because of the influence of social media, [online dating] is viewed as trendy. Nevertheless, it is unnatural to know everything about someone in five minutes by viewing their profile, much like you would read off the ingredients of a grocery item, and make a decision from that so-called ‘data.’

In addition to the “shopping mindset” that social media abets, deception poses another threat to relational well-being. A study conducted in 2001 found that over a quarter of online dating participants mischaracterized themselves in efforts to attract good-looking counterpart. Most common misrepresentations included age (14%), appearance (10%), and marital status (10%). The same study found that lying may cause a domino effect; in efforts to create a more “even playing field,” people

will lie to the degree in which they believe others are lying.

Typically, users of online dating sites lie about small things—such as saying that they are a few pounds lighter or a couple inches taller—so that the lie would not be detectable in a face-to-face interaction.

Online infidelity is perhaps the most drastic and devastating form of online deception. Because online dating sites cater to people seeking an array of romantic relationships including extramarital relationships, online infidelity is on the rise, and it is estimated that about 13% of male users are married. In fact, there are unfortunately some online dating websites that are dedicated solely to abetting extramarital affairs.

Online infidelity is more ambiguous than offline infidelity because of the limited amount of physical contact. Many users understand infidelity as engaging solely in physically romantic behavior with an extramarital partner. Under this misconception, sending sensual messages to a partner outside of one’s relationship does not qualify as dishonesty. This argument is faulted, however, because romantic infidelity includes investing in substantial emotional conversation as well as erotic activity in a relationship that is apart from one’s committed partner. Nevertheless, you can imagine how the lack of physical contact involved in social media can muddy the waters for some people.

Johnson, who serves in the Campus Ministry Department at Mount St. Mary’s University, speaks staunchly against such heartbreaking dishonesty. Johnson says that dishonesty foils the timeless objectives of relationships.

“As long as these sites, and social media in general, are used to encourage deep encounters with persons, it really helps you along the goal of Theology of the Body - a deep, and real encounter with another person. Whether that person is God, a friend, or a romantic interest, these things all help you along the way. It’s when you get stuck behind the screen and spend more time in your head than engaging in a life lived with others that the online dating, and social media in general lose their power to aid and trap us in superficial and unfulfilling relationships.”

Online dating is a double-edged sword. The lack of nonverbal cues and the sense of anonymity liberates users to present more vulnerable information while also opening the door for deceit. Like almost anything, it can’t be categorized as either solely beneficial or baneful. Instead, I believe that the user’s mindset and the individuals they pursue dictate the joy of the experience. So take the condemnations in this article into consideration, but don’t balk at the chance to fall in love at first click.

*To read other articles by Michael, visit the Authors’ section of Emmitsburg.net.*

### Sophomore Year

#### An unsocial media

Sarah Muir  
MSM Class of 2018

In our world, it seems as though you cannot hold a proper conversation with a person without the rest of the world being present. What I mean is that you see families or couples out to dinner and every single one of them is face down in their little handheld worlds, looking in on other people’s lives instead on focusing on the world around them.

I have a perfect example of this. It was a Sunday morning at a local breakfast hot spot where my family sat discussing anything and everything. My father gestured to something behind me and said, “That looks like a Norman Rockwell painting.” I turned my head and

found myself agreeing with him. Two elderly gentlemen, sat across each other next to a window and bathed in a pool of sunlight. One of them was holding a newspaper out and seemed to be discussing the day’s events with his companion. Several feet away sat two men about twenty years old. Like the old men, they say across each other, however they were basking in the bluish light of their phones. Their heads remained bowed and they did not exchange one word to each other and I believe their eyes did not glance up once from those little rectangles of light in their hands.

The contrast of these two images is alarming. You have one articulate, engaging, and full of the old-fashioned face-to-face conver-

sation that values the exchange of ideas. The second features a sense of the cold disconnect some of the most recent generation struggle with in a technologically-focused culture. We meet in person, with dear friends, but spend the time looking at the 400 or so friendly strangers on Facebook, Twitter, Instagram, etc.

What is most appealing about social media, I think, is the fact that we can edit ourselves. We can put forth a profile that shows us as witty, fun, people who always have good hair days and not even one blemish. I know I do it all the time. My particular poison is Instagram. Every time I post a picture I look at it for a few minutes to think if I want people to see this, then I spend a few more minutes thinking of a witty caption that makes me seem intelligent and humorous. I know that in reality I am not half as clever as my little profile would make one believe. Social media gives us the ability to put a filter on all the unsavory screw-ups that make up our lives and show the world temporized versions of ourselves that we create.

Today we have an advantage of having so much information at our fingertips. However, the downside of this is that we are bombarded constantly by unreliable information that is coupled with an unwillingness to investigate further. One of the biggest faults I have is I often just read headlines and never bother to read the rest of the news sto-

ry. I do not believe I am alone in this. It is easier to read the few words and think you have the “gist” of the following article, believe what argument the author will make and what position you will hold by the end of it. So, you skip ahead to the next headline and make a similar judgement.

This is dangerous; we are turning into a society that is swayed by a few words and never bothers with the whole of the story.

Forgive me if all of this makes me sound like a pessimistic, crotchety, old person, but young people today, their phones, and social media addictions drive me up the wall. It surprises me how many people I see on their phone, doing heaven knows what to pass the time. While I admit to have fallen into this habit, I try to refrain from tapping away when conversing with someone or having dinner with my family; a courtesy that not many people consider.

What is ironic is that social media is rather unsocial. Sure, we can check in on friends and family far away from us, but most times, we use it to talk to people near to us to keep them both close and at arm’s length. We have discovered a way to cut out the need for actual human contact.

I would be lying, of course, if I claimed that I am never on my



phone or social media. On the contrary, I find that I have at times fallen into the rabbit hole of the Internet. It is so easy to, currently because every answer is a few clicks away and the desire to be distracted seems to take the first place on our list of priorities. I see a growing generation with the longing to form connections with someone, anyone they feel can relate to them. What is truly unfortunate is that instead of seeking companionship with those around us, we try to find it in the throngs of strangers on the Internet. We share more with them than we do our closest friends and change is needed. Let us endeavor to put down our phones and face each other. Let us go, then, you and I and face the world around us instead of looking at it vicariously through our phones. Let us begin to live, not for the many followers, but for ourselves.

*To read other articles by Michael, visit the Authors’ section of Emmitsburg.net.*

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# SOCIAL MEDIA-THE MODERN ECHO CHAMBER

## Junior Year

### Supplemental social media

Leeanne Leary  
MSM Class of 2017

I wake up, get dressed, brush my teeth, and walk out into my living room. I sit on the couch, find the remote under a stack of newspapers, turn on the news and listen as I make a cup of coffee. I sit back down and spend the next 27 minutes catching up on the last twelve hours of happenings around the world. I go to classes and at lunchtime I open the local daily newspaper to supplement my pasta with more stories, articles, and editorials. I attend all my meetings, workout, and by 6 p.m. I'm back watching the news before sitting down to do homework—again absorbing twelve hours of information.

Okay, most of that was a lie. In reality, if I wake up before my alarm, I pick up my phone and scroll through Facebook or Instagram first. If something catches my eye, I then go to google and type in something resembling the headline to find more. I get out of bed, brush my teeth, and walk out of my room, walking right past the television every time. I close the door behind me and by the time I get to the stairs I've probably started to scroll through snapchat. Once I step outside of my dorm building, I'm less preoccu-

pied by my phone, only checking it occasionally throughout the day, until I attend all my classes, make it through my to-do list, and am back in my room for the night. Once I lay down in my bed, I head back to Facebook, spending at least 20 minutes switching between social media sites on my phone, reading up on the day, catching up on what happened in the social media world while I existed in the real world. Once I put my phone down and set my alarm, if I can't sleep I probably check it a few more times before actually falling asleep.

Though the minutes I have spent on social media are spread throughout the day, I have probably opened more articles than I would have while reading a newspaper. I also probably found more stories and opinions than I would have watching TV for an hour, but I don't know if the quantity found on social media is worth the quality or lack thereof. On those days that I don't stop to watch the news, I miss clips, stories, and ideas that haven't been through the filter of friends' opinions, offensive comments, thousands of shares, and haven't been subjected to what my friends deem is important enough to share. This is, in my mind, the single greatest issue to educating oneself on global

news via social media – this filter.

I have almost no control over the filter of my own news; sure I can choose to click on some articles and not on others, but with social media as a primary news source, I am at the mercy of my "friends."

If my aunt chooses to switch her support from Ted Cruz to another presidential candidate, I'd lose probably 50% of my immediate access to articles, photos, and videos of Cruz. If my friends lost their investment in the environment, I can almost guarantee I would never see another article about pollution in the Chesapeake Bay again. Without the news, newspapers, and free searching of the internet, my timeline becomes my reality.

This filter has even deeper consequences when it concerns an issue with more than one side. If my timeline is bombarded with anti-Clinton propaganda shared under a status expressing how horrible she is, my mind is already ready to hear what she did or said wrong before even letting the article load. Because social media lends to personal opinions so overwhelmingly, this is a major problem. Now, not only are the articles filtered by friends' interests and beliefs, but they are prefaced with opinions.

If every person on social media shared posts prefacing them with "This is important, regardless of my opinion" or anything of the sort, maybe my timeline wouldn't seem so biased. If each

person were to share links and articles of all sorts and categories regardless of what peaks their interest, maybe my timeline wouldn't have such gaps. Fortunately for our own freedom of expression, but unfortunately for my news intake, neither of these are realities.

With all of this information, I still don't know the answer. Social media is convenient, easy to maneuver, and gives each person scrolling through a valid starting point for their own news search. However, the filter of each person's timeline and the black-hole like nature of Facebook limits the pros of the media site and leads more to the mindless scrolling I do while lying in bed or waiting for class to begin.

Yet still, I don't know the solution. The benefits of social media persuade me to keep it, but the news I end up missing and misreading lend to the opposite cause. For now, I'm in search of a happy medium. I'll probably still look to Instagram and Facebook when I wake up to find out what has been happening in the world, but only as a supplement to my own news search and time spent reading and watching the news. As a supplement, I don't see an issue with social media as a news



source, but because of the biased and opinionated filters, it cannot stand alone.

If social media starts to stand alone, our timelines will overwhelm our minds and our own thoughts about the world will be influenced solely by the opinions of our friends. This thought is not only prevalent, but it is also incredibly frightening to think about. Our lives on social media should represent us, but should in no way influence our real lives. Similar to every single aspect of social media, using it as a news source should be done sparingly and wisely. I have, admittedly, fallen into the pit that is my Facebook page, but the overwhelming biases and gaps in information continue to direct me back to the real world.

To read other articles by Leanne, visit the Authors section of Emmitsburg.net.

## Senior Year

### Rose-colored glasses

Katie Powell  
MSM Class of 2016

Senior year of college is the worst time to own a social media account. Seriously, it is. Everyone feels so terrified of the future that as soon as they have something, anything, to post in regards to next fall, it is on there. They don't post about the nights they cried over it, the shakiness during their interview, or the family member who works for the company that just hired them. On top of that, if you follow celebrities, their accounts are full of beautiful pictures, famous friends, the new business they opened, and just general pictures of success. As a senior whose post-grad plans were flipped upside down, I have had to spend a great deal of time becoming okay with myself. What I have learned is that you cannot believe everything you see on Facebook.

As of right now I do not have a plan for after I graduate in one month. I have a summer job lined up, but come September, as of right now, I will not be in graduate school, and I will not have a job in my major—I might not even have a job at all.

I am okay with that. This may be a shock to you; it sounds like I have no future and that I don't care about it, but I promise you that that is not the case, and here is why.

I care so deeply about what it is that I choose to do with my life that I am not okay with settling for anything less. I have decided that I want to dedicate my time to occupational therapy. Not getting into a program was not an option that I had considered, but it was one that I was forced to take. I looked into other routes—Public Health, Gerontology, Thanatology . . . I started the applications and filled in my name, my GPA, and requested my transcripts six times to be sent to those programs. I am hoping to continue my education this fall, even if it is not in OT school, because I know my worth, I value my future, and I know that I have a very long time in the workforce ahead of me.

I know that I am destined for great things—and I know that we all are too. I am hoping to inspire everyone to look at his or her life and evaluate if you are where you want to be, and if not, to take the chance and go for it. I am constantly putting myself down when I look at other people's lives, forgetting my own accomplishments and their downfalls. We all undervalue ourselves because of what we see on TV and the Internet, forgetting that it takes insane luck and talent to get into the limelight. We all compare ourselves to the best of the best. But the majority of the world is not like that—viewing yourself as mediocre in comparison to ac-

tors is entirely inaccurate and unfair to you. Even comparing yourself to your coworkers and classmates is wrong. The only person you need to try to be better than is the person you were a year ago. As long as you keep improving upon yourself, there's no reason to doubt your abilities.

One of the biggest reasons we struggle with our own self worth is because of all the troubles of social media. A person's profile is only a version of their actual life. Social media in itself can actually be considered a parallel universe—one in which only the best happens to everyone, and everyone gets 4.0s and gets jobs, no one has anxiety or depression, and certainly no one ever has a bad day at work or school. It is all a front; a trap that people set up so that you don't ask about what is wrong, because you don't know something is wrong.

I am the number one victim of this. I fall into it the trap all the time, seeing a person's heavily edited and filtered profile pictures, sharing the article they wrote for their new blog, posting a screenshot of their 4.0, again. What they don't post is their insecurity—the reason behind the beautiful photo. They don't post their years struggling to learn to read and write. They don't post the mental breakdowns, the years of terrible grades through high school, or anything else that got them to where they are. They post their perfections, but not all the work it took to get there.

Lately I have sworn off social media for this reason. I am an open and

honest person; if what I am posting on Facebook ignores part of the truth I don't post it. I leave my grades out of the equation entirely because they reflect my struggles and my successes, not those of anyone else. Of course, I post photos of the events I attend, and I only make my best photos my profile picture, but I am still mindful of those around me. I know what it feels like to look at a person's profile and feel entirely inferior to them. That is what I felt throughout my entire first senior semester, as the rejection letters flew in one by one. However, as

I said in the beginning of the article I am content with what my future is right now. I recognize the rose colored glasses of social media are not to be worn; I take every post I read with a grain of salt. I know what it is that I want to do, and I am doing everything I can to get there. If that means that my Facebook profile won't include screenshots of my Grad school schedule this fall, so be it. I will get there when I get there.

To read other articles by Katie, visit the Authors section of Emmitsburg.net.

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## FASHION

# How to wear floral this springtime

Valerie McPhail  
MSM Class of 2015

April showers bring May flowers — a saying revisited at this time every year. As we repeatedly stay hopeful for blossoms through these 30 rainy days of April, fashion is offering us styles to get us ready: floral prints are budding for this Spring/Summer 2016. Variations of tropical plants, digitally printed flowers and Japanese blossoms are sights that will pep us up for the sunny days of spring and the summer's jet-setting dream vacations. This fashion season, there is an abundance of floral printed pieces for both men and women.

Despite the popularity of the floral print, I struggle to consider its presence a trend. All the excitement may be too typical — something expected around this time of the year. Floral prints are always appropriate for the springtime, year after year. In response, the repeated sight of a floral print hardly seems fashionable — or even fashion forward for that matter. This void of a genuine eagerness may create a bit of a dull response. Despite this, worry not; there are plenty of ways to launch your wardrobe this spring. The feelings of spring fever are a reality and a warmhearted sensibility that is taking over in bouquets of floral prints. The Spring/Summer 2016 Collections reveal how women can make a statement of the floral print and the Spring Menswear shows exhibited how men can wear it as well!

## Women's styles: How to make it work

Delicate floral prints graced the runways of Erdem and Burberry in a similar elegance of Creatures of the Wind's Spring 2016 Collection. Despite all the conviction of beauty found throughout these Spring Collections, it is sad to say, the use of the floral print is not anywhere close to the unexpected. Breathtaking, perhaps, yet its sight was not overwhelmingly stimulating. Therefore, the statement made for the floral print as a trend this season is a debatable argument — for the

idea of defining this print as “trendy” provokes an afterthought — that floral prints may be expected during the spring because it is the season they are of appropriate fashion. In certainty, the print is seasonal, however, due to its frequent appearance, the floral print is not a trend. For it is not current, nor relevant to 2016 and carries the inability to raise a craze or a fashion fad.

Even though this print was present on the runway from New York, London, Milan and Paris, it was not a focal point of the Spring Collections. Rather, there was a stronger emphasis on construction and design. Off-the-shoulder looks, glamorous sequined styles and bomber jackets ran the runway. Despite its presence on the runway, there was not much support for flower power.

## Dresses

A floral dress offers a classic, feminine look. It is the staple piece for the days of sunshine. Derek Lam 10 Crosby, Alexander McQueen and Erdem are the prime examples of how floral printed dresses work for this season. These designs are intrinsically majestic and bohemian. There is something about a full-length floral dress; call it romance or the striking beauty of this silhouette that deems it appropriate for spring every year. It is indeed a reference point for the fashion of this season. With the exception of a painted floral printed maxi skirt, as seen in Escada's Spring/Summer 2016 Collection, the full length floral dress is the ultimate effortless look and is perfect for the warm weather.

## Spring Separates: skirts, tops and jackets

Floral printed skirts are another way to carry the free spirited vibes embraced at the very moment a ray of sunshine sheds its light. The beauty of separates — those pieces that stand alone and work towards creating an outfit — is that they embrace an appropriate print without committing it to an entire look. Flowery accents that decorate separates are a way to incorporate

this print for spring. The best character of a separates is that they make a statement. Look no further than to Elie Saab, Escada and Victoria Beckham. These brands brought exceptional floral looks. Elie Saab's digitally printed floral top, Escada's jumpsuit and Victoria Beckham's bomber jacket are ways to wear the print without look like you are ready for an all-inclusive resort stay or a beach cruise. These pieces are as playful as this weather that has been teasing us this season thus far.

## Men's trend spotting

Traditional navy blazers and hounds tooth button downs, accessorized with stripe ties is an appropriate yet questionably outdated look. Granted, the dapper gentleman look is always an appreciated sight, however, the menswear industry has its attention on more modern styles and avant-garde aesthetics. High fashion heralds of this movement include Rick Owens, Duckie Brown and Craig Green. Draping, sheer materials and minimal prints define these endeavors. It is a journey to say the least — like all things fashion related, there is a path to understanding one's perspective and place in the industry — may it be design, writing or creative direction. These designers have managed to cause a scene and find fame through offering the fashion world something different. Prior to this recent buzz their perspective was of but a whisper. Now almost everyone who is strolling the downtown streets of Manhattan are complementing their looks.

The one thing these American trendsetters did not fashion in their Spring/Summer 2016 Menswear Collections was the floral print. This print has surpassed its time on board shorts and swim trunks. Now, the print has become a way of reintroducing those traditional pieces — the suits, button downs and blazers. The use of the floral print has created a spruced look. Even though the paisley and Tropicana looks have made touchdowns in the history of men's fashion, flowers appeared on the spring runway as strong as a weed. Its look on new ap-



A full-length floral dress from Alexander McQueen's Spring/Summer 2016 Show in Paris.

parel deems it trendy for men's spring fashion.

## Suits

This is the strong suit within a man's wardrobe. The uniform floral printed look has reinvented the way men wear suits. Christian Pellizzari created a modern look through introducing the print with matching monochromatic blazers and shorts. The print resembled exotic flowers found on a secluded island or off on a tropical getaway. To balance such slick styles there were few, but regal looks of aged paisley printed tuxedo jackets paired with a pair of trousers to complement, a look that closed the show. These decked out looks were also a staple of Gucci's Spring 2016 Collection. Gucci created light colors suits — aqua, beige, rosy pink and off-whites — as the basis to

highlight traditional floral prints. Certainly, this is an eye-catching outfit — a final statement.

## Blazers

A floral printed blazer is a groovy way to spice up an outfit. The Spring Menswear Collections of Hermes and Saint Laurent provide some runway inspiration. Rock a blazer decorated with daisies in times of celebration and fun. It is a piece of elevated style. This printed blazer is unconventional to the standard Wall Street navy and pinstripes approaches. The floral printed blazer is a harbinger of weekend wear — sport this piece as a statement when paired with a button-down shirt.

## Button downs

Mami, Valentino and even a look from Julien David's Spring 2016 Menswear Collection bring us flowers for everyday fashion. Of the three, Valentino's Collection offered a full range. Most designs revealed an interest in Japanese floral prints. The subdued color schemes of the blossoms only brought attention to these button-down short-sleeved shirts. After all, the most practical way to incorporate the floral print into a man's wardrobe is by sporting a button-down — it won't cause too much excitement. Rather it speaks to the time to wear astonishing graphics, softened by color. Now in season, the Japanese floral print is fashion-forward option.

The April showers make for a tough season: fashion trends are fleeting and seasonal obsessions come and go, leaving a wardrobe of mixed fashion. The floral print is here to make a difference. Although it is a revisited look for spring, women's fashion can embrace this print by investing in pieces that will always make it a refreshing sight.

To read other articles by Valerie, visit the Authors section of Emmitsburg.net.




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CREATIVE WRITING

# Another Giving Tree

Lydia Olsen  
MSM Class of 2016

I never met my parents, I guess so few of us do; so when you came and found me among the rows, I couldn't help but finally feel a sense of belonging. You carried me easily by my plastic pot, unfazed by the dirt I allowed onto your hands. You exchanged money for me and secured me in the back of your blue pickup truck. The wind blew through my budding branches the entire ride home.

It took you a few days before you were able to find time for me. I waited patiently in the front yard, among the other plants in the garden and watched you rush to and from work, always in a hurry. When the weekend came, your pace finally slowed down. One morning you woke early and brought out a cup of coffee to watch the sun reach its place in the sky. You stood there on the front porch and then you noticed me. You set down your mug and went to the shed, coming back with a holey pair of gloves and a shovel. It was finally my time!

We went into the front yard and you carried me around effortlessly until you finally picked the perfect place. Soon enough, the shovel was under your feet and you were creating the place where my roots would be planted. You broke a sweat under the spring-time sun, even though I was too little to need much space. Eventually you grabbed my tiny trunk with your gloved hands and pulled me from my pot. You plopped me into the ground and my roots embraced the dirt. You poured my potted soil around me and patted me into the ground. I finally had a place where I belonged and room to grow.

The days went by and with it we both aged. I remember the day you brought home a woman in that blue pickup truck with the back windshield painted "Just

Married!" Most mornings, the two of you sat on the porch and occasionally you would glance my way and smile between conversations and laughter.

A few months later, an animal got out of the blue pickup truck. You called it a "puppy" and it ran around eagerly. You came out in the yard a lot more after the puppy arrived. You even spent a whole day fencing in our land so that he wouldn't escape. I didn't mind the puppy when he was little. When he grew up he drove me crazy chasing the squirrels that lived among my branches. He would run them up into my leaves and place his paws onto my trunk as he continued to bark at them. I found it rather annoying but entertaining at the same time. You seemed to know that he was full of trouble but you continued to love him anyway.

Time passed and we all continued to grow. The aging puppy found refuge within my shade on the hot summer days. Randomly on the weekends, you and the woman would spread out a blanket and eat beside me or fill the yard with tables and chairs and invite over your friends. I always enjoyed the company.

Then, everything changed. You left for a few days and came back with the woman and a tiny human wrapped up within her arms. Your family was growing and I was glad to be tall enough to look into the kitchen and see the joy on your face as you bounced the "baby" and whispered to her. Her first steps were beside my trunk and she reached out towards me for balance. As she grew, you and the woman would play with her throughout the front yard. The puppy would follow you all eagerly. It was the only time I felt sad that I couldn't join in with all of you. I was set too firmly into the ground, my roots spreading too far throughout the land. But I would admire the love you shared

from afar and deep down, I hoped you had that love for me.

You threw a rope around my low hanging branch and tied a tire to it. The little girl would sit on top of it, filled with delight as you pushed her back and forth. I was proud to bring you both joy.

Then there was that hurricane that you and the family were so prepared for. You had been to the grocery store and gotten all the essentials. The puppy hid under the bed while you, the woman, and the girl huddled closely together. The lightning struck and the thunder boomed as the rain continued to pour down. I felt my roots becoming loose within the soil, but I used all my might to hold my ground. I did my best and didn't tumble over, but I couldn't hold onto all my limbs. A broad branch of mine fell onto your house and created a mess. I think I heard you all scream. I was overcome with disappointment in myself and your anger and stress told me you all felt the same way about me.

Eventually everything was fixed but I think it took you a while to forgive me. I wanted to tell you that I tried my best to not let anything bad happen, but my best just wasn't enough. I wanted you to know that I was sorry and that it wasn't my intention. I think you learned this over time. Slowly, you and the family began to play among my roots again.

The years continued to fly past and every day we got older. My bark began to crack and your skin began to wrinkle. The girl had grown and was sent to college. You and the woman eventually stopped going to work. Some days the two of you would sit on the porch and admire the birds that flew to and from my branches. You had a book where you would read from when you encountered one you had never seen. You always loved the redheaded woodpecker that called my branches home. He drove me absolutely

crazy but I had to love him because you did.

I'm not really sure what happened, but eventually I stopped seeing you. One day the neighbors helped you pack up everything from the house into a moving truck. You walked slowly from the house, and came over to my trunk. I remember you putting your hand onto my bark and taking a deep breath. I didn't understand what this meant but I understand now that it was your way of saying goodbye.

I wish I could have gone with you. I wish you could have dug me out of the ground and thrown my into the back of your blue pickup truck again, but I realized that our time together had expired. My heart ached with your departure.

Days passed and turned into weeks. Random cars came and went

from the driveway, but never yours. Then one day, a silver mini van pulled up. A woman in a business suit walked from the house and said "Congratulations!" as a young man, woman, and three small children tumbled from the van. The man and woman turned to each other and smiled. "We are excited to call this place home," the man said.

The children took off running from the pavement and into the grass. The spread out their arms like airplanes as they skipped around eagerly on top of my roots. And then, exhausted from their own energy, they plopped themselves onto the ground and laid there, looking up towards my branches.

To read past articles by Lydia, visit the Authors section of Emmitsburg.net.

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## ARTS

# Special needs youth theatre!

Gettysburg Community Theatre (GCT) the not-for-profit 501c3 community theatre, will once again change lives through the joy of musical theatre during their 3rd annual Penguin Project production Seussical the musical, which is scheduled to perform at Gettysburg Area High School Auditorium on May 13th at 7pm and May 14th at 2pm.

The Penguin Project gets its name from Founder Dr. Andrew Morgan, a pediatrician specializing in children with disabilities. Dr. Morgan, who has a background in theatre says, "Penguins are special needs birds, they can not fly, but they thrive equally as well as any other bird in their own environment. Our penguins may not fly, but they soar on stage."

Partnering with Gettysburg Area School District in 2014, Gettysburg Community Theatre produced the Eastern States Regional Premiere of The Penguin Project (production for youth with disabilities/special needs and their peer mentors) with their production of Disney's Peter Pan starring 20 artists with special needs and 30 peer

mentors performing to 800 people in the audience. Then in 2015, GCT partnered with Hanover Public Schools to present Disney's High School Musical with even more youth with special needs and a full house at Hanover High School Auditorium. This year GCT is excited to return to GAHS partnering again with GASD for the Penguin Project of GCT production of Seussical the musical based on the beloved stories of Dr. Seuss with characters like the Cat In The Hat, Horton, Gertrude McFuzz and many many more from the Jungle Of Nool!

"We're changing lives!" says Chad-Alan Carr, GCT's Founding Executive/Artistic Director, "My favorite part is to see the compassionate bond that develops between the artists with special needs starring in the show and their peer mentors without special needs helping them along during what we call 'the process'. There is simply nothing quite like Penguin Project. The project has already been replicated in six states so far and counting. GCT was the first replication sit outside the state of Illinois to perform a Penguin Project production."

Having started 12 years ago in Peoria, Illinois, The Penguin Project is about a "Process" (general atmosphere, cast and family interactions, rehearsals, etc.) and a "Product" (the on-stage performances). The Process is the creation of a special environment, a "comfort zone", where children with special needs/disabilities are given opportunity and support to explore their creativity and develop communication skills, socialization, and self-confidence; where children without special needs/disabilities have an opportunity to help others by being a peer mentor and a friend; and where families have the opportunity to watch their children succeed in ways they never thought possible. It's all about developing relationships and creating a very special "family" that extends well beyond the stage.

GCT also welcomes adults that would like to volunteer in any way for this worthy cause. The Penguin Project is also an excellent project for National Honor Society and Key Club Members, for community service, and for Senior Graduation projects. More information can be seen at

Comedy & Magic Spectacular is a family-friendly entertainment tapestry of talent, now celebrating its seventh year in Frederick.

[www.GettysburgCommunityTheatre.org](http://www.GettysburgCommunityTheatre.org).

Gettysburg Community Theatre located at 49 York Street within the first block of historic downtown Gettysburg. Tickets can be ordered online at [www.GettysburgCommunityTheatre.org](http://www.GettysburgCommunityTheatre.org) or by calling 717-334-2692.

GCT's mission Statement is to inspire creativity and confidence, provide cultural enrichment, and instill a love of the theatre arts in young and the young at heart through quality education, training and performing experiences in musical theatre.

# Land Conservancy Art Auction

Chris Little

On Sunday, April 24, the Blue Parrot Bistro in Gettysburg will host the Land Conservancy of Adams County's 19th annual Art Auction, featuring a wide variety of original artwork created by local and regional artists—everything from painting and drawing to ceramics and other three-dimensional work.

New this year, the event will feature both live and silent auctions, and in addition to original two-dimensional art, the auction will

include high-quality collectible Americana.

"The Land Conservancy's art auction has always been one of our most dynamic events," said Land Conservancy President John Kiehl. "We invite long-time supporters and folks who've never been to one of our events—everyone is welcome—and we have a great time supporting both the Land Conservancy and our local art community."

Over the years the Art Auction has become one of the most significant fundraisers for the Land Conservancy, which works to preserve

the rural character of Adams County by partnering with landowners to create conservation easements preserving land from unplanned development. Since its founding in 1995, the Land Conservancy has worked with county landowners to preserve nearly 10,000 acres of rural Adams County land.

The Blue Parrot Bistro, located at 35 Chambersburg Street, Gettysburg, has long hosted the Land Conservancy's auction event. Auctioneer Randy Hilker will again present the artwork for auction. There will also be door prizes, raffles, and more.

Doors for the auction will open at noon, with bidding beginning at 1 p.m. Admission to the event is \$15—though artists donating art for auction are invited to attend free of charge—and all proceeds will benefit Land Conservancy programming.



This acrylic by Cathy Mabius, "View from Little Round Top," was a favorite at the 2015 edition of the Land Conservancy of Adams County's annual Art Auction.

Donated art will be on display at the Blue Parrot Bistro throughout

the month of April. The Blue Parrot will also host a First Friday Artists' Reception from 4-6 p.m., Friday, April 1 to showcase the artists who donated work to the auction.

"We couldn't hold this event without the support of the artists and donors who contribute art to the auction each year, so we like to hold an event in conjunction with the auction that gives them some added exposure," said Kiehl.

The Land Conservancy of Adams County is an accredited non-profit land trust dedicated to preserving the rural lands and character of Adams County. For more information about the Land Conservancy or its upcoming art auction, visit [lcanet.org](http://lcanet.org).



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# Totem Pole Playhouse

Jack Williams  
MSM Class of 2017

April is the last month of my travels in Europe. It has been an incredible semester, I couldn't be more grateful for the experiences I am fortunate enough to have shared with my classmates and people I've met here. The temperature is pretty high in Florence, and it's starting to pick up again in Emmitsburg as well! The inclination to stay indoors is starting to go away, and we're looking to spend more time away from home. So why not attend a performance at the Totem Pole Playhouse?

The Totem Pole Playhouse is a summer theater group located in the general vicinity of the Emmitsburg area, and has been putting on performances for over 60 years. It was founded in 1950, after a group of thirteen individuals decided to bring theater to the area. Like many other success stories, the Totem Pole Playhouse began in a converted garage in Garners, PA. It was an important first step, but was unfitting for two reasons: it was a pretty small setting, not ready for the expansion that the founders were hoping for, and it was reportedly difficult for theatergoers to find. So, in 1951, the theater was moved atop a hill in Caledonia State Park.

The most memorable name associated with the Totem Pole Playhouse is Mr. Bill Putch, an ambitious and kind man who looked to make major advances in the world of theater during his time. At the time the theater was founded, Putch applied to be a theater director in the early 1950s, and his application was declined. In a necessary move, he chose to found a theater in order to build up his experience. Then one day, he discovered an advertisement in a newspaper. The Totem Pole Playhouse was looking for a new theater director. And, like many others who have encountered our community, he fell in love with what he discovered in this area. He agreed to be theater director over a home-cooked meal with the President at the time and his wife.

What is remarkable about the early history of the Totem Pole Playhouse is how many shows it would put on in a normal summer season. An old method that the Playhouse used in order to showcase eleven different plays in a single season was to retain residency members of the stock company. In an interview some time ago, Doug Robin, Bill's best friend, explained how the Playhouse was capable of such output,

"A resident member of a stock company signs a contract to be cast in plays as the producer or director sees fit. And you'd play several different parts in a season."

By incorporating this method, the Playhouse was able to orches-

trate several different plays catering to different interests that we, as the public, have individually and collectively.

The theater had great success. In 1967, for the show's 150th production, the theater had over 27,000 visitors. A publication from New York referred to the Totem Pole Playhouse as the "Cadillac of summer theaters," and public interest continued to grow. But public support would be the most evident after tragedy struck the theater. In 1969, a fire broke out at the theater, burning almost all of it to the ground. The only part of the building not in complete ruin was a concrete wall, upon which Mr. Putch wrote: "Totem Pole Will Rise Again."

An overwhelming outpouring of financial and emotional support followed. A group of teenagers raised money and worked together to create a new Totem Pole to stand outside of the new theater, a print shop printed 1500 free tickets for a fundraising performance, and other local theaters offered free equipment to this performance.

The love and support of the community is deeply imbedded in the Totem Pole Playhouse, and its current mission to provide excellent theatrical performances for the local and greater communities. Because this is a summer theater, we're very close to another season of fantastic programs! This summer there will be four major programs for subscription holders, and a surprise showing which will be the first one of the year.

This first show is *Lovesick Blues*, a musical concert that has been a fan favorite for quite some time. Back by popular demand, there will only be eight showings, so make sure you order your tickets soon! It is a country-blues musical that focuses on the work of Hank Williams Sr., played by Robbie Limon, and Patsy Cline, played by Denise Patton. It has a fantastic

conclusion, which you might have expected, with a duet of the very famous 1940s hit *Lovesick Blues*. It will be performed May 17 – May 22, and tickets will be sure to sell out fast!

Five days after the end of *Lovesick Blues* comes *Six Dance Lessons in Six Weeks*, a revealing and touching comedy on the nature of love, tolerance, and trust in other people. It was adapted into a movie in 2014, and has an interesting premise. An elderly woman, Lily Harrison, begins her retirement down in St. Petersburg Beach, Florida. She is somewhat cranky in her old age, easy to antagonize and very set in her ways. Looking to branch out a little, she hires a private dance instructor named Michael to give her one dance lesson per week for six weeks. Michael is more impromptu and more open to experience, which clashes in a very funny way with Lily. A comedy with great music and dance is certainly worth your time! The show runs May 27 – June 12, and makes for a great summer afternoon or evening.

*Forever Plaid* is just the play for you, if you are an avid fan of 1950s pop tunes and barbershop quartets. The show stars four guys, Sparky, Jinx, Smudge and Frankie who are looking to achieve musical glory in their own time. Their tale of triumph, misfortune and success in creating an album that will rock the world will catch your attention and love. What better way for us to participate in music of the past than a fun night remembering some excellent tunes from the past? This play will run between June 17 – July 3.

Then there is the comedy which many different audiences have found uproariously funny, *One Slight Hitch*. The Asbury Park Press commented that, "If sustained laughter is the measure of comedy, then *One Slight Hitch* makes the grade." The New York Times remarked that "There's



Rehearsals are already well underway for the Totem Pole Playhouse's upcoming season.

more than a touch of Neil Simon in the morose [playwright] Mr. Black."

This play, one that I have seen before and highly recommend, is about a backyard wedding set in 1981, and the wild events of that day, especially when the ex-boyfriend of the bride comes back, completely unaware of what's about to happen. The play will be showcased from July 8 – July 24, and is a very funny take on a typical wedding day.

Finally, the last program the Playhouse will perform this season is *A Funny Thing Happened on the Way to the Forum*, a joyful musical about the life and times in ancient Rome. It has been called witty, irreverent, and "one of the

funniest musicals ever written." The central character of the play is Pseudolus, a slave who is working to find a wife for his master in the hopes that he will be freed. The plot-twists, humor and cases of mistaken identity make this a must-see musical! It will be shown from July 29 – August 14.

The Totem Pole Playhouse is located at 9555 Golf Course Road in Fayetteville, PA. If you'd like to call in with any questions about showtimes or ticket options, feel free to contact the lovely people at the Playhouse at (717) 352-2614.

To read other articles by Jack, visit the Authors section of Emmitsburg.net, or [emmitsburgartsense.wordpress.com](http://emmitsburgartsense.wordpress.com).

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June 17-July 3 - *Forever Plaid*

Directed by Christine O'Grady

July 8-July 24 - *One Slight Hitch*

Directed by Rand Forester

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## SPORTS

# America's game

Michael Donahue

As the weather warms and the ground thaws, the time has come to abandon the hardwood and dust off the leather mitts and pull out the Big League Chew. The smell of concession food and pine tar; the sound of the crack of a bat meeting for a quick marriage with the baseball as the fans cheer their appreciation; the sight of a man rounding third full speed charging the plate; the rush of these feeling will be upon us soon enough. There truly is nothing like America's game. However, before we can jump into our overwhelming anticipation for the upcoming season, we should delve into the events of the last few winter months.

While the men continued to struggle throughout the entire basketball season, there were some improvements to be seen. The Cougars have multiple underclassmen who have the potential to improve on the season they just underwent. Watching from the crowd, one can tell Catoctin has the talent to be better than their current performance on the court. It would have been interesting to see the Cougars reach their full potential. While they can only

improve next season, the Cougars did graduate multiple seniors and will have an extremely youthful team next year. It will be interesting to see if the Cougars can turn this youth into the talent.

Around the county, Middletown was the only school to make a push into the state playoffs. Competing in the 2A division, they were led through the state semi-finals by Matt Conside. The Knights beat Queen Anne's County 66-53. However, the following day Middletown was beaten in the Xfinity Center by New Town 56-52 when Clay Smith, who was having an absolutely stunning game, was taken out of the match after suffering an elbow to the face. Middletown held a lead for the majority of the game, however they could not seal the deal when the final few minutes were coming to a close. With Smith injured, New Town saw new hope and grabbed their second championship in two years.

On the women's side of the hardwood, Catoctin had a fairly positive season, especially over the latter half of the year. While the year ended abruptly for the Lady Cougars, they finished the season winning their last home match against Smithsburg and had a

three game winning streak toward the back half of the year. Next season, the Lady Cougars will have their work cut out for them after graduating six seniors. On the perimeter, the Cougars should be set next season. They return two of their three starters, Taylor Crum and Allison Larochelle. However, on the inside is where the Cougars will take the most amount of damage. The Lady Cougars graduated their three best interior players and will be forced to find some size somewhere in Thurmont.

Frederick made a run into states for the women, as well. On their trip throughout the playoffs, Frederick faced Urbana. Urbana, who had beaten Frederick at Hood College only a few weeks earlier during the first ever CMC championship, had the momentum going into their matchup. There was little doubt these were the two best teams in Frederick, followed closely by Walkersville. However, the Lady Hawks could not mirror their first championship performance. Frederick came out of the regional final winning 42-37 as they punched their ticket into the state semi-finals. However, at Towson University, the Cadets could not prevail. They fell short



Members of the Catoctin Cougars baseball team celebrate a win the good old fashioned way - by mobbing the pitcher!

of heading into the finals 57-49.

Finally, we can move towards the spring. Catoctin has always been known for their skill on the diamond and it truly is time for the Cougars to shine. Last season, the Cougars struggled. They finished the season multiple games below 500 and lost to Boonsboro 2-1 in the first round of the playoffs. However, the beauty of a new season is the equality. Catoctin believes they can move on from their losing ways and surpass their record from last season. There is a buzz around the town and a feeling of excitement as April looms closer. The Cougars begin the season on their own diamond hosting the Linganore Lancers.

The Cougars lost to the Lancers last season 5-3 and will obviously be looking for revenge matched with a season opening win. However, the Lancers athletics seems to be progressing at a radical speed everyday. They are quickly becoming a powerhouse throughout the county and the state. It is an extremely difficult match for the Cougars to open the year with. After Linganore, Catoctin heads into the middle of the county and visits Frederick. For the most part, Catoctin has a great schedule over the first few weeks. Yet, one of their hardest matchups will come against Urbana on April 4.

The Lady Cougars have some amazing potential. They'll look to continue their fabulous season

they built for themselves last year.

The Lady Cougars will also kick off the season when they host the Lady Lancers on March 28. This will be an exciting match to start the year off with for the Cougars. Continuing into April, Catoctin will face Middletown, who eliminated the Cougars during the playoffs last year. This final match for Catoctin must have been heartbreaking when the game ended 1-0 in the Knight's favor. To be so close to the state playoffs and to still come up short must have left a poor taste in the Cougars' mouths. Now, the Cougars will travel to Middletown with revenge as one of the only thoughts on their mind. Will the Cougars get their so deserved revenge? We will see on April 1. After their match against the Knights, the Lady Cougars will host Oakdale on April 8. The Bears felt the Cougars' skill last season when the Cougars dominated the Bears 14-2.

The next few months should be extremely entertaining. Baseball is America's game and Catoctin has the talent to keep the spectators entertained, in softball as well. The Lady Cougars have the talent to make a push deep into the playoffs. It is very manageable for the Lady Cougars to make an appearance at the State Finals later in May. Make sure to come and support the Cougars throughout the spring. It will be an amazing year and one you do not want to miss.

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## MOUNT SPORTS

# Mount pride, Mount strong

Brian Vogelgesang  
MSM Class of 2016

This time they mean business. Mount St. Mary's University men's rugby and men's lacrosse programs are taking names and have no need for questions because the score speaks volumes. The men's rugby program is heading towards another Sweet 16 in April and the men's lacrosse team is inching closer to becoming one of the top 20 teams in the country. There is a lot of excitement this spring in the Mount sports community.

Men's rugby is taking their third consecutive trip to the regional sweet 16 tournament, April 2-3. If they win this tournament, they will head to the national final to compete for the national championship for the third time in three years. The success that Mount rugby has had in the past few years has set a milestone in the program's history. It was not long ago, in 2012 that the rugby team nearly lost all of their season's games.

Head Coach Jay Myles took over the team a few years before their devastating 2012 season with a plan to go all the way. Coach Myles had a vision that starting in the fall of 2013 the men's rugby team would begin a journey in pursuit

of the national title. Since then, the men's rugby team has pummeled most of their opponents including teams like Towson University and the Naval Academy. This battle has been fought with determination, discipline, and pride.

Coach Myles has had the men training rigorously throughout the year using advanced strength and conditioning regimens and high intensity practices. The men have played tough opponents leading up to the Sweet 16. These have been exhibition matches that were put in place to give the men the pressure and challenge that is needed to move their play to the next level. The sweet 16's will include difficult opponents from down south such as LSU. These teams will bring exceptional players that require the Mount to keep their level of performance at its best.

The South will also bring an additional challenge to the team; that being the weather. The weather here in the northeastern region has been notably colder than that of the South which will be an adjustment to the men's usual routine; though, this adjustment should not be too difficult to face. The players have been training with some of the best rugby trainers from around the world. Coach Myles is confident in the work that

the trainers have done with the team. He commented, "We teamed up with Crucible Performance. They work with pro baseball players and have incorporated an intensive training program."

In addition to the strength training and conditioning, Coach Myles mentioned that they have been going through rhythmic work on the field. He stated, "We focus on plays and pattern. We fine tune these each week." This has helped the players stay "very focused on the next step," according to coach Myles. This trip to the Sweet 16's will surely have a great impact on the rugby team.

The men's lacrosse team has also been making an impact. In the month of March, the team has won all three games. The first of the three games was against Georgetown who the Mount defeated 11-8. Mark Hojnoski had an impressive game leading the Mount with a career high of five goals. The game was close for the majority of the time until the fourth quarter. Mount Athletics reported, "Trailing 8-7 in the fourth quarter, the Mount scored four times in the final five minutes to secure the win. The Mount entered the final quarter with a 6-5 lead, but the Hoyas scored a man-up goal three minutes

into the quarter to tie the game. DiPretoro gave the Mount a one-goal advantage, but the Hoyas (0-3) scored a pair of goals to grab a 9-8 lead with 6:25 left in the game."

After this, the Mount defeated Furman 10-8 and VMI 14-2. In the game against VMI Chris Hojnoski led the Mount. The Mount Athletics website said "Mark Hojnoski (West Springfield, Mass.) recorded a career-high eight points as Mount St. Mary's cruised to a 14-2 win over visiting VMI on Saturday afternoon at Waldron Family Stadium on campus. Hojnoski had two goals and a career-best six assists in the game as the Mount stretched its win streak to three. Hojnoski's eight points are the most by a Mount player in a game since Andrew Scalley had nine points against Georgetown on March 12, 2013. His six assists are the most since Scalley had six against Delaware on February 23, 2013. Hojnoski also becomes the ninth player in Mount history record six or more assists in a game. Hojnoski gave the Mount a 1-0 lead 3:36 into the game. The score remained 1-0 the remainder of the quarter as VMI goalkeeper Joe Riccaonna made four saves."

The men's lacrosse has seen a complete turnaround since last

year's 5-10 season. The team is 4-2 this year and just began its conference play versus Robert Morris. With the players performing the way they have, the men are setting the bar high for themselves and for future generations of lacrosse players at the Mount. The success seen in Mark Hojnoski is just a piece of what Mount St. Mary's University's men's lacrosse team has to offer.

With their recent success, there is added excitement for the men's lacrosse team. According to LaxMagazine.com the Mount has received votes to enter into the Nike/LM top 20. The men have fought hard so far and continue to give it their all as they inch closer and closer to the top 20.

With the success of the men's lacrosse team and the domination of the men's rugby team, the Mount has a lot to be proud of this spring. The upcoming events such as the rugby Sweet 16's in April and the NEC play for the lacrosse team which started with Robert Morris bring both excitement and challenge to the Mount. The teams have built a lot of respect revolving around their dedication and winning records which means there are very high expectations for both of them. The men, on both teams, are yearning for successful seasons and are, as always, striving to do their best every single day. This is something to truly be proud of as a Mountaineer.

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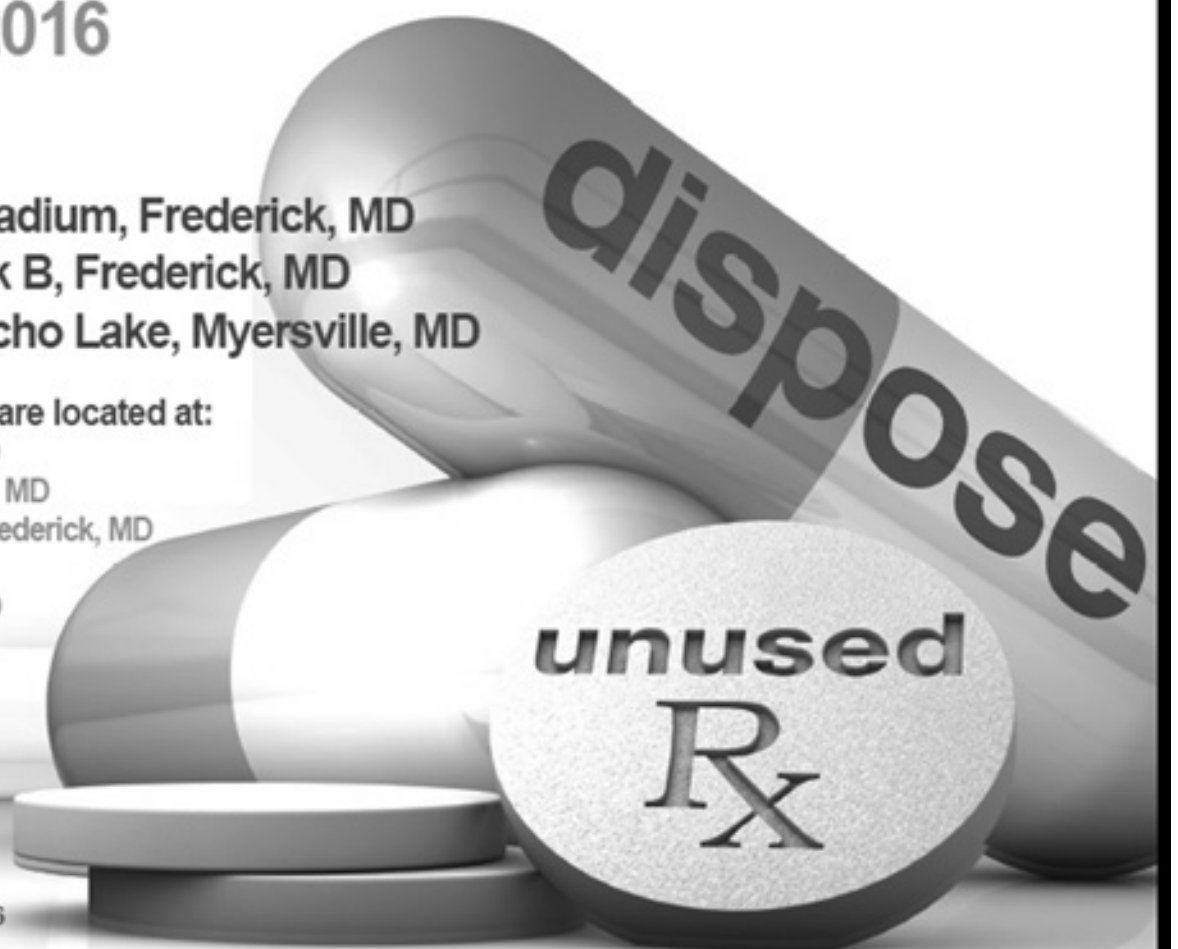
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## COMPLEMENTARY CORNER

# Time for spring cleaning!

Renee Lehman

**Wow!** We are really moving into Spring! How many of you have felt trapped inside because of the Winter weather? I bet that you cannot wait to go outside and enjoy the warmer weather, longer days, and the beautiful Spring flowers!

Have you ever considered that we are a hologram of the universe, so what is happening in nature is happening within us? Can't see it? When you look at nature during this time of the year, it is a time of beginnings and renewal, flourishing, growth, enthusiasm, and a lot of "activity." Overall, there is more activity, action, and excitement happening in nature during the Spring than compared to Winter. Now can you see the Spring energy within yourself?

Many of you are cleaning up your gardens and yards from Winter in preparation of planting, etc. Plus, you are probably doing spring cleaning inside your home by opening your windows to allow fresh air in, putting away heavier winter clothing, and bringing out your lighter spring and summer clothing.

In the same manner in which you are preparing the gardens outside of your home for planting, and cleaning out the closets inside of your home, it is important to consider a "spring cleaning" for body/mind/spirit! Get rid of the "things" that you accumulated over the cold Winter time that have you feeling slower, sluggish, and "heavy." How might you do this?

In Traditional Chinese Medicine (TCM), the season of Spring is associated with two organs within your body, the Liver and the Gallbladder. Other associations include your tendons and ligaments, the emotion of anger, the voice sound of shouting, the color of green, and the taste of sour.

In TCM, the Liver and Gallbladder have many functions on a body, mind, and spirit level.

The Liver is considered to be the "architect of your life" or the "commander of the armed forces in defense of life." Just as an architect creates a blueprint for a home, and a commander creates a plan of attack based on observing what s/he is up against, the Liver is responsible for assessing the circumstances within and around us, and creating a plan on how to flourish in life given these circumstances.

On a physical level, the Liver is responsible for regulating the smooth flow of energy in the body. These include but are not limited to: smooth blood flow and hormone release within the body, regulating the menstrual cycle, supple joints and tendons, and flexible muscles.

On an emotional and mental level, the Liver is responsible for the planning and organization of our life. It is constantly, accurately re-evaluating and reorganizing your plans to meet your goals, creating new objectives once goals are met, all the time doing this in a way that keeps you at ease while achieving these goals. The Liver is also responsible for the smooth release of emotion-

al baggage that we tend to carry. Who wouldn't want to be able to let go of the "stresses" of our lives and feel more freedom?

On a spirit level, the Liver is responsible for your "inner blueprint." To have a sense of purpose, to take up your space, and to be able to grow and develop your spirit are things that you can strive for. What a great joy it is to feel fulfilled!

The Gallbladder has the ability to see what is "just and exact" to fulfill your plans. So, if the Liver is like the architect of your "inner blueprint," then the Gallbladder is the "site foreman" who carries out the plan. It has the ability to make determinations about what is "right" for you (the inner wisdom that comes from your Heart), and then makes the decisions necessary to carry out your life plan. Sometimes it takes courage and initiative to take action toward a goal - this falls under the realm of the Gallbladder. Just think about the phrase, "That took some gall!"

On a physical level the Gallbladder is responsible for the flexibility of your movements and proper coordination of these movements, and for healthy vision.

On an emotional and mental level, the Gallbladder is responsible for the ability to make good decisions based on accurate judgment, to be able to see all sides of a situation, and to turn resentment and anger into effective action.

On a spirit level, the Gallbladder gives us the courage to follow our own unique path in life, self-confidence, and the ability to follow through on goals while integrating the "inner knowing" of your Heart.

By supporting your Liver and Gallbladder energy, you can give your body/mind/spirit a good "spring cleaning," therefore, giving you the opportunity to revitalize your health. So, what can you do to complete your body/mind/spirit "spring cleaning?"

First, and foremost, support the healthy functioning of your Liver and Gallbladder (and thereby your overall health) by reducing the number of "stressors" in your life, and by changing the way you deal with the "stressors" in your life. Go for a gentle walk



outside in nature! Give yourself time to be outdoors and "lighten up." Enjoy the Spring breezes, the fresh air, listen to the birds singing, and feel the healing warmth of the sun. This will enrich and relax you.

To deal with the "stressors" in your life, Shake them off! Shake your body from head to toe, all the while imagining that you are "shaking" off all of the pressures and tensions that you are carrying around. Shout, "I don't care!" as you are shaking off your burdens. You might just find yourself chuckling when you are finished, and we all know how healing laughter is!

Do some Spring Cleaning. This is the season of rebirth. Ask yourself, "What do I no longer need in my life?" or "What no longer serves who I want to be?" Don't be afraid to let go of things and let things flow. Look at other areas of your life. Let go of what you don't need (physical, mental, and emotional habits that undermine your health), and bring in what you need anew (accepting positive health habits that will satisfy your soul). By doing this, life will feel and look cleaner and lighter at the end of your "spring cleaning," and your life will have space for new things!

Reach Upward and Outward. On

a physical level, do some gentle movements and stretches. Do activities that uplift your Spirit. Trust your heart and feed it joyful experiences. Doing for another builds community, which is good for our spirits.

Enjoy Nature's Bounty. Seasonal greens and vegetables are wonderful. Foods that may help the Liver and Gallbladder function more smoothly include: sour-tasting foods (like lemons, broccoli rabe, dandelion greens, scallions, and vinegar), bamboo shoots, bee pollen, eggplant, fennel, garlic, ginger, and safflower oil. Also, avoid saturated fats, over-salted and over-processed foods (they may congest your Liver).

Finally, if you would like to participate in a program for "spring cleaning," TCM World Foundation is doing a Nine-Day Liver Cleanse from April 10-19th. Anyone, anywhere, can participate in this program because it is virtual! For more information and to register for this cleanse, go to: [www.tcmworld.org/programs/](http://www.tcmworld.org/programs/).

*Renee Lehman is a licensed acupuncturist and physical therapist with over 25 years of health care experience. Her office is located at 249B York Street in Gettysburg, PA. She can be reached at 717-752-5728.*

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## FITNESS AND HEALTH

# Keep moving

## My formula for a healthy future

**Linda Stultz**  
Fitness Trainer/  
Fitness Therapist

Getting ready for spring and summer can be an overwhelming thought after vegging on the couch all winter. I believe there are three steps needed to achieve your goal. Food, cardio and weightlifting are the components needed to lose weight and maintain it for a lifetime. We all know eating the right kind of food in the correct portion size is a key to losing weight. The problem comes in when people think of the word diet and usually associate it with sacrifice and depriving themselves. The word diet should be thought of

as what we eat to stay alive not as a word only associated with losing weight. Fresh foods such as vegetables, fruits, whole grains and lean meats and fish are the way to enjoy foods at their best. Processed and pre-packaged foods are adding so much to our diet that causes weight gain. Eating fresh produce and foods, when available in season or frozen or canned with as little salt and sugar as possible is the best for you. You can usually have larger amounts of fresh foods because they do not contain added salt, sugar and other ingredients that are stored in your body as fat. Portion size is another part of the food component. You do need to be strict with the type and portions of food while

trying to lose weight but after you reach your goal will can enjoy a fun food every now and then, remembering you still have to watch what you eat, just not as strictly.

Cardio exercise is the second component of losing weight and keeping it off. Find an exercise you like and will have fun doing. I have written many suggestions in past articles but I will mention a few again. Play with your kids or animals, find a friend to walk with, take a dance class or something you enjoy. Swimming, tennis and bike riding are great summertime activities that may even carry over into the cold weather if you have an inside venue to use. Movement is the important part. Cardio is also the things we need to do like cleaning the house, washing the car and mowing the grass. Doing these things get the necessities done and the exercise at the same time. Cardio is also important to keep the heart, lungs and our whole body

healthy. It not only burns calories, it improves our body's condition to prevent illness and disease. Cardio helps build energy and endurance to help us through our day. Involving our kids or grandchildren also burns up their extra energy, keeps them healthy, is time for you to spend with them and may be the extra push you need to keep on track. Kids are great at reminding you what you should be doing, especially if they enjoy the activity too.

Weightlifting is the third component in my prescription for losing weight and maintaining it throughout your life. Strong muscles not only help with balance as we get older but they help prevent fractures, supply energy and possibly the ability to keep our independence longer. Strong, lean muscles also burn calories and help maintain a healthy weight. You can burn more calories for a longer period of time after lifting weights than you do after a car-

dio workout. Just imagine the calorie burn if you warm up with a half hour of cardio then a half hour of weightlifting. That would give you maximum calorie burn to get you closer to your weight loss goal. Utilizing the three things I mentioned in this article can promote and help you achieve the lifestyle most people want. Good food and physical activity not only keeps our body in shape but our mind as well. Taking care of ourselves gives us the satisfaction we need to feel better about ourselves because we know we are doing something to live a longer and healthier life. Taking care of ourselves also gives us the energy and hopefully the assurance that we will be there to take care of family and friends when they need our help. Do some research to see what you will enjoy and talk to your doctor before jumping into something that may not work for you. Call me at 717-334-6009 with questions and remember Keep Moving!

# Ask the trainer

**Jason Blough**  
Club Manager/  
Certified Personal Trainer  
Anytime Fitness

**Question:** Since retirement, I have more time on my hands and want to devote a few days a week to working out. But, I've never worked out before. Can you give me some advice to help me get started so I do not injure myself?

**Answer:** One of the easiest ways to avoid injury when beginning a fitness program is to, first, get clearance from your physician. It's important, especially if you have been sedentary, to know what you can do based on your current health, age, and overall physical condition. Next, once you find an activity that you enjoy, make sure to take time to warm up properly to help lubricate joints and slowly increase the demand on the heart and lungs

for more intense exercise. If it's cardio you're doing, begin slowly and then increase the speed. If it's a weight workout, lighter weight and smaller range of motion will be appropriate for the warm up. As well, you'll want to progress slowly with your exercise goals, as the risk of injury is higher when you do too much, too soon, too fast. Remember, fitness is a life long journey! Lastly, stay hydrated. Proper hydration helps to regulate heart rate and core temperature, as well as replenish lost fluids from exercise.

**Question:** Is sweating any indication of how hard I'm working out?

**Answer:** How much you sweat depends on the type of workout and training goal rather than how hard you're working out. For example, power lifters who train hard and lift heavy need

ample rest in between sets and, typically, do not sweat as much as someone moving through an 8 station circuit with little to no rest in between each exercise. Both types of workouts are challenging, but the amount of sweat you produce will be very different. Your environmental surroundings can also influence how much you'll sweat. Cooler temperatures or working out in an air conditioned room will result in less sweating, while a warmer room, such as a hot yoga studio, will result in the opposite. Keep in mind that sweating is your body's way of cooling itself. Some people are simply more efficient at this than others, thus more sweat! Instead of measuring your sweat to see if you're working hard enough, try using the 'talk test' (if you're working hard it should be tough to talk), a heart rate monitor (an indicator of how hard your

heart is working) or measure your workload (wattage, mileage, Mets).

To submit a question for future articles, please contact the author at [thurmontmd@anytimefitness.com](mailto:thurmontmd@anytimefitness.com).



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## ASTRONOMY

# The night sky of April

Professor Wayne Wooten

For April 2016, the Moon will be new on April 7th. On the previous morning, April 6th, the waning crescent moon passes very close to Venus in the dawn, both rising about an hour before sunrise. The Moon is first quarter on April 14th. The waxing gibbous moon passes 2 degrees south of Jupiter on April 18th; try catching both of them in the daytime sky about 2 hours before sunset in the eastern sky. The Full Moon is on April 22nd, and is the Strawberry Moon; it washes out the peak for the Lyrid Meteor Shower that morning. The waning gibbous moon passes 5 degrees north of Mars on April 25th, then 3 degrees north of Saturn a few hours later. The moon is last quarter on April 30th.

Mercury is well placed for evening viewing about midmonth in the western sky, reaching greatest eastern elongation on April 18th, but disappearing into the sun's glare by month's end. On May 9th, it will pass directly in front of the sun, a transit that will start locally about 6 AM sunrise, and end about 1:30 PM with Mercury leaving the sun's disk. Venus is rapidly vanishing behind the sun, and will not come back out in the evening sky until late summer. Mars and Saturn are both in Scorpius in the morning sky, but we



One can never truly appreciate the magnificence of the night sky until it is observed in remote locations that are free of light pollution.

are overtaking Mars, and it is getting closer and bigger and brighter by the day. It rises about 11 M at the start of April, but is up by 9 PM at month's end. Opposition day is May 22nd, when Mars rises at sunset and is the brightest it has been since 2003. The reddish color is notable with the naked eye, and the telescope will reveal its polar caps, dark lava flows, and transient clouds in its atmosphere.

Jupiter is well up in the eastern evening sky as April begins. It now sits just east of the Sickle of Leo. Its four moons are a treat with any small telescope, and larger scopes will reveal a lot of detail in Jupiter's clouds, including its famed

Great Red Spot. Saturn rises in the SE about 11 PM as April begins, and reaching opposition on June 3rd. The ringed wonder is at its best in the east north of bright red Antares in Scorpius, with brighter red Mars to the upper right of them, the most beautiful object in the sky. When viewed with a telescope, the rings are open 26 degrees open and double the planet's disk brightness, to reach their greatest tilt of 27 degrees wide at its solstice in 2017, and Titan and several smaller moons fall on either side of the most beautiful telescopic sight in the sky.

Yellow Capella, a giant star the same temperature and color as our much smaller Sun, dominates the northwestern sky. It is part of the pentagon on stars making up Auriga, the Charioteer (think Ben Hur). Several nice binocular Messier open clusters are found in the winter milky way here. East of Auriga, the twins, Castor and Pollux highlight the Gemini. South of Gemini, Orion is the most familiar winter constellation, dominating the southern

sky at dusk. The reddish supergiant Betelgeuse marks his eastern shoulder, while blue-white supergiant Rigel stands opposite on his west knee. Just south of the belt, hanging like a sword downward, is M-42, the Great Nebula of Orion, an outstanding binocular and telescopic stellar nursery. The bright diamond of four stars that light it up are the trapezium cluster, one of the finest sights in a telescope. In the east are the hunter's two faithful companions, Canis major and minor. Procyon is the bright star in the little dog, and rises minutes before Sirius, the brightest star in the sky. At 8 light years distance, Sirius is the closest star we can easily see with the naked eye from West Florida.

To the northeast, look for the Big Dipper rising, with the top two stars of the bowl, the pointers, giving you a line to find Polaris, the Pole Star. Look for Mizar-Alcor, a nice naked eye double star, in the bend of the big dipper's handle. Take the pointers at the front of the dipper's bowl

south instead to the head of Leo, looking much like the profile of the famed Sphinx. The bright star at the Lion's heart is Regulus, the "regal star". Now take the curved handle of the Big Dipper, and follow the arc SE to bright orange Arcturus, the brightest star of the spring sky. Recent studies of its motion link it to the Sagittarius Dwarf Galaxy, a companion of our Milky Way being tidally disrupted and spilling its stars above and below the plane of the Milky Way, much like dust falling away from a decomposing comet nucleus. So this brightest star of Bootes the Bear Driver is apparently a refugee from another galaxy!

Now spike south to Spica, the blue-white gem in Virgo rising in the SE. Mars lies a little to the west of Spica in April, and is much brighter than anything else in the SE evening sky at opposition this month. Virgo is home to many galaxies, as we look away from the obscuring gas and dust in the plane of the Milky Way into deep space. To the southwest of Spica is the four sided Crow, Corvus. To the ancient Greeks, Spica was associated with Persephone, daughter of Ceres, goddess of the harvest. She was abducted by her suitor Pluto, carried down to Hades (going to Hell for a honeymoon!) and when Jupiter worked out a compromise between the newlyweds and the angry mother-in-law, the agreement dictated Persephone come back to the earth's surface for six months of the year, and Mama Ceres was again placated, and the crops could grow again. As you see Spica rising in the SE, it is time to "plant your peas", and six months from now, when Spica again disappears in the sun's glare in the SW, you need to "get your corn in the crib"....so was set our calendar of planting and harvesting in antiquity. In the arms of Virgo is a rich harvest of galaxies for modern astronomers.

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## Farmers' Almanac

"Here cometh April again, and as far as I can see, the world hath more fools in it than ever"

—Charles Lamb (1775–1834)

Mid-Atlantic Weather Watch: Fair, cool (1, 2, 3, 4) with severe storms (5, 6, 7). Fair and cool again (8, 9, 10, 11, 12, 13, 14, 15) with showers in the northern part of the region, storms in the southern part (16, 17) turning fair and mild (18, 19, 20). Showers, storms (21, 22) turning fair and warmer (23, 24, 25, 26, 27, 28, 29, 30).

Full Moon: April's Full Moon will occur on April 22nd. Many Native American tribes refer to it as Pink Moon because so many flowers displaying pink hues blossom during the month of April. It is also often called Fish Moon because the fishing begins to improve as the weather

in many regions starts to get warmer.

Special Notes: April Fool's Day falls on Friday, April 1st. Watch out for pranks and practical jokes that may be coming your way! Taxes are due on Friday, April 15th so be sure to get your taxes filed on time to avoid any penalties.

Earth Day is observed on Friday, April 22nd. Call the Earth Day Network at (202) 518-0044 or go to [www.earthday.net](http://www.earthday.net) for some interesting, fun, and easy activities that you and your family can do that will help promote a healthier relationship with Mother Earth! Make sure to go outside with your friends and family and help promote a healthier relationship with Mother Earth!

Holidays: The first day of Passover is Saturday, April 23rd and the last day

is Saturday, April 30th.

The Garden: Now is the time to do some serious spring "cleaning" in the garden. Trim back dead foliage and gather up winter's detritus, such as small branches and excess leaves. Trees and shrubs like Azaleas, Rhododendrons, Spiraea and Viburnums planted, if planted now, will provide some beautiful late spring color. Set out annuals and other perennials now. Cool season vegetables, such as spinach, lettuce, peas, broccoli, cauliflower and beets can be planted as soon as the soil can be worked. A good test of "soil readiness" is to take a handful of soil and squeeze it. If it remains in a ball, it's too moist and should be allowed to dry further. If it crumbles, start planting!

J. Gruber's Thought For Today's Living

"A true friend offers a helping hand without expecting thanks in return"



# COMPUTER Q&A

## Windows 10

Ayse Stenabaugh

Some things you may need to know to setup your PC!

With any upgrade from a previous version of windows there may be some drivers that need to be installed to provide your hardware with the correct instructions on how to run on the new operating system. Read more below to find out how to resolve issues you may be having with your devices on Windows 10.

### Video & Resolution

When your computer updates to Windows 10 it should automatically update the video drivers (this may not happen right away depending on when your updates download) If we have upgraded your Windows 10 PC your video drivers should already be updated.

In order to ensure your video displays properly on your home monitor for desktop devices we have reduced the resolution of your screen. When you return home you can follow the steps below to improve the video display.

1. Right click on your desktop background and choose display settings
2. Click on additional display settings
3. In the Advanced Display Settings box you will see a drop down box with a variation of resolutions that you can use. (see image below) One of the resolutions should say (recommended) beside it and should be chosen if the size is appropriate for you. The higher the resolution the smaller things will appear on the screen but the more space you will have (Think of it as zooming out). The lower the resolution the larger things will appear but you will have less visible space on screen.
4. Choose Apply – Your monitor will automatically adjust and if the resolution was successfully applied you will see a countdown appear on your screen. If the resolution looks good to you then click apply and you're done. If your screen goes black don't worry the countdown is happening even though you can't see it and after about 20 seconds your previous resolution will be restored. Try different resolutions until you find one that works well for you and your monitor. Different monitors support different resolutions and everyone has their own preference on which resolution they prefer.

### Printers & Other Devices

When you upgrade to Windows 10 you may need to update your printer drivers so that your computer can communicate with your printer. You have a disk that has drivers and software from when the device was purchased, unless your printer was purchased within the last year it may not include Windows 10 drivers on it. You can download the latest drivers and software from the manufacturers web-

site. Be sure when you go to the web to visit the manufacturer that you are on the correct website. Never visit a website that offer driver downloads that isn't the manufacturer because you may be downloading malicious software.

For example, if you have an HP printer you will want to visit [www.hp.com](http://www.hp.com) if you have a dell printer visit [www.dell.com](http://www.dell.com) and so on. Once on the manufacturers website click on support and you should have the option to search your printer model. Once you do be sure to select Windows 10 as your operating system (if it doesn't automatically select that for you) and download the latest driver release. Run the installation to complete your printer install. If you are using a USB printer you should unplug your printer until the installation prompts you to plug it in.

### Connecting to your Network

If you are on a Wired network, you won't have to do anything but plug

your Ethernet cable into your computer. If you have a laptop or a desktop with a wireless card in it you may need to tell your computer to connect to your home network when you first use your computer online. To do this follow the steps below :

In the bottom right hand corner of your screen on your taskbar locate your wireless network icon located in the system tray beside your clock.

A list of wireless networks within range of your device will display. Choose your wireless network.

If you want to automatically connect to this network when it is within range, then check the box to automatically connect then click connect. If your wireless network has a password, you will be asked to enter in the network password.

Once connected you will see your wireless network at the top of the list and it will say connected, secured or connected, unsecured.

If you don't know your wireless network password, you can check on the bottom of your Wi-Fi router or Wi-Fi enabled Modem to try to locate the password.



### Default Programs

Windows 10 comes with several new programs that replace some of the programs you may be used to. Below we list what each new one is and what it replaces as well as how you can change these programs back to the ones that you enjoyed using before (if you don't like them of course!)

To view or change your default programs, you can click in the search box in your taskbar which may say "Ask me anything" Then type default programs and look for the result with the cog in it. Click on the Default programs to see your choice.

You can also get to default programs by clicking start > settings > system settings > default apps.

*If you or someone you know is looking for affordable and reliable computer service please contact Jester's Computer services located at 5135 Fairfield Road Fairfieldby phone at 717-642-6611 or visit us on the web at [www.jesterscomputers.com](http://www.jesterscomputers.com) or on Facebook. In addition to computer repair services we provide on-site service, one-on-one technology training and more!*

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WHATEVER YOU CAN THINK OF INCLUDING THE KITCHEN SINK!

# UPCOMING EVENTS

**Thurmont Little League invites the entire community to join them on April 16 to celebrate its 65th season of baseball.**

On Saturday, April 16th over 275 little league players from the ages of 4-12 will take the fields for Thurmont Little League's 65th season of baseball. The day will begin at 9:00

am with the first round of games followed by an Opening Day Ceremony at 10:15 am. The Board of Directors would like to invite the entire community to celebrate the beginning of the 2016 season and reflect on 65 years of baseball history.

The TLL Opening Day festivities will include a Kid's Fun Zone with several games and activities, raffles,

50/50 drawings, ice cream and more – a love of baseball and a celebration of the community. "Our Opening Ceremonies are always a wonderful day to celebrate our players, parents and volunteers," said Ed Lowry, TLL President. "This year is an extra special year as we celebrate Thurmont Little League's 65th season of baseball. We're excited to kick off our new

season and looking forward to a great year of baseball."

Little League has provided communities around the world the opportunity for families to connect and for children to come together in a healthy, safe environment to learn the values of team sports and the fundamentals of baseball. Thurmont Little League is proud to be able to provide

this opportunity to our community for 65 years..

It will be a great 2016 season at Thurmont Little League, please mark your calendars for Opening Day on Saturday, April 16th. Check us out on the web at [www.TLLbaseball.com](http://www.TLLbaseball.com) or visit us on Facebook @ThurmontLittleLeague or on Twitter or Instagram @theTLLnetwork.

## April 11

Catoctin Mountain Park's National Park Service History. Since its establishment 100 years ago, the National Park Service has helped preserve and protect many of our remarkable historic and natural landmarks. Join Catoctin Mountain Park Ranger Peggie Gaul as she tells about the wide-ranging history of these parks and the act that created them. For additional information, contact Catoctin Mountain Park at 301-663-9388 or the Thurmont Regional Library at 301-600-7200.

## April 16

Gettysburg National Park's National Junior Ranger Day – At Eisenhower National Historic Site, children ages 7-12 are invited to complete the Junior Secret Service Agent Training Manual and earn their badge and certificate. Ranger programs on Eisenhower and the Secret Service will be presented. Children will also earn a special patch commemorating National Junior Ranger Day. Included in site admission. 717-338-9114. For additional information call 717-338-4469. A National Park Service Centennial Event.

Mother Seton School Wine and Paint Night. Let your inner artist free! Join us for a fun evening of painting, wine, and friendship. \$40/person includes supplies, appetizers, and two glasses of wine. Only 50 spots available! Call 301-447-3161 to RSVP.

## April 22

Catoctin Mountain Park's "Find Your Story Time" Children and their families can join a park ranger and a librarian for an easy walk followed by a few stories about nature in the park. Dress appropriately. This program is courtesy of the 2016 National Park Service and Frederick County Library Partnership in celebration of the National Park Service Centennial. For additional information, contact Catoctin Mountain Park at 301-663-9388 or the Thurmont Regional Library at 301-600-7200.

Grace United Church of Christ Basket, Pottery, Purses & Cash Bingo Fundraiser. This fundraiser raises money to support the church and local food bank. As in past Bingos, attendees who bring one canned good for the Taneytown Food

Bank will receive a free Jr. Jackpot Card (limit one per person). The Bingo will be held at the Taneytown Firemen's Activities Building located at Memorial Drive in Taneytown. Doors open at 5:30 pm and games start at 7:00 PM. There will be food available for purchase. The evening events include Junior and Senior Jackpot games, door prizes and 50/50 Raffles. There is limited seating so please reserve early by calling Michelle at 410-756-2898 or Joan at 410-756-2043. GUCC is also looking for students to help with the bingo in return for community service hours.

## April 23

Gettysburg National Park's Spring Battlefield Foray - A special Gettysburg National Military Park weekend of unique hikes, walks, and talks, that will focus on the organization, tools, and tactics utilized by the two armies that fought at Gettysburg and on other battles of the Civil War. Co-hosted by the Gettysburg Foundation, this event will bring together historians from the field of academia, park rangers and historians, and licensed battlefield guides to provide a special, in-depth experience in understanding the history of the conflict and to provide attendees with an intimate view of the human experience of the war that is not offered throughout the year. All programs will be free and open to the public. Go to [www.nps.gov/gett](http://www.nps.gov/gett) for updates and a full program schedule. A National Park Service Centennial Event.

Catoctin Mountain Park's - Wildflower Walk. Location: Owens Creek Picnic Area, off Foxville-Deerfield Road, Thurmont. Catoctin Mountain Park comes alive in the spring with wildflowers. See the beauty and enjoy a ranger's expert guidance. Check the park website [www.nps.gov/cato](http://www.nps.gov/cato) for more information or call the Visitor Center for details at 301-663-9388.

## April 24

Gettysburg National Park's Spring Battlefield Foray - A special Gettysburg Na-

tional Military Park weekend of unique hikes, walks, and talks, that will focus on the organization, tools, and tactics utilized by the two armies that fought at Gettysburg and on other battles of the Civil War. Co-hosted by the Gettysburg Foundation, this event will bring together historians from the field of academia, park rangers and historians, and licensed battlefield guides to provide a special, in-depth experience in understanding the history of the conflict and to provide attendees with an intimate view of the human experience of the war that is not offered throughout the year. All programs will be free and open to the public. Go to [www.nps.gov/gett](http://www.nps.gov/gett) for updates and a full program schedule. A National Park Service Centennial Event.

## April 25

Mackenzie's Light, a bereavement and drug awareness support group at the Thurmont Regional Library. The next meeting will have speaker, book report and discussion. Anyone impacted by family drug abuse or loss of a loved one is welcome. For more information call 301-524-8064.

## April 28, 29 & 30

Annual Greyhounds in Gettysburg Hosted by Nittany Greyhounds. Greyhounds in Gettysburg is a 3-day event designed to celebrate the retired racing greyhound! More than 60 vendors selling dog items (not necessarily all greyhound related), fun activities, a costume contest and games, and several educational sessions by dog professionals in the areas of health, nutrition, and behavior. Any dog lovers may attend and well behaved dogs over 50 pounds are welcome inside the Expo Center. Adoption groups will have adoptable greyhounds available. Visit our web site for details, and to register for the other events offered. The event is held at Eisenhower Hotel & Conference Center, 2638 Emmitsburg Road, Gettysburg. For more information call 814-933-6981 or visit [www.greyhoundsingettysburg.org](http://www.greyhoundsingettysburg.org).

## April 29 & 30

Historic East Berlin Antique Show Americana dealers from many states offer early samplers, quilts, folk art, country furniture and smalls, paintings, textiles, books and much more. Held at the East Berlin Area Community Center, 405 North Ave. For more information visit [www.ebhpspa.org](http://www.ebhpspa.org).

## April 30

Granite Hill Camping Resort's 6th Annual Chili Cook off Competition. This is your invitation to compete in the 2016 Granite Hill Chili Cook-off for a chance at over \$500 in cash and prizes. The competition will include two divisions - Pros (restaurants) & Joes. All coolers will be inspected and all chili must be cooked on site. There is a \$10 entry fee for Joe's and \$40 entry fee for Pros. Entry fee includes space for a tent, electric and water for cooking. Entry fee is waived if you are camping at Granite Hill for the weekend. Proceeds in part donated to local charity. Entry forms and rules are available online at [www.granitehillcampingresort.com](http://www.granitehillcampingresort.com). For more information call 717-642-8749.

Gettysburg National Park's "Come Walk with Me" Community Wellness event – Healthy Adams County, Gettysburg National Military Park and numerous community partners invite you to our first Annual Adams County "Come Walk With Me" event at the Gettysburg Middle School Stadium. The rain date is May 1st at the same time. The fitness fair at Warrior Stadium in Gettysburg, with a large, group-walk through Gettysburg National Military Park's Culp's Hill. Participants can enjoy music, snacks and chances to win prizes. To register go to: [www.adamscountycomewalkwithme.org](http://www.adamscountycomewalkwithme.org)

Annual Emmitsburg Osteopathic Primary Care Center Fundraising Event, "April Showers Garden Party," at St. Joseph's Church Hall from 6-9 p.m. This year's event will feature a sumptuous roast pork dinner, mu-

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Doors open @ 5:30 PM  
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You do not need to be present to win. Tickets cost \$60 and are good for two people.  
Ticket includes admission, food, drinks, entertainment, and chance on prizes!

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**Tickets Purchased & Turned In By March 1st Will Be Entered In A BONUS DRAWING FOR \$500!**

For tickets and more info contact us at [www.vigilanthose.org](http://www.vigilanthose.org) or call...  
Chris Stahley 301-447-3081  
John Glass 301-447-3648  
Gabe Baker 301-447-2212 or Bill Boyd 717-642-9717

# UPCOMING EVENTS

sic, live and silent auctions, hat contest, and door prizes. Bring your own special hat or decorate one of ours for the hat contest. Check out the auction items featuring specialty baskets filled with goodies, including gift certificates for restaurants, resorts, and services. Cost for the dinner is \$25

per person or reserve a table for 6 for \$125.00 A cash bar will be available for wine and beer. All tickets must be pre-purchased, please. Contact the EOPCC website at [www.eopcc.com](http://www.eopcc.com) and look under "Events" for a registration form or call Cathy Bodin at 301-447-2690.

Polka Night, at the Fayetteville Volunteer Fire Co. Social Hall, 101 W. Main St., Fayetteville. Buffet of Polish foods, beverages & desserts, Dancing to the music of The Shoreliners. Benefit: local charities. Sponsored by Chambersburg Polk Charities. For more information call 717-263-3673.

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SUNDAY, MAY 1, 2016

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Doors & Kitchen Open At 11:30am - Games Begin At 1:00pm

20 Reg. Games - \$50 • 2 Special Games - \$200 Each  
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Bingo Balls • Top Of The Tree Jars • Holder Jars • Door Prizes

For Tickets: BONNY at 301-271-3370 Extra Cards Available  
& Info Call: LINDA at 301-667-1760 At the Door!

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[www.appleblossomfestival.info](http://www.appleblossomfestival.info) for details!

SUNDAY, MAY 8th

## A Weekend of Healing and Hope with Immaculee Ilibagiza and Kathleen McCarthy

June 24-26, 2016 at Mt. St. Mary's University in Emmitsburg, MD



**Immaculee Ilibagiza**  
Rwandan Genocide Survivor, Author and Catholic Witness for the Power of Forgiveness and Mercy

**Two Beloved Servants of Christ will Share His One Message of Forgiveness, Mercy, Healing and Hope**





**Kathleen McCarthy**  
Catholic Radio Broadcaster, Author and Lay Evangelist for the Power of God's Healing and Merciful Love

Immaculee is our Retreat Leader Friday through Saturday 12:30 pm  
Kathleen is our Retreat Leader Saturday 2 pm until Sunday 2:00 pm with Fr. Douglas McKay, Founder & Spiritual Director, Our House Ministries

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# MOUNT ST. MARY'S UNIVERSITY

MOUNT ST. MARY'S UNIVERSITY TO HOST

## Banff Mountain Film Festival

World Tour Event Scheduled for April 17 and 18



The Banff Mountain Film Festival World Tour, the largest and most prestigious mountain film festival in the world, will return to Mount St. Mary's University on April 17 and 18 at 7 p.m. This is the eighth year the Mount has hosted the event, which is expanded this year to include two nights of films.

The festival features short films and documentaries celebrating the spirit of adventure, mountain culture and action sports. This year's event includes 16 award-winning films and audience favorites chosen from more than 370 entries from filmmakers in 20 countries.

Spanning remote landscapes and cultures to adrenaline-packed action sports, this exhilarating and thought-provoking collection of films is a must-see for mountain enthusiasts and anyone who loves adventure.

The Mount's Outdoor Adventures program hosts the event, which traditionally sells out.

"The Mount is in a very special place that attracts those who love adventure. We are close to Washington D.C., Baltimore, and Frederick, but we also have rivers, cliffs, caves, and mountains right in our backyard," said Chris Duffy, director of the Outdoor Adventures program. "The natural environment surrounding us inspires a love of adventure in the people who live here. The Banff Mountain Film Festival touches on this in a way that no other collection of films can."

Mount Students: \$5 in advance and at the door  
 Non-Mount Students: \$13 in advance, \$16 at the door  
 General Adult: \$16 in advance, \$19 at the door

Tickets may be purchased in advance at the Office of Outdoor Adventures on the lower level of the McGowan Center – contact [crux@msmary.edu](mailto:crux@msmary.edu). Tickets will also be available at The Trail House, 17 S. Market Street, Frederick – call 301-694-8448, or at the door of Knott Auditorium at 6 p.m. prior to each night of the event.

## Cheer for the Mount this Spring!

Join us for the only Division I sports competition you'll find in Frederick County.



### MEN'S LACROSSE HOME GAMES

April 12 vs. UMBC, 7 p.m.  
 April 16 vs. Hobart, 12 p.m.  
 April 23 vs. Wagner, 12 p.m.

### WOMEN'S LACROSSE HOME GAMES

April 3 vs. Detroit, 12 p.m.  
 April 8 vs. Bryant, 4 p.m.  
 April 10 vs. Central Conn. State, 12 p.m.  
 April 29 vs. St. Francis (Pa), 4 p.m.

### MEN'S & WOMEN'S TENNIS HOME MATCHES

April 1 vs. Lafayette College, 3 p.m.  
 April 3 vs. St. Francis, 1 p.m.  
 April 3 vs. UMES, 4 p.m.  
 April 6 vs. Lovola, 3:30 p.m.

### BASEBALL HOME GAMES

April 3 vs. UMBC, 1 p.m.  
 April 15 vs. Fairleigh Dickinson, 3 p.m.  
 April 16 vs. Fairleigh Dickinson, 1 & 3:30 p.m.  
 April 17 vs. Fairleigh Dickinson, 1 p.m.  
 April 29 vs. LIU Brooklyn, 3 p.m.  
 April 30 vs. LIU Brooklyn, 1 & 3:30 p.m.

### SOFTBALL HOME GAMES

April 9 vs. Wagner College, 1 & 3 p.m.  
 April 10 vs. Sacred Heart, 12 & 2 p.m.  
 April 12 vs. Howard University, 3 & 5 p.m.  
 April 23 vs. LIU Brooklyn, 1 & 3 p.m.  
 April 30 vs. Robert Morris, 1 & 3 p.m.

## UNIVERSITY CALENDAR OF EVENTS

### The Secret in the Wings

Friday, April 1–Saturday, April 2, 8 p.m.  
 Sunday, April 3, 2 p.m.

*Horning Theater, Delaplaine Fine Arts Center*  
 This spring's Mount Mainstage production examines the human love of telling and listening to stories. In *The Secret in the Wings*, MacArthur "Genius Award" winner Mary Zimmerman takes six classic folk tales, combines them with her own eclectic take on the original "Beauty and the Beast," and weaves them together into a bedtime tale that cuts to the core of our shared desire to tell and hear stories that break—and mend—our hearts. Tickets are \$8.

### SPARC Festival

Tuesday, April 19 – Thursday, April 21

The SPARC Festival is a campus-wide celebration of academic and artistic accomplishments of Mount students. Modeled after an academic conference, this three day event offers a wide variety of activities including student "Lightning" talks, honors presentations, art exhibits, poster presentations, live performances and more! This year's honored faculty speaker is Dr. Sean Lewis, and you won't want to miss keynote speaker Dr. William Doan, writer, educator and performer. Visit [www.msmary.edu/SPARC](http://www.msmary.edu/SPARC) for the full schedule.



### Preview Event

Saturday, April 23, 9:30 a.m. registration;  
 10 a.m. program

Take a closer look at the Mount! In 120 minutes you will tour campus, learn about 40+ majors/minors and Veritas core curriculum and learn about the admissions process. After the program you decide what you want to see – shop at the bookstore, visit the National Shrine Grotto of Our Lady of Lourdes, cheer on the men's lacrosse team as they face Wagner College at noon, or the softball team as they take on LIU Brooklyn in a doubleheader starting at 1 p.m. To register, visit [msmary.edu/April23](http://msmary.edu/April23)

## AROUND THE MOUNT



### Triathlon

### Around the Mount Triathlon

Saturday, April 30, 8 a.m.

Registration is still open for this year's Around the Mount Triathlon! This sprint distance race is designed for all athletes – beginner and seasoned triathletes alike. Teams are more than welcome! It's the perfect way to get in shape for summer! Visit [msmary.edu/triathlon](http://msmary.edu/triathlon) to register.



## NATIONAL SHRINE GROTTO OF OUR LADY OF LOURDES

Our Lady of Lourdes Rosary Crusade  
 Saturday, April 9, 10:30 a.m.

